



MARATHON MANIACS

APRIL 2016 NEWSLETTER

Volume 13, Number 4

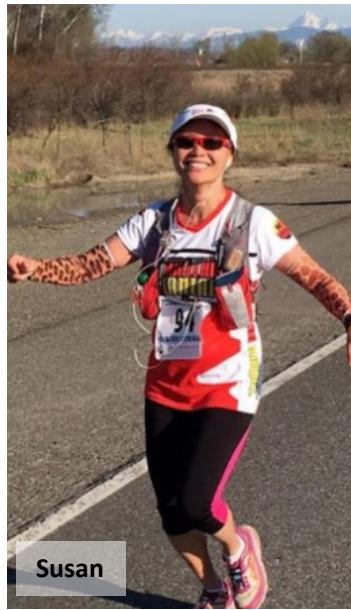
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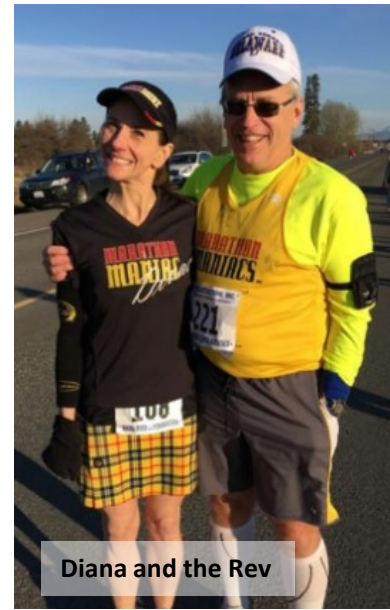




Wendy



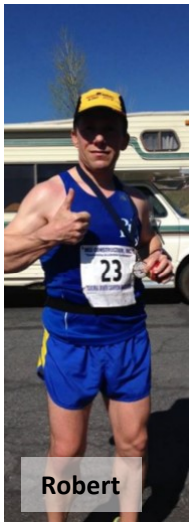
Susan



Diana and the Rev

Yakima River Canyon Marathon

YAKIMA, WASHINGTON



Robert



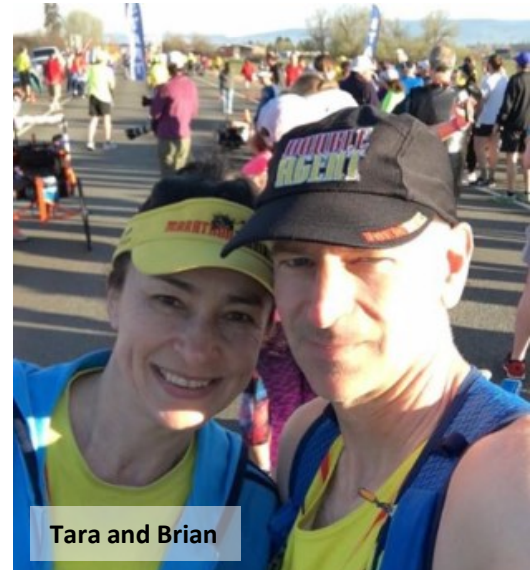
Jacques



Patti

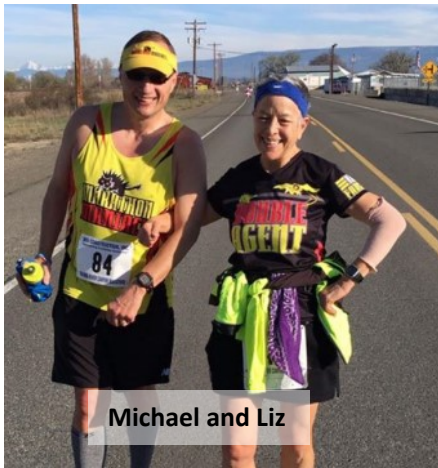


Jane

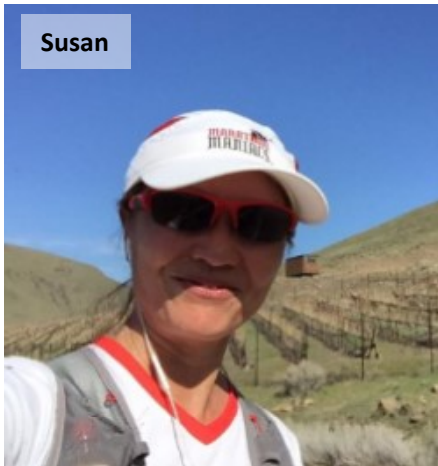


Tara and Brian

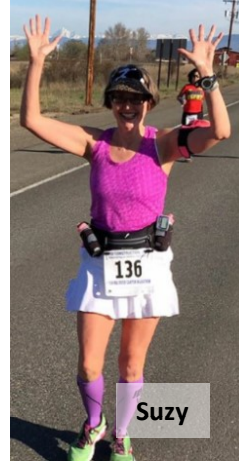




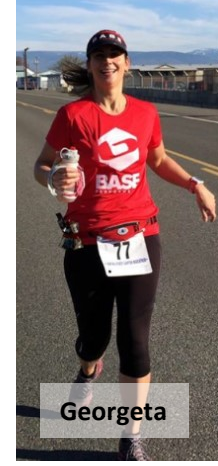
Michael and Liz



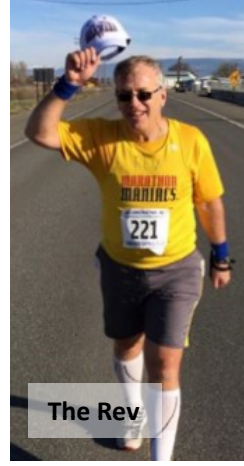
Susan



Suzy



Georgeta



The Rev

HALF FANATICS

Marathon Maniacs running half marathons...
YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 14,000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com



