NEWSLETTER CONTENTS

Operation Jack Northwest Run 2
Fred Alger RIP 3
Marathon Maniacs Book 6
Pigtails Flat Ass Marathon/50K 4-5
Half Fanatics 5
Titanium Class of 2013 6-7
Hoover Dam Marathon 8
Maniac Poll 8
10 years: Second Five Years 9-11
Seattle Locks Marathon 12-13
Social Networking 13
2014 Maniac Reunion 14
New Years Eve Marathon 15-16
Report from the InSane AlyLum 16
Promotions 17
Calendar 18
New Maniacs 19-20
Note from the Editor 21
Discounts 22
Rhetorical Revelations from “The Rev” 23
OPERATION JACK
NORTHWEST RUN

TIGARD, OREGON

Op Jack founder Sam and Race director Steve

Bundled up Honey Badgers on the tear!

Lee Newbill  Joe Schrum  Gary Walker  Stephanie Duncan  Monte Pascual

Dane  Ron Frederick  Jackie Frederick  Jon Dotson
R.I.P. Fred Alger

We have unfortunately lost a member of our Maniac family. Fred Alger (#2746) has passed away.

May his memory inspire us all to inspire others along their goals no matter the distance.

MARATHON MANIACS: THE BOOK

In February the Main Maniacs released the Marathon Maniacs book! This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book “The Messengers”.

Be sure to get your copy of the book and enjoy the stories of the World’s Most Insane Running Club!


http://www.marathonmaniacs.com
Pigtails Flat Ass Marathon & 50k

MAPLE VALLEY
WASHINGTON

Monte and Georgeta
Tory
Bill and Sabrina

The tough Ric-Hart!
Christy Hammond
Ron Frederick
Mark Casey
Dean Kayler

The pizza man, Matt Hagen
David Spooner
Lee Newbill
Marie Zornes

Pigtails Flat Ass Marathon/50k (12/21):
Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 5500 members in the Fanatic Asylum, and I’m sure you’ll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com
TITANIUM MANIACS

CLASS OF 2013

Lichu Wu Sloan, Scott Sunday, Jim Tello, Marc Tremblay, Karen Vollan, Halbert Walston, Brent Weigner, Darwin Weimer, Terry Weimer, Julie Weiss, Marina White, Carole Williams, Tom Williams, David Wingard, Melinda Yanuaria, Julie Weiss, Marina White, Carole Williams, Tom Williams, David Wingard, Melinda Yanuaria.
Each month there will be a “Maniac poll”. This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

This month’s question: Are you a fan of race expos?

Please vote online between now and Feb 9: http://tinyurl.com/MMpoll2014b

Last month’s question: Do you plan run more or less marathons in 2014 then in 2013?

Half of Maniacs plan to run more marathons in 2014. A quarter plan to run less and a quarter plan to run less. Thanks for voting!
A DECADE OF MANIACAL CRAZINESS!
A look back at the first 10 years...

THE LAST FIVE YEARS: 2008-2013

Haley Siggers, Arnet Vale, Tamara Mackey

Laura Skladzinski and Brian “Action” Jackson

Ellen Dowling

Amy Yanni

Nick Karem

Mary Cameron

Dale Shoup

Angela Ivory

Mike Wakabayashi, Robert Lopez, Annle and Terry Sentinella

Gunhild and Jack Swanson

Clare King

Bryan Baroffio

Sharon Reese

Jim Ibabao

Gene Jochen

Roxanne Conlan

http://www.marathonmaniacs.com
A DECADE OF MANIACAL CRAZINESS!
A look back at the first 10 years...

THE LAST FIVE YEARS: 2008-2013

Mo Gillis and Cheri Pompeo
Howard Audetand DEO
Jeanette Q
Robert Lopez
Heather Zeigler
Sherry Ricker
Violeta Lopez
Bob Dolphin
Ben Blessing
Missy Peters
Kathy Kass
Ed Ettinghausen
Joe Reilly
Missy Peters
Kathy Kass

http://www.marathonmaniacs.com
A DECADE OF MANIACAL CRAZINESS!
A look back at the first 10 years…

THE LAST FIVE YEARS: 2008-2013

Tony Nguyen

Malisa Anderson-Strait

Rick (200th marathon) Haase and Jim (300th marathon) Boyd

Jc Santa Teresa and Danielle Hastings

Elaine Green

Eddie Vega

Luke Welvaert

Dave Mari

Lygea Welvaert

Jackie Ong

Tracy Newenhouse

http://www.marathonmaniacs.com
From Facebook to Twitter, the Maniacs have a presence in the world of social networking. Whatever social network your prefer I’m sure the Maniacs are there, so check them out!

LinkedIn: [http://www.linkedin.com/e/vgh/1843119/](http://www.linkedin.com/e/vgh/1843119/)
Dailymile: [http://www.dailymile.com/groups/1403-marathon-maniacs](http://www.dailymile.com/groups/1403-marathon-maniacs)
RunningAhead: [http://www.runningahead.com/groups/MMs](http://www.runningahead.com/groups/MMs)
REUNION RACE ON THE BAYOU
BATON ROUGE // JANUARY 19
Register Now >>

Amy Meyer

Troy and Cathie Johnson

April Kondrat

Jen Luegers

http://www.marathonmaniacs.com
New Year's Eve Marathon

ALLEN, TEXAS

REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

<table>
<thead>
<tr>
<th>Month</th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>Jun</th>
<th>Jul</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
<th>Yearly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Averages</td>
<td>54.4</td>
<td>45.4</td>
<td>51.9</td>
<td>46.7</td>
<td>74.2</td>
<td>60.1</td>
<td>40.1</td>
<td>23.4</td>
<td>28.2</td>
<td>70.2</td>
<td>83.5</td>
<td>84.5</td>
<td>584.4</td>
</tr>
<tr>
<td>2012</td>
<td>154</td>
<td>95</td>
<td>126</td>
<td>132</td>
<td>160</td>
<td>147</td>
<td>101</td>
<td>56</td>
<td>71</td>
<td>174</td>
<td>194</td>
<td>182</td>
<td>1592</td>
</tr>
<tr>
<td>2013</td>
<td>212</td>
<td>95</td>
<td>170</td>
<td>138</td>
<td>212</td>
<td>133</td>
<td>91</td>
<td>56</td>
<td>73</td>
<td>257</td>
<td>354</td>
<td>223</td>
<td>1994</td>
</tr>
</tbody>
</table>

New Maniacs: 223

New Maniacs in 2013: 1994

Total Maniacs: 8422

State | MM | Pct%
Washington | 1028 | 12.2%
California | 636 | 7.6%
Texas | 512 | 6.1%
Illinois | 309 | 3.7%
New York | 264 | 3.1%
Florida | 252 | 3.0%
Virginia | 225 | 2.6%
Oklahoma | 217 | 2.5%
Oregon | 188 | 2.3%
Georgia | 177 | 2.1%

Elaine Green

http://www.marathonmaniacs.com
**Noteworthy Accomplishments and Promotions!**

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: [http://tinyurl.com/MMupgrade](http://tinyurl.com/MMupgrade)

- **Titanium (10 star) Maniac:** Leah Cato, Teal Clark, Linda Bachand, Anton Reiter
- **Platinum (8 star) Maniac:** None
- **Palladium (7 star) Maniac:** Jim Roche, Fran Austero-Macavinta
- **Osmium (6 star) Maniac:** Michel Maokhampio
- **Ruthenium (5 star) Maniac:** Stitch, Rod Wolfy, Janice Northrup
- **Iridium (4 star) Maniac:** John Moore, Chris Sloan, Christy Hammond, Heather Sorenson, Lisa Grippe
- **Gold (3 star) Maniac:** Jason Short, Sandee Beniquez
- **Silver (2 star) Maniac:** Shane Hill
- **200 Marathons:** Charles Sayles, David Holmen
- **100 Marathons:** Scot Barco

**New Titanium Maniacs!!**

- Leah Cato
- Teal Clark
- Linda Bachand
- Anton Reiter

http://www.marathonmaniacs.com
What's Coming Up In January/February

Marathon/Ultra Calendar between January 24-March 2

Friday, January 24
Dubai Marathon (ARE)