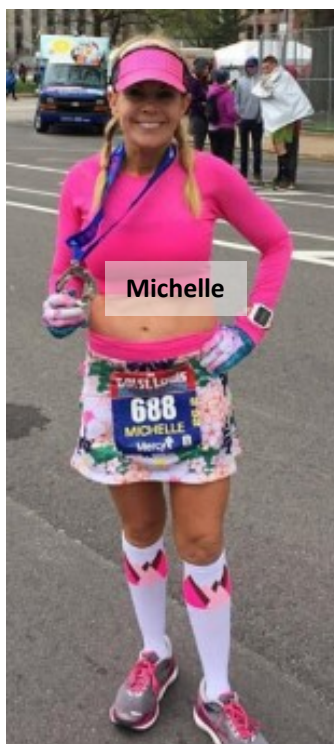


GO! ST LOUIS MARATHON

ST LOUIS, MISSOURI



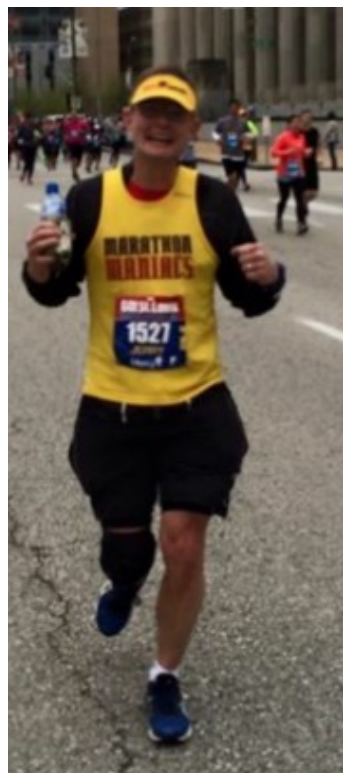
Kevin, Steve and Brian



Michelle



Brian



Emily



Ronita



Shelia



CARMEL MARATHON

CARMEL, INDIANA



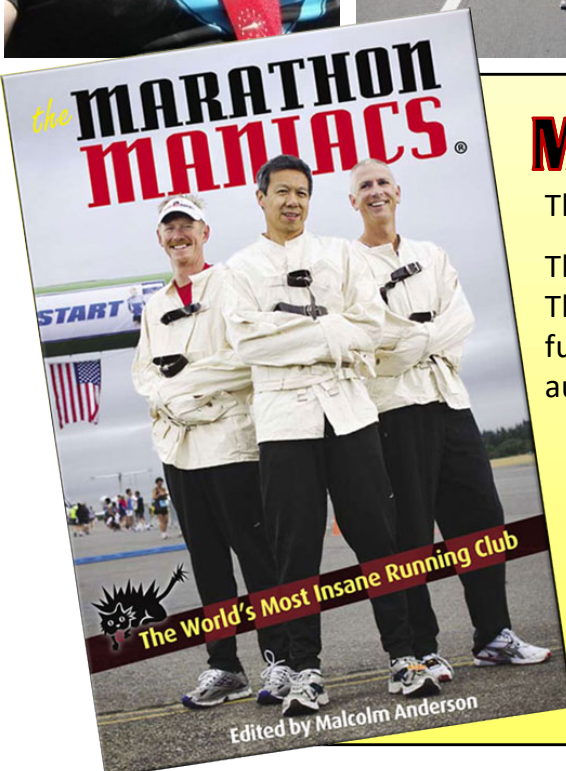
Dan



Shelia and Arturo



Joe



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

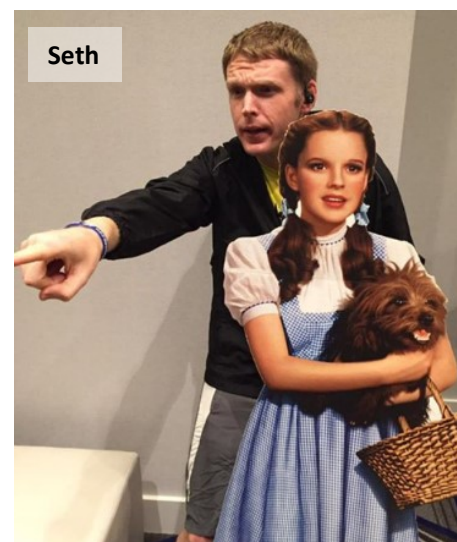
This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

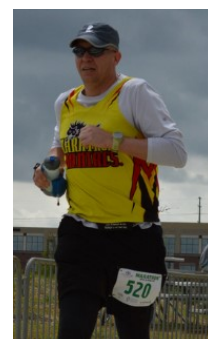
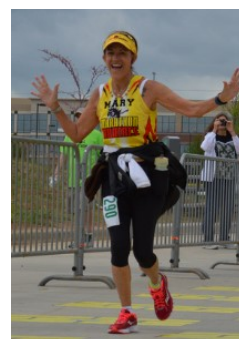
Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



Garmin Marathon

OLATHE
KANSAS



MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit:

<http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)



BOSTON MARATHON

BOSTON, MASSACHUSETTS



Angie



Larry



Karen and Anders



Kirby



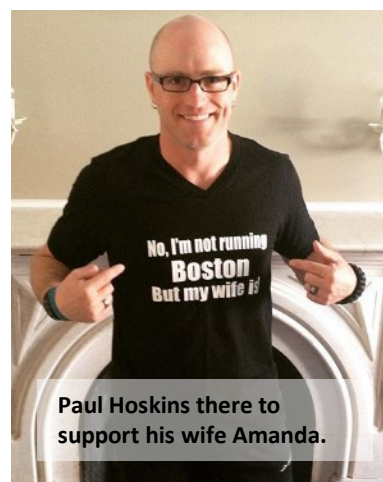
Jorge



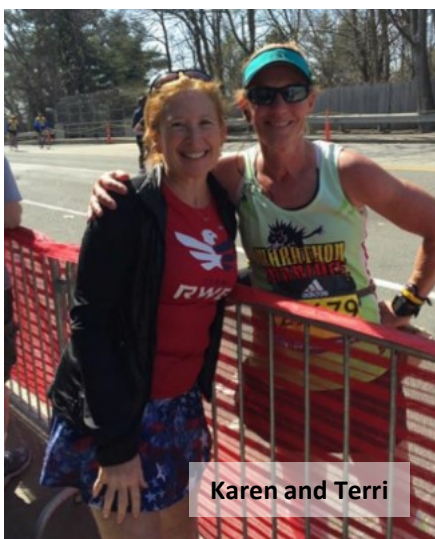
Ryan



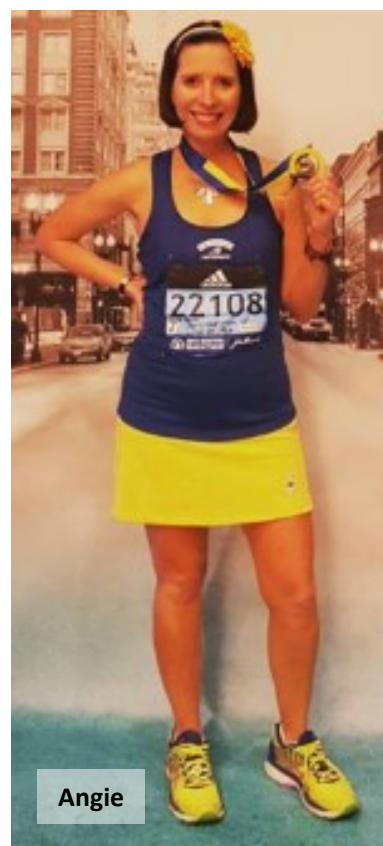
Miranda



Paul Hoskins there to support his wife Amanda.