Saturday, January 25
Aravaipa Coldwater Rumble 100m/52m/52k (AZ)
Arena Attack XL Center (CT)
Bataan Death March 160k (PHL)
Bone Island Triathlon (FL)
Calico Running from an Angel 50m/26.2 (NV)
Go Short Go Long Go Very Long (AZ)
Kahtoola Bigfoot Snowshoe Festival 50k/26.2 (UT)
Lake Youngs Nuts Run (WA)
Loco Marathon (AR)
Mountain Mist (AL)
Planet Adventure Winter Night Trail Marathon (IN)
Yuma Territorial Marathon (AZ)

Sunday, January 26
Calico Trail Run (CA)
Callaway Gardens Marathon (GA)
CAR Back to the Marina (CA)
Icebreaker Indoor Marathon (WI)
Marathon International de Marrakech (MAR)
Miracle Match Marathon (TX)
ONU Polar Bear Indoor Marathon (OH)
Sherbrooke Indoor 50k/26.2 (QC)
Town of Celebration Marathon (FL)
USA Fit Kickin Asphalt Marathon (TX)

Monday, January 27
Arrowhead 135 (MN)

Saturday, January 30
Antelope Canyon 50m/50k (AZ)
CAR Run the Beach (CA)
Desert Classic Marathon (AZ)
Enviro-sports Death Valley Marathon (CA)
Icy-8 Hr Adventure Trail Run (VA)
Jed Smith 50m/50k (CA)
Rainshadow Orcas Island 50k (WA)
Sean O'Brien 50m/50k/26.2 (CA)
Sedona Marathon (AZ)
SkyDive Ultra 100m/50m/50k (FL)
Surfside Beach Marathon (TX)
Tejas Trails Rocky Raccoon 100m (100mi-TX)
White Rock Classic 50k (AR)

Sunday, February 2
Groundhog Marathon (MI)
Melbourne Music Marathon (FL)
Miami Marathon (FL)
Midwinter Marathon Apeldoorn (NLD)
Rock N Roll New Orleans (LA)
Surf City Marathon (CA)
Tallahassee Marathon (FL)
West Seattle Fat Ass (WA)

Friday, February 7
Alaska Iditarod 200m/100k (AK)
American Canyon Race (CA)

Tuesday, February 18
Maple City Marathon 6-Pack (6 day event) (IN)

Saturday, February 8

Friday, February 8
Alaska West Seattle Fat Ass Surf City Marathon
Rock N Roll New Orleans Midwinter Marathon Apeldoorn
Miami Marathon

Saturday, February 9

Sunday, February 9
Auroville Marathon (IND)
CAR Rock the Canyon (CA)
Fishline 50k (WA)
Rocks and Roots Day Two (OH)

Saturday, February 15
Aravaipa Black Canyon Trail 100k (AZ)
Buzz Marathon (CA)
Clonakilty Back2Back Day One (IRL)
Cross Timbers 50m/26.2 (TX)
First Call Presidents Day 50k/26.2 (WA)
Hagg Lake Mud Run (OR)
Jackpot Ultra Running Festival 100m/24/12h/6h (NV)
Love. Run. Marathon (TX)
Moab Red Hot 55k (UT)
Myrtle Beach Marathon (SC)
Susitna 100m (and Little Su 50k) (AK)
TITI 100k/50k (MYS)
Woolley 50k/26.2 (WA)

Friday, February 18

Sunday, February 18

Saturday, February 23

Sunday, February 23
26.2 With Donna (FL)
CAR Rock the Marina (CA)
Central Park Marathon (NY)
Cowtown 50k/26.2 (TX)
Dry Creek Trail Marathon (TN)
El Paso Marathon (TX)
Evergreen Lord Hill 50k (WA)
Hyannis Marathon (MA)
Iditarod Trail Invitational 1000m/350m (AK)
Last Chance for Boston (OH)
Malta Marathon (MLT)
Maple Leaf Indoor Marathon Day Two (IN)
Post Oak Marathon (OK)
Shelby Forest Loop Marathon (TN)
Tokyo Marathon (JPN)

Friday, February 28
Florida Double IRON 52.4m (FL)
Tel Aviv Marathon (ISR)

Saturday, March 1
Albany Marathon (GA)
Baikal Ice Running Marathon (RUS)
Bataan Death March 102k (PHL)
Carl Touchstone Memorial Mississippi 50m/50k (MS)
Desert Dash Blood, Sweat, and Beers (NV)
Diamond Valley Lake Marathon (CA)
Old Pueblo 50 Mile Endurance Run (50mi-AZ)
Phoenix Marathon (AZ)
Tejas Trails Nueces 50m/50k (TX)
Umstead Trail Marathon (NC)
Woodlands Marathon (TX)

Sunday, March 2
2XU Compression Run (SGP)
Army Marathon (TX)
CAR March Madness (CA)
Caumsett Park 50k (NY)
Little Rock Marathon (AR)
Marathon of the Treasure Coast (FL)
Napa Valley Marathon (CA)
NWTR Spring Run for Fun (WA)
Stanky Creek Marathon (TN)
New Maniacs in December 2013

Johane Hirschteld (#8250)  
Steve Swanlund (#8251)  
R. Alexander Rao (#8252)  
Gary Domine (#8253)  
Jordan Myers (#8254)  
Philip Chua (#8255)  
Cheryl Fraser (#8256)  
Ron Fraser (#8257)  
Heather Grey (#8258)  
Jim Bales (#8259)  
James "Tweek" Sinclair (#8260)  
Mohamad Jufri Ismail (#8261)  
Jaye Jarchow (#8262)  
Nina Bermudez (#8263)  
Vivian Escobar (#8264)  
Trish Reske (#8265)  
Dionne DeGourville (#8266)  
Felecia McLean (#8267)  
Thomas Prit (#8268)  
Melissa Burton (#8269)  
Fotinos Panagakos (#8270)  
Beth Rodriguez (#8271)  
Christy Nicholas (#8272)  
Stephanie Foutz (#8273)  
Michael Tapper (#8274)  
Lisa Hall (#8275)  
David Elmer (#8276)  
Matthew Bairen (#8277)  
Margo Gregory (#8278)  
Jania Hoover (#8279)  
Daisha Williams (#8280)  
Joao Mendes (#8281)  
Edward Lemke (#8282)  
William McLean (#8283)  
Mike Rush (#8284)  
Debra Barker (#8285)  
Antoinette Lewis (#8286)  
Meisha Gravesande-Powell (#8287)  
Derrek Sanks (#8288)  
John Digaetano (#8289)  
Mark Voicheck (#8290)  
Michelle Imperio (#8291)  
Grace Lineberg (#8292)  
Mustapha Berraho (#8293)  
Missy Key (#8294)  
Jana Young (#8295)  
Rosa Lear (#8296)  
Kevin Burr (#8297)  
Louis Carrera (#8298)  
Christina Brown (#8299)  
Jordan Greenberg (#8300)  
Fermin Trompeta (#8301)  
Samantha Carroll (#8302)  
Max Carriveau (#8303)  
Alicia Johnson (#8304)  
Leodis Smith (#8305)  
Jerry Mullens (#8306)  
Rob Bires (#8307)  
Jorge Rodriguez (#8308)  
Candy Ferry (#8309)  
Elisabeth Simmons (#8310)  
Maria Teresa Reyero (#8311)  
Rick Eilers (#8312)  
Ronald Saczalski (#8313)  
Levi Bork (#8314)  
Tricia Johnson (#8315)  
Chad Cummings (#8316)  