Karen and Terri



Angie



Tim



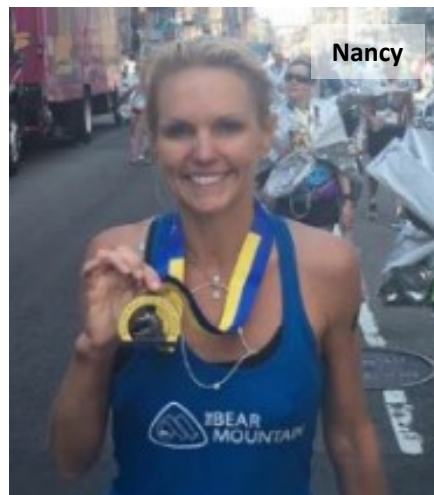
Karen and Anders



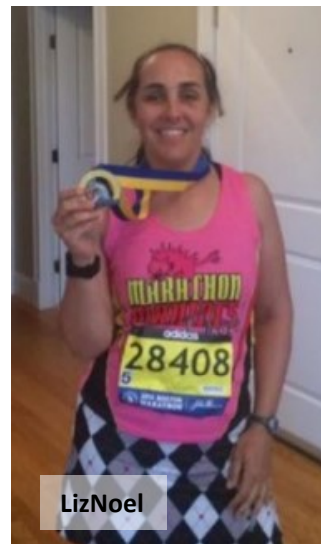
John



Gary completes his 100th marathon at Boston!



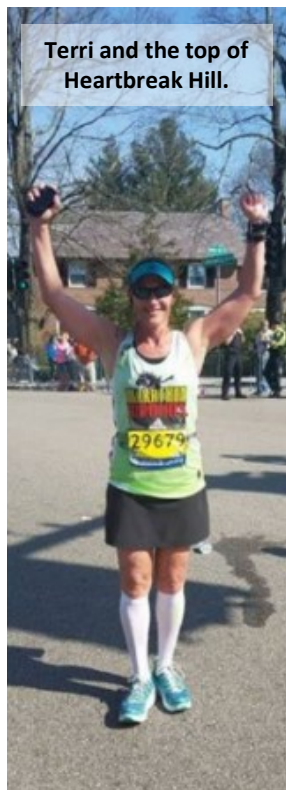
Nancy



LizNoel



Randy



Terri and the top of Heartbreak Hill.



Amanda



Guiding with the Achilles International Freedom Team at the Boston Marathon

Achilles International provides resources and opportunities for athletes of alternative mobility. Athletes may be blind, have autism, have spinal injuries, are a blade runner (prosthetic leg), use a hand cycle, have cerebral palsy, multiple sclerosis, neurological challenges, or other impairments. The logistics of getting these athletes through a marathon is quite specific. There are moving trucks to transport cycles, accessible bathrooms, guides on standby, cycle mechanics, and physicians specializing in prosthetics to keep athletes on course.

Being a guide is much more than pacing. Guides are on their feet 8-9 hours, covering 28+ miles, carrying extra gear, and are prepared for anything to help the athlete arrive safely at the finish line. A guide is constantly supporting the athlete through road conditions, physical challenges, and encouraging teamwork. **Guides help athletes minimize the obstacles to make finish lines more attainable.**

After a great 2014 NYC together, Denise asked me to guide her at Boston. Race morning, the Achilles Freedom Team and other teams, including Team Hoyt, gathered at the school gym to prep muscles, minds, blades, spare legs, and cycles. At 8:50 the mobility impaired division of 27 athletes and their guides **had the Boston Marathon course exclusively for the next 90 minutes!**

Denise and I played 'Tag' with three other teams until we settled into a single file. The elite men passed and one brushed my arm as he gave a thumbs up. Denise had the largest grin on her face when an elite female passed and said "Great job ladies!" Denise took lead downhill and flat to cruise her solid pace. I took lead uphill to keep a good tempo. When possible, we ran shoulder to shoulder sharing excitement in the sights and sounds. Denise conquered the heat, blisters, hills, and maneuvered through crowds. With a smile that shined, her strong kick the last half mile brought the finish line to a reality. **She finished the Boston Marathon!**

I asked a few of the athletes "How does a guide change your race experience?" Their responses included: "They help me open my food and work with my gear as my hands are such a mess from my injury." "Keeping me going straight while they get the water. I can focus on not tripping on cups. It helps a lot." "My guide is my right side. I can put my palm on his shoulder as we go uphill so my legs don't slip in my sleeve as much." "My guide is so helpful. Their pacing, friendship, and companionship is awesome!"

There has been a recent issue with false guides – people saying they'll guide, getting on the course, ditching the athlete, and running the race on their own. Now guides have to be active in their chapter or be approved and screened to be a guide at a race. Many people ask me how they can 'get into Boston'. Guiding is all about teaming with a friend to work through the challenges of a race and celebrate a finish line. Guides don't run their own marathon; many guides are on standby or have to assist the athlete after dropping partially through.

If you are interested in being a guide for an athlete, visit the Achilles International website or contact a local school for people with different abilities. These resources can also help you if you're interested in starting a chapter. **Any miles I can run with Achilles are my favorite miles of the week!**

Link to Include: <http://www.achillesinternational.org/>

Link to add if possible: <http://youtu.be/hApzzNW0zf4>

Other related links:

<http://www.coloradorunnermag.com/2016/02/23/jason-romero-wins-ultra-marathon-for-first-time-in-history/>

http://www.denverpost.com/running/ci_28135714/guides-help-runners-disabilities-enjoy-bolder-boulder-experience



Cade



David and David



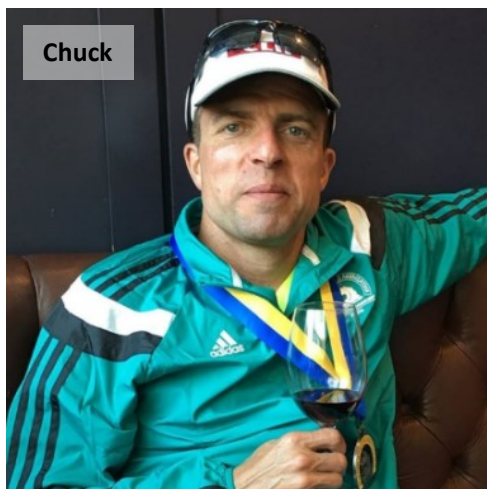
Angie



Laura



Jessica

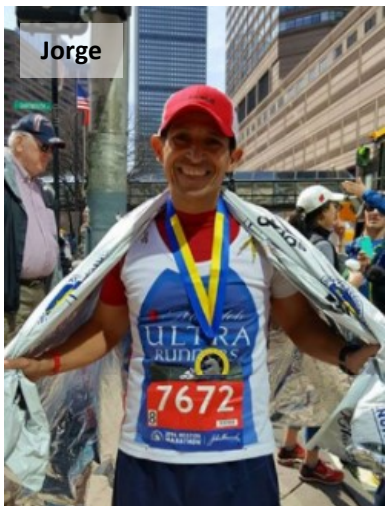


Chuck





Barry



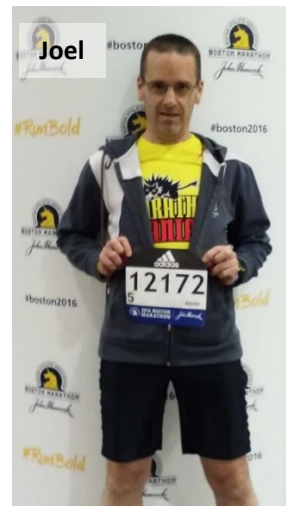
Jorge



Krista



Marc and David



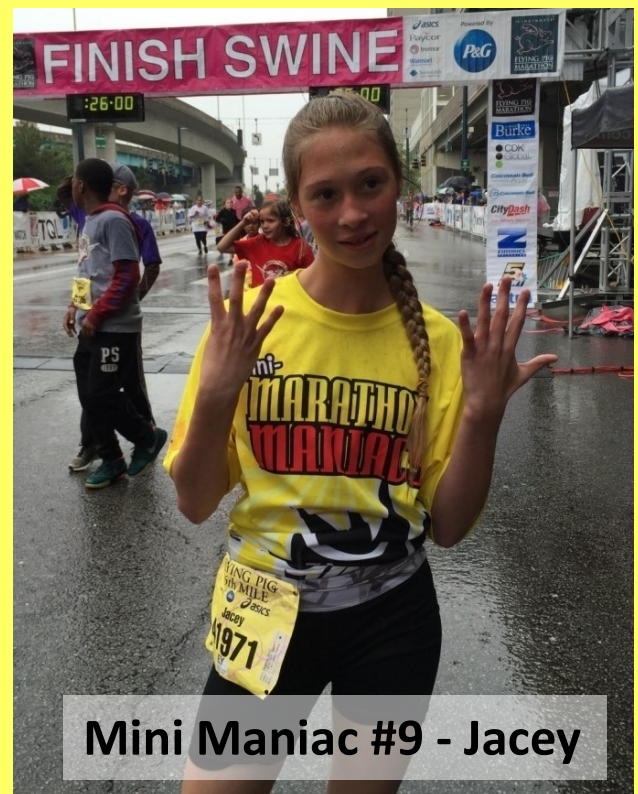
Joel

mini-MARATHON MANIACS®

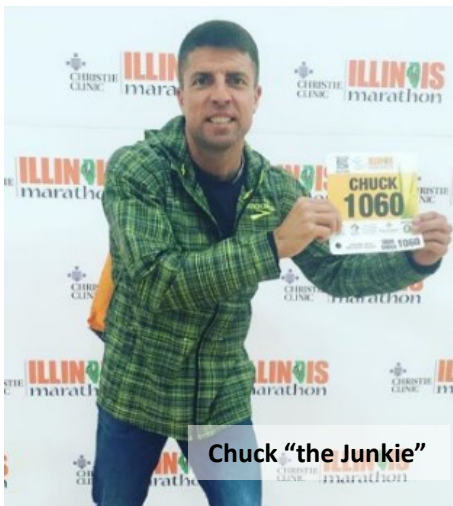
Get your child moving! An 8 week running program with fun and challenging running activities. After you sign your child up you will receive the following.

1. Tri-Fold brochure map to track your child's fitness journey.
2. Access to an interactive online map to track miles.
3. Sublimated Mini Maniac kids tech tee.
4. Mini Maniac Finisher Medal.
5. Mini Maniac official club number inside The Cave.

<http://www.marathonmaniacs.com/mini-maniacs>



Mini Maniac #9 - Jacey



Chuck "the Junkie"



Yolanda sets the female American record with 622 miles in a 10 day race!



Julia



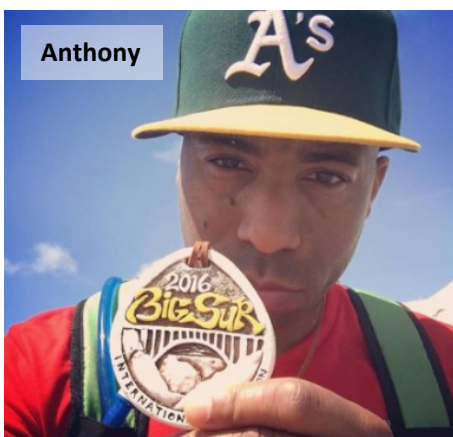
Kate



Sean and his wife



Patrick and Marie



Anthony



Alexis



Matt



Pam H. Rensch

tag us on Instagram @marathonmaniacs
and was chosen as this month's prize winner!



IF YOU #marathonmaniacs WITH A PHOTO OF
YOU AND YOUR FAVORITE MANIAC GEAR ON
INSTAGRAM THEN YOU MAY WIN A PRIZE!

JOIN THE MANIACS ON THESE SOCIAL NETWORKS



FACEBOOK:

Marathon Maniac page:

<http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group:

<http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

Across all social networks use the hash tag:

#marathonmaniacs



Emily



Jim



Amy



Patti



Jon and Scott

DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

Well, the Main Maniacs have decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

For more information visit the Maniacs web site.



Kim



Jody



DOUBLE AGENTS

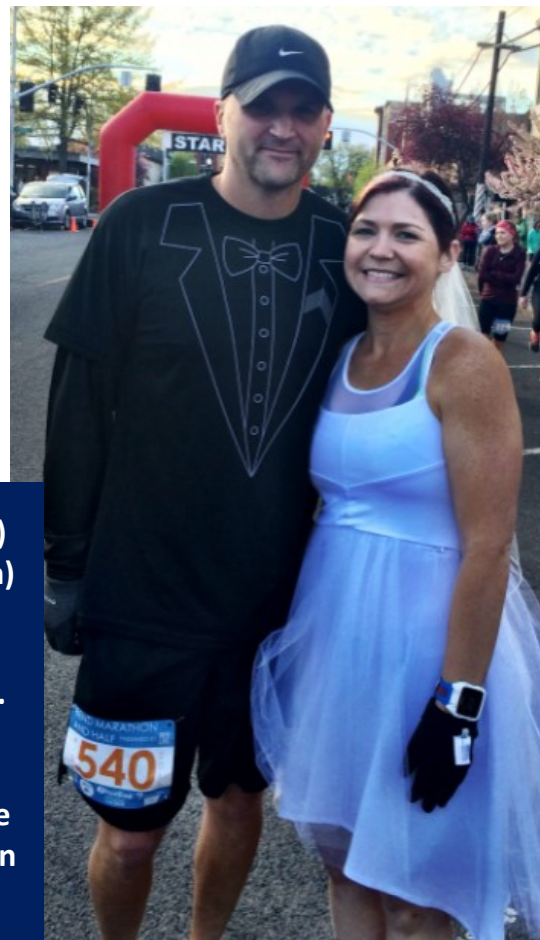
NEW DOUBLE AGENTS IN APRIL:

Michael Beers (#2332)
 Penny Smith (#2333)
 Willie Freeman (#2334)
 Gary Saunders (#2335)
 Kirsten White (#2336)
 Kelly White (#2337)
 Gregory Kaether (#2338)
 James Sephton (#2340)
 Penelope McNulty (#2341)
 Amie Nester (#2342)
 Laura Yakuma (#2343)
 Sheldon Samuels (#2344)
 Luis Angelo Garcia (#2345)
 Tiffiney Bentley (#2347)
 DeeAnna Martinez (#2348)
 Brandon Walker (#2349)
 Lori Hast (#2350)
 Jason Spafford (#2351)
 Joe Graham (#2352)
 Adrian Paul (#2353)
 Gregory Rouson (#2354)
 Marci Williams (#2355)
 Jacqueline Bartocha (#2356)
 Hallie Carter (#2357)
 Ben Hall (#2358)
 Clayton Collins (#2359)
 Margaret Kopacz (#2360)
 Joe Anzenberger (#2361)
 Larry Kearns (#2362)
 Charnele Kaukini (#2363)
 Kendra Halsell (#2364)
 James Cole (#2365)
 Michelle Chutka (#2366)
 Robert Ladouceur (#2367)
 Megan White (#2368)

KAREN LEE (#12522) (#2369)
 Belit Burke (#2370)
 karrie irwin (#2371)
 Misty Pilgrim (#2372)
 Sarah Kennedy (#2373)
 Clint Burleson (#2374)
 Dennis Colby (#2375)
 Galyn Moen (#2376)
 Wendy Demaray Moen (#2377)
 Angela Bonilla (#2378)
 Rubirosa Dimalanta (#2379)
 Beth Pretti (#2380)
 Randy Brinkley (#2381)
 Carrie Pawloski (#2382)
 Holly O'Quinn (#2383)
 Ryan Matherne (#2384)
 Laura Hoffman (#2385)
 Scott Dean (#2386)
 JOSEPH ADKINS (#2387)
 Kathy Marshall (#2388)
 Keith Knight (#2389)
 Joo Lye Alan Tan (#2390)
 Katherine Brooks (#2391)
 Stephanie Morgan (#2392)
 Becky Locke (#2393)
 David Hodges (#2394)
 Mary LaFollette (#2395)
 Harold Barnthson Jr (#2396)
 Louise Pastor (#2397)
 Shelley Ryan Gray (#2398)



Team Martin



BLOOMS TO BREWS



Ron Burt (MM#0000) married in fiancé (Jen) at mile two of the Bend Marathon (Oregon) on April 24. Jen will become a Marathon Maniac when she finishes the Tacoma City Marathon on May 1.



MARATHON MANIACS 2016 REUNION

DES MOINES MARATHON • Des Moines, Iowa • Sunday, October 16, 2016

This reunion promises to be our best ever! We are working hard to coordinate all the fun details, so stay tuned to this page as more info becomes available.

This reunion will offer a double (if you're up to the challenge), by running the I-35 Challenge. This will consist of running Kansas City the day before!

More information and updates can be found here:

<http://www.marathonmaniacs.com/reunion-info>



MARATHON MANIACS CRITERIA

New Maniacs at each level

★★★★★ TITANIUM ★★★★★

- 52 Marathons or more within 365 days.
- 30 Marathons in 30 different US states within 365 days.
- 20 Countries within 365 days.

George Southgate, Jane Sturzaker, Michael Rhodes,
Hector Reyes, Rene Hjorth Pinon, David Bredo

★★★★★ PLATINUM ★★★★★

- 45 - 51 Marathons within 365 days.
- 23 Marathons in 23 different US states within 365 days.
- 28 Marathons within 183 days.

Ed Childress

★★★★★ PALLADIUM ★★★★★

- 38 - 44 Marathons within 365 days.
- 20 Marathons in 20 different US states within 365 days
- 13 Marathons within 79 days.

None

★★★★ OSMIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

None

★★★★ RUTHENIUM ★★★★★

- 3 Marathons within 3 days.
- 26 - 30 Marathons within 365 days.
- 4 Marathons within a 9 day window.
- 3 Marathons in 3 separate US states within a 10-day time span.
- 13 Marathons in 13 different US states within 365 days.

None

★★★★ IRIDIUM ★★★★★

- 4 Marathons in 23 days.
- 19 - 25 Marathons within 365 days.
- 2 Marathons in 2 days (or 48 hours)
- 9 Marathons in 9 different US states within 365 days.

None

★★★ GOLD ★★★★★

- 4 Marathons within 37 days.
- 12 - 18 Marathons within 365 days.
- 4 Marathons in 4 different US states within 51 days

Iris Rivero

★★ SILVER ★★★★★

- 3 Marathons within a 16 day time frame.
- 6 Marathons in 6 consecutive calendar months.
- 8 - 11 Marathons within 365 days.

Thomas Hrdina

BRONZE ★★★★★

- 2 Marathons within a 16 day time frame.
- 3 Marathons within a 90 day time frame.

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form:

<http://tinyurl.com/MMupgrade>

New Titanium Maniacs!!



George Southgate



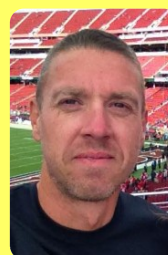
Jane Sturzaker



Michael Rhodes



Hector Reyes



Rene Hjorth Pinon



David Bredo

Upcoming Races!