Jessica Atkins (#8317)  
Michael McElmeel (#8318)  
Kate Scheff (#8319)  
Amanda Ianello (#8320)  
Adam Burke (#8321)  
Shirley Kramer (#8322)  
Rita Conejo (#8323)  
Gregory Burress (#8324)  
Kamarulzaman Osman (#8325)  
Julie Elliott (#8326)  
Marsha Rogers (#8327)  
Sarah Bell (#8328)  
Elin Roseland Mahler (#8329)  
Jeanne Bennett (#8330)  
Sarah Green (#8331)  
Lisa Allison (#8332)  
Sharna Reingold (#8333)  
Mona Parker (#8334)  
Joseph Pacheco (#8335)  
Kelvin Reid (#8336)  
Gary Hogue II (#8337)  
Ellen Agronis (#8338)  
Peter Priolo (#8339)  
Matt Heidenreich (#8340)  
Cal DeWitt (#8341)  
Cindy Castro (#8342)  
Nubia Rodriguez (#8343)  
Beth Petersen (#8344)  
Rachel Lofland (#8345)  
Catherine Bequette (#8346)  
Alli Bequette (#8347)  
Ronald Gimbel (#8348)  
Rachael Graddy (#8349)  
Tim Wright (#8350)  
Ruth Liebowitz (#8351)  
Jim Varner (#8352)  
Bruce Stobie (#8353)  
Melissa Dunning (#8354)  
Jon Ogders (#8355)  
Heidi Johnson (#8356)  
Andrew Rose (#8357)  
David Caris (#8358)  
Brian Zampineri (#8359)  
Jeff Hathaway (#8360)  
Melanie Wright (#8361)  
Thomas Andryshak (#8362)  
Jo Andryshak (#8363)  
Janice Harter (#8364)  
Michael Mester (#8365)  
Jody Browning (#8366)  
Kara Loftin (#8367)  
Curtis Chong (#8368)  
Elia Johnson (#8369)  
Stephanie LaBoo (#8370)  
Delinda Hood (#8371)  
Andrew McClintock (#8372)  
Gordon Christie (#8373)  
Roger Johnson (#8374)  
Eric Osaki (#8375)  
Laura Slivka (#8376)  
Erica Beermann (#8377)  
Tabatha Collins (#8378)  
Michael Wilson (#8379)  
Jeramie Morrow (#8380)  
Matthew Cox (#8381)  
Eivind Naess (#8382)  
Jonathon Schreiner (#8383)  
Hammerin Hank Donigan (#8384)  
Kelly Goldthorpe (#8385)  
Eileen Boyle (#8386)  
Gary Morgan (#8387)  
Marousia Wright (#8388)  
Kim Johnson (#8389)  
MaryLee Sturgeon (#8390)  
Kate Escott (#8391)  
Jana Graham (#8392)  
Jamie Stewart (#8393)  
Danny Trancoso (#8394)  
Donna Ventura (#8395)  
Missy Gray (#8396)  
Seana Roubinek (#8397)  
Robin Giles (#8398)  
Shaed Edwards (#8399)  
Ben Bettelli (#8407)  
Jill Bars (#8408)  
Steve Carroll (#8409)  
Elvin Torres (#8410)  
Damienn Skeels (#8411)  
Violet Rucci (#8412)  
Matthew Montain (#8413)  
Albert Giron (#8414)  
Sandeep McMilen (#8415)  
Cris Seevers-Gabas (#8416)  
John Gabus Jr (#8417)  
Amanda Corbitt (#8418)  
Liz Jackson (#8419)  
Sang Yim (#8420)  
Mark Admiral (#8421)  
Aparna Vijayan (#8422)
NEW MANIACS