Marathon/Ultra Calendar between May 21-June 10

5/21	Trails of Fury	50K	NV	5/29	Rio De Janiero Marathon	26.2	RJ
5/21	EcoTrail d'Oslo	50mi	3	5/29	Winterthur Marathon	26.2	SG
5/21	Great Wall Marathon	26.2	11	5/29	Saskatchewan Marathon	26.2	SK
5/21	Ultra Adventures Grand Canyon 50m/50k	Ultra	AZ	5/29	Jim's Goose Chase Marathon (day 2 of the triple_	26.2	TX
5/21	Sage Burner Trail Run	50K	CO	5/29	Vermont City Marathon	26.2	VT
5/21	Keys 100m/50m/50k	Ultra	FL	5/29	Wyoming Marathon	26.2	WY
5/21	Famous Idaho Potato Marathon	26.2	ID	5/30	Vail Valor	26.2	CO
5/21	Horse Capital Marathon	26.2	KY	5/30	Oh Boy Marathon	26.2	CT
5/21	Go Girl Run	26.2	MO	5/30	Trail Factor	50K	OR
5/21	Joplin Memorial Marathon	26.2	MO	5/30	Bachmand Memorial Day Marathon (Day 3 of triple)	26.2	TX
5/21	Fargo Marathon	26.2	ND	6/1	Tortoise and the Hare 50k	50K	GA
5/21	Jemez Mountain Trail Runs 50k/50mi	50K	NM	6/3	San Diego 100 Mile Endurance Run	100mi	CA
5/21	Silver State 50/50	26.2	NV	6/4	Borneo Ultra Trail Marathon 100k/50k	Ultra	14
5/21	Mainly Marathons New England Series (Day 7)	26.2	NY	6/4	War Eagle 50k	50K	AR
5/21	Running Under the Stars 10 Hr-Oak Ridge, TN	Ultra	TN	6/4	Forest of Nisene Marks Marathon	26.2	CA
5/21	Beach to Bay	26.2	TX	6/4	The Loco Go Big or Go Home Challenge	50K	CA
5/21	Texas Treasure Quest 24 Hour	26.2	TX	6/4	NorthFork 50	50K	CO
5/21	Ogden Marathon	26.2	UT	6/4	Scout Mountain Ultra Trail	Ultra	ID
5/21	Sri Chinmoy 7 & 13 Hour Ultra Race	26.2	WA	6/4	Teton DAM Marathon	26.2	ID
5/21	Sun Mountain (100k, 50M, 50K)	50mi	WA	6/4	Summer Night Trail Marathon	26.2	IN
5/22	Copenhagen Marathon	26.2	147	6/4	Sunburst Marathon	26.2	IN
5/22	Woody's Red Deer Marathon	26.2	AB	6/4	Stockholm Marathon	26.2	K
5/22	Surfer's Path Marathon	26.2	CA	6/4	Sandhills Marathon	26.2	NE
5/22	Ohlone 50k	50K	CA	6/4	Twilight & Beyond	26.2	NV
5/22	Brathay Windermere Marathon	26.2	CMA	6/4	The 12th Annual Another Dam 50K	50K	OH
5/22	Rockford Marathon	26.2	IL	6/4	South Coast Marathon	26.2	ON
5/22	Indoor Insanity Marathon	26.2	NC	6/4	Newport Marathon	26.2	OR
5/22	WIN Marathon	26.2	ON	6/4	Half Sauer Half Kraut	26.2	PA
5/22	Willamette Valley Marathon	26.2	OR	6/4	God's County Marathon	26.2	PA
5/22	Gutenberg Marathon Mainz	26.2	RP	6/4	Texas Switchback Trail Marathon	26.2	TX
5/22	Green Bay Marathon	26.2	WI	6/4	Squaw Peak 50 Mile Trail Run	50mi	UT
5/26	Pigtails Challenge 50K/100K/100mi/200mi	Ultra	WA	6/4	Old Dominion 100 Mile Endurance Run	100mi	VA
5/28	Prince of Wales Marathon	26.2	AK	6/4	Green River Marathon	26.2	WA
5/28	Shasta Cascade Marathon	26.2	CA	6/4	Rainer to Ruston	50mi	WA
5/28	Booneville Backroads 50k, 100k, 100mile	Ultra	IA	6/4	Vashon 50K	50K	WA
5/28	Harmonie Trail Race	26.2	IN	6/4	Kettle Moraine 100	100mi	WI
5/28	London 2 Brighton Challenge	100K	LON	6/5	Fallen 4 Marathon and Relay	26.2	AB
5/28	Top of Michigan Community Marathon	26.2	MI	6/5	Rock N Roll San Diego	26.2	CA
5/28	Bayshore Marathon	26.2	MI	6/5	Steamboat Springs Marathon	26.2	CO
5/28	Sehgahunda Trail Marathon	26.2	NY	6/5	Reculver Marathon	26.2	KEN
5/28	Pacific Northwest Marathon	26.2	OR	6/5	Minneapolis Marathon	26.2	MN
5/28	ING Night Marathon Luxembourg	26.2	OTH	6/5	Müritz Marathon	26.2	MV
5/28	Osim Sundown Marathon 2016	26.2	OTH	6/5	Taos Marathon	26.2	NM
5/28	Sole Challenge	Ultra	PA	6/5	Mainly Marathons Heartland Day One	26.2	OH
5/28	The MS (Multiple Sclerosis) Marathon (Day 1 of triple)	26.2	TX	6/5	Laguna Phuket International Marathon	26.2	S
5/28	Jordan River Marathon	26.2	UT	6/5	Deadwood Mickelson Trail Marathon	26.2	SD
5/28	Soaring Eagle Marathon/ 50k	26.2	WA	6/5	Conquer the Cove	26.2	VA
5/28	Bunk House Trail Runs	50K	WI	6/5	Great Breweries Marathon	26.2	VAN
5/29	Everest Marathon	26.2	AA	6/5	North Olympic Discovery Marathon	26.2	WA
5/29	Calgary Marathon	26.2	AB	6/5	Windermere Marathon	26.2	WA
5/29	Newry City Marathon	26.2	ABE	6/5	Casper Marathon	26.2	WY
5/29	Mountains 2 Beach	26.2	CA	6/6	Cork City Marathon	26.2	C
5/29	Comrades Marathon 89k	Ultra	EC	6/6	Mainly Marathons Heartland Day Two	26.2	MI
5/29	Edinburgh Marathon Festival	26.2	EDH	6/7	Mainly Marathons Heartland Day Three	26.2	IN
5/29	Coeur D'Alene Marathon	26.2	ID	6/8	Mainly Marathons Heartland Day Four	26.2	IL
5/29	Memorial Day Marathon	26.2	MA	6/9	Mainly Marathons Heartland Day Five	26.2	IA
5/29	Med City Marathon	26.2	MN	6/9	Bear Lake Day One	26.2	ID
5/29	Buffalo Marathon	26.2	NY	6/9	PostOak Challenge (Day 3)	26.2	OK
5/29	Herald of Victory	26.2	NY	6/10	Bear Lake Day Two	26.2	UT
5/29	Ottawa Marathon	26.2	ON	6/10	Mainly Marathons Heartland Day Six	26.2	WI
5/29	Rock N Roll Liverpool	26.2	OTH				

New Maniacs in March 2016

Michael Beers (#12694)
Diana Kinard (#12695)
Andreas Denk (#12696)
Kirsten White (#12697)
Kelly White (#12698)
Anne Vankirk (#12699)
Kathryn Jones (#12700)
Augusto Pineiro (#12701)
Jaime Dawes (#12702)
James Sephton (#12703)
Penelope McNulty (#12704)
Amie Nester (#12705)
Laura Yakuma (#12706)
Luis Angelo Garcia (#12707)
Elizabeth Mendoza (#12708)
Sadie Smith (#12709)
Melissa Zachary (#12710)
Jennifer Robinson (#12711)
Paul Kochiss (#12712)
Eric Weatherbee (#12713)
Eric Lum (#12714)
Tiffiney Bentley (#12715)
DeeAnna Martinez (#12716)
Brandon Walker (#12717)
Matthew Perkins (#12718)
Ken Caporaso (#12719)
Joe Graham (#12720)
Sarah Matthews (#12721)
Meghan Howard (#12722)
Gregory Rouson (#12723)
Marc Williams (#12724)
Jacqueline Bartocha (#12725)
Chris Steele (#12726)
Tracy Borowski (#12727)

Larry Kearns (#12728)
Joel Gullede (#12729)
Sarah Honaker (#12730)
Joe Solis (#12731)
Melanie Darmsteadter (#12732)
Shawn Behrle (#12733)
JESSIE WONG (#12734)
Diane Macri (#12735)
Sean O'Shea (#12736)
Mike Schubert (#12737)
Clayton Collins (#12738)
Amy Lahey (#12739)
Leroy Flores (#12740)
Michelle Desio (#12741)
Jill Kralovanec (#12742)
Jennifer Sidelinger (#12743)
Mark Zimmermann (#12744)
James Cole (#12745)
Brian Rien (#12746)
Dennis Colby (#12747)
April McCollough (#12748)
Michelle Chutka (#12749)
Rene Hjorth Olsen (#12750)
Stephanie Cliett (#12751)
David Russell (#12752)
Wendy Demaray Moen (#12753)
Ismael Gomez (#12754)
Anais Leon (#12755)
Larry Martinez (#12756)
Sarah Kennedy (#12757)
Amy Lambert (#12758)
Leslie Reames (#12759)
JOHN ADAMS (#12760)
Galyn Moen (#12761)

David Griggs (#12762)
Angela Bonilla (#12763)
Randy Brinkley (#12764)
Carrie Pawloski (#12765)
Holly O'Quinn (#12766)
Sam Pfanstiel (#12767)
Kathy Marshall (#12768)
Shanna Greer (#12769)
JOSEPH ADKINS (#12770)
Helen Yang (#12771)
Keith Knight (#12772)
Katherine Brooks (#12773)
Stephanie Morgan (#12774)
Cynthia Piatt (#12775)
Jessica Bravo (#12776)
James Morales (#12777)
Becky Locke (#12778)
Carrie Wetz (#12779)
Latasha Posey (#12780)
DANNYDEXTER BELTRAN (#12781)
Tim Teege (#12782)
Tammy Crema (#12783)
Chad Harvey (#12784)
Micky Cecil (#12785)
Mary LaFollette (#12786)
Sarah Haas (#12787)
Louise Pastor (#12788)
Michelle Krok (#12789)
Kent Hulick (#12790)
Tricia McGinn (#12791)
Anne Harcombe (#12792)
Charlene Mills (#12793)
Atlee Burpee (#12794)



Kathryn Jones



DeeAnna Martinez



Shawn Behrle



Randy Brinkley



Leslie Reames
and her family



Maniac 200



Texas Maniacs



Jim



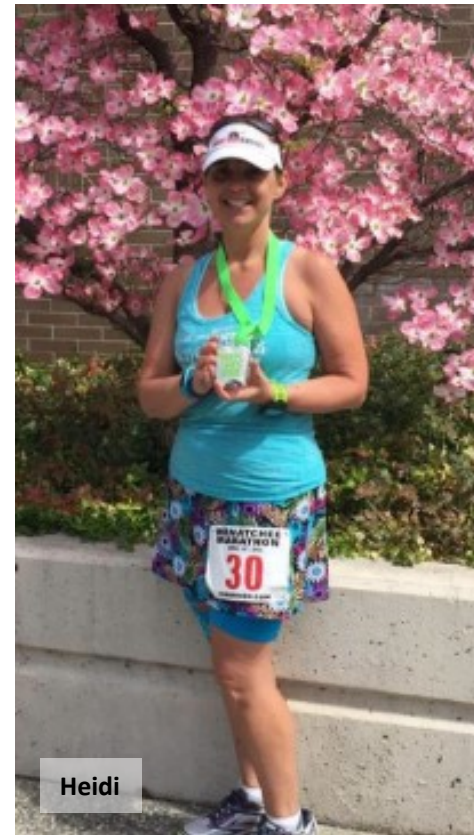
Bob



Keith



Emily



Heidi



Steve Walters and Chris Jones

FROM THE EDITOR...

What a fun month! The Boston Marathon was hugely fun. So many Maniacs from all over the US (and world). In addition we had great turnouts in Kansas, Yakima (WA), Carmel (IN), St Louis and Big Sur.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



With the new website comes a new way to identify race discounts. All discounts are now located on the race calendar page. Look for the gold coin following the race name, that signifies a discount. Click the coin and after a brief disclaimer reminding us that discounts are for members only, the code will be revealed along with the amount saved.

The programmers are working on lots of website items and one is a non-race related discount link. Until that's complete, you'll need to email Jeff Bollman (jeff@marathonmaniacs.com) for the running warehouse discount.

- Med City Marathon (MN) 5/29/16: www.medcitymarathon.com
- Vermont City Marathon 5/29/16: www.vermontcitymarathon.org
- Casper Marathon (WY) 6/5/16: www.runwyoming.com
- Deadwood Mickelson Trail Marathon (SD) 6/5/15: www.deadwoodmickelsontrailmarathon.com
- Windermere Marathon(WA) 6/5/16: <http://windermeremarathon.com/>
- Bear Lake Marathons (WY, UT & ID) 6/9-6/11/16: www.bearlakeendurance.com
- Utah Valley Marathon 6/11/16: www.utahvalleymarathon.com
- HFM Maritime Marathon (WI) 6/12/16: <http://maritimemarathon.org/>
- Kona Marathon (HI) 6/26/16: www.konamarathon.com
- Angel Fire Adventure Marathon (NM) 7/3/16: www.geminivirgoproductions.com/events/angel-fire-adventure-marathon
- Madison Marathon (MT) 7/23/16: www.themadisonmarathon.com
- Big Sky Marathon (MT) 7/24/16: www.themadisonmarathon.com
- Endless Summer 6 Hour (MD) 7/30/16: <https://ultrasignup.com/register.aspx?did=37665>
- Idaho Falls MAD Marathon 7/30/16: www.idahofallsmarathon.com
- Lost Turkey Trail Marathon (PA) 7/30/16: www.lostturkeyultra.com
- Humboldt Bay Marathon (CA) 8/14/16: <http://humboldtbaymarathon.com/>
- Anchorage Run Festival 8/21/16: www.anchoragerunfest.org
- East Canyon Marathon (UT) 8/27/16: www.eastcanyonmarathon.com
- Lehigh Valley Marathon (PA) 9/11/16: www.viamarathon.org
- **Queen City Marathon (Saskatchewan) 9/11/16: www.runqcm.com
- That Dam Hill (ON) 9/17/16: <http://thatdamhill.ca/home/>
- Greater Binghamton Marathon (NY) 9/18/16: <http://GreaterBinghamtonMarathon.com>
- HITS Omaha Marathon (NE) 9/18/16: <http://omahamarathon.com>
- **Tunnel Light Marathon (WA) 9/18/16: <http://www.littlemarathon.com/LittleMarathon/TunnelLite/default.asp>
- Monument Marathon (NE) 9/24/16: www.monumentmarathon.com
- **Wild Hog Marathon (ND) 9/24/16: www.gfmarathon.com
- Quad Cities Marathon (IL) 9/25/16: <http://qcmarathon.org/>
- New Hampshire Marathon 10/1/16: www.nhmarathon.com
- Hartford Marathon (RI) 10/8/16: www.hartfordmarathon.com
- **Mowhawk Hudson River Marathon (NY) 10/9/16: www.mohawkhudsonmarathon.com
- Baltimore Marathon 10/15/16: www.thebaltimoremarathon.com
- Kansas City Marathon (MO) 10/15/16: <http://waddellandreedkansascitymarathon.org>
- Des Moines Marathon **[MANIAC REUNION!!]** 10/16/16: www.desmoinesmarathon.com
- Grand Rapids Marathon 10/23/16: <http://grandrapidsmarathon.com/>
- **Naperville Marathon (IL) 10/23/16: <http://RunNaperville.com>
- Ocean State Marathon (RI) 10/30/16: www.runri.us/narragansett-race-info
- Milwaukee Running Festival (WI) 11/6/16: www.milwaukeeerunningfestival.com
- Raleigh City of Oaks Marathon (NC) 11/6/16: www.cityofoaksmarathon.com
- Gobbler Grind Marathon (KS) 11/13/16: <http://gobblergrindmarathon.com>



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
 YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
 A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

Howdy Prez,

You and many of your Maniac friends have been inspiring me with your smiles, optimism, persistence, and friendship for 12, 13 years. I appreciate every encounter we have. Your spirits suggest we will race one another in the 50-yard dash when I reach 100. (I'll agree if we can get the RD to not call it the "50-yard marathon"... .)

There has been another inspiration in my life, Prez, I'd like to tell you about.

When I entered college, the university town's Baptist church did not appeal to me, but other students loved the minister at the Presbyterian Church, a fellow named Merritt. I visited, and after one sermon I, too, was hooked.

Merritt was a tall man, kindly, and of incredible intellectual skill and rhetorical ability. He began every sermon calmly, then stayed within an emotional range that was real, neither flamboyant nor insulting. He respected his audience. The precision of his every phrase was born out of a devotion to both reading widely and cultivating civility. His desire to hold our attention and influence our logical conclusions drove his unmatched and subtle whimsy. You'd all have been hooked.

Every man, woman, and college student in that church looked forward to his insights. They impacted our days and nights, our thoughts and plans, our anxieties and decisions. We were in the company of brilliance, polished and prepared brilliance, honed and flowing as smoothly and steadily as any solid run, Prez, the kind in which we feel blessed just to be running. To listen to Merritt was to sit as if in conversations we hoped would never end.

In that small town, Merritt was an icon of dignity, purpose, and humility.

So, naturally, his mere presence intimidated me.

Imagine my thrill, then, when he called me and invited me to my first minor league baseball game, the double A Williamsport Tomahawks. Astonishingly, he wanted to just give me, the son he never had, the treat of a ballgame and a hot dog, and relax for an evening of baseball banter. I, his intellectual midget, remained nervous yet thrilled through all nine innings. He recounted baseball trivia, tickled to relate the history of the transplanted outfield light stanchions from the old Polo Grounds to way out there in central Pa., and he pondered the likely stories of young players on the rise, old players trying to hang on, and vendors making ends meet while stealing too-long glances at their access to free baseball. I tried my darnedest to say some things remotely interesting to him whom I could not match. He quietly chuckled, simply enjoying a relaxed evening out with a new young buddy.

Not long after graduation, I was inspired to enter Seminary, selecting whatever Seminary Merritt might recommend. And so I found myself attending one of the finer ones in the country, with *eight* other Bucknell friends who were also inspired by Merritt.

Leap ahead five years, and Pam and I chose to live within a Sunday morning's drive of Merritt's new church, just so we could regularly hear him preach again. Oh, no one worshipped the man, for his humble insights always turned our attention to God's magnificence. And so we moved, and a new round of ballgames was launched.

Twenty years (and one ordination later), I was asked by a different sort of inspiring gentleman named Prez to write a column to add to the newsletter for the Marathon Maniacs. "I'm not much of a runner. What do you want me to write?" "We like your responses on the bulletin board... just write anything you want to."

A few hundred thoughts later from the back-of-the-back, sprinkled in to buttress reflections on how phenomenal your friends' experiences and accomplishments are, and to further reflect upon the Endeavor of the Marathon: how life helps us marathon well, and how marathons help us live well, I write still a decade later.



RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

I remain on one level inspired by you all in so many ways, but girding the foundation underneath are the deeper thoughts of Merritt. Thus, when I needed a format for the column, simplicity seemed wise. I made it a monthly letter, from the incompetent me, to the fantastic Yee (hey, anyone who can qualify for Boston 30 times *in one year* earns "fantastic" on that count alone, never mind your contagious spirit), and so here we are. But identifying myself as "Don" was colorless, communicating nothing, when I wished to remind me, you, and anyone else, of something deeper.

And so, I went to Merritt, and asked if I could adopt the nickname all my college friends and fellow parishioners had long ago pinned affectionately upon him, for in one syllable we were always reminded then of happiness, peacefulness, thoughtfulness, wit, light-hearted good fun, loyalty, love, compassion, gentleness, encouragement, kindness, and with any luck, a bit of profound spiritual wisdom. With his gracious blessing, I took on the name, "Rev".

Last week, after a marathon relationship of 43 years, the Original Rev passed away at age 86.

Through my tears and heartache, and yet confidence in the new life to come, I ... am ... indescribably grateful -- and by extension I hope even just a smidgeon, you may be too -- for we have been affected by the humble, eloquent, Reverend Merritt in our lives. Much like my comparative inabilities in the marathon over against you all have not excluded me from your company, so too I've tried to glimpse the reaches and triumphs of the spiritual peace in the heart and mind of the original Rev.

God bless you Prez, and all our Maniac friends.

Luvya,
"Rev"
dgkienz@yahoo.com