Heike Rodriguez
Gregory Park
Missy Key
Jana Young
Levi Bork (#8314)

Greg Burress
Danelle Del Rosario
Ellen Agronis
R.L. Bynum (#8400)

Kelly Goldthorpe
Candy Ferry #8309
Maria Teresa Reyero
Eileen Boyle
Marsha Rogers (#8327)

http://www.marathonmaniacs.com
The year has come to a close. The ten year celebration is winding down and we are seeing record numbers of Maniacs. From coast to coast and all over the world.

Happy Running!

- Steve “Marathon Freak” Walters MM#338
New discounts that have a ** in front of the race name and don’t forget about the Maniac discounts at Running Skirts www.runningskirts.com; The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs; and at TRY Chips www.trychips.com for your healthy snacking needs.

- Celebration Marathon (FL) 1/26/14: www.celebrationmarathon.com
- Miracle Match Marathon (TX) 1/26/14: http://miraclematchmarathon.org
- The Sedona Marathon (AZ) 2/1/14: www.sedonamarathon.com
- Melbourne Music Marathon (FL) 2/2/14: www.themelbournemarathon.com
- Myrtle Beach Marathon (SC) 2/15/14: www.mbmarathon.com
- Fort Lauderdale A1A Marathon (FL) 2/16/14: www.a1amarathon.com
- Mercedes Marathon (AL) 2/16/14: www.mercedesmarathon.com
- Little Rock Marathon (AR) 3/2/14: www.littlerockmarathon.com
- ** Lower Potomac River Marathon (MD) 3/9/14: www.cbrcmd.org
- Tobacco Road Marathon (NC) 3/16/14: http://tobaccoroadmarathon.com
- **Tomoka Marathon (FL) 3/29/14: www.tomokamarathon.com
- Hogeeye Marathon (AR) 3/30/14: www.hogeymarathon.com
- **Knoxville Marathon (TN) 3/30/14: www.knoxvillemarathon.com
- Irving Marathon (TX) 4/5/14: www.irvingmarathon.com
- Carmel Marathon (IN) 4/12/14: www.carmelmarathon.com
- **Downtown River Run Marathon (NV) 4/13/14: www.downtownriverrun.com
- Riverboat Series (KY, TN, AR, MS, LA) 4/12-16/2013: http://mainlymarathons.com/home/riverboat
- Blue Ridge Marathon (VA) 4/26/14: http://blueridgemarathon.com
- Oz Marathon (KS) 4/26/14: www.olateh.org/sports/Marathon
- Wisconsin Marathon 5/3/14: www.wisconsinmarathon.com
- Tacoma City Marathon 5/4/14: www.tacomacitymarathon.com
- Fargo Marathon (ND) 5/10/14: www.fargomarathon.com
- **Delaware Marathon 5/11/14: http://delawaremarathon.org
- Shires of Vermont Marathon 5/18/14: http://shiresofvermontmarathon.com
- Vermont City Marathon 5/25/14: www.vermontcitymarathon.org
- The New England Challenge (ME, NH, RI, CT, MA) 5/12-16/2014: www.newenglandchallenge.org
- Windermere Marathon (WA) 6/1/14: http://windermere marathon.com
- Heartland Series (MI, IN, IL, IA, WI) 6/4-8/2014: http://mainlymarathons.com/heartland
- **Utah Valley Marathon (UT) 6/14/14: www.utahvalleymarathon.com
- **Foot Traffic Flat Marathon (OR) 7/4/14: www.foottraffic.us/flat
- Mad Marathon (VT) 7/6/14: www.madmarathon.com
- **Blue Blazes Ultra (OH) 7/10-13/2104: www.blueblazesultra.com
- Eugene Marathon (OR) 7/27/14: http://eugenemarathon.com
- San Francisco Marathon 7/27/14: www.thesfmarathon.com
- Moose’s Tooth Marathon 8/17/14 (AK): www.bigwildliferuns.org
- **Boring Marathon (OR) 9/14/14: http://boringmarathon.com

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com
Hiya Prez!

GOALS, Prez, I got me some GOALS!

So I read that 2013 was an off-year for you in compiling career marathons. I’ll bet. What is your Over-Under number for an “off-year”, 26? 32? 41? And you DIDN’T do that? Huh. Maybe you should just be honest with yourself and write “intellectual” on your mirror. Or maybe just “Prezzzzzzzzz.”

What? You had so-called “injuries”? You would have run through them if you were a hawkeye player from Saskatchewan! Maybe you should move to Saskatchewan to keep up your reputation. I can loan you my skates. They are just like Hokas with a ruler stuck sideways on the bottom.

How’s Chris “Stretch” Warren doing? Good ol’ #2. Sure is a smiley guy for a number Two. Maybe he is going for the nomination in ’16. Well, he has inspired one of my goals! If every one of my 41,000 strides in my next marathon is just 3 inches longer like Chris’, I will knock 25 minutes off my PR. So, Goal One? I need to get taller.

Wise Man #3, triathlete Tony Phillippi, inspires the next one. See, I can never find him. Is he out running? Or bike riding? Or swimming? So many places to look. So, Goal Two? I need to diversify. Side benefit? He told me it will cut down on my injuries, which means I will reach MY over-under goal, although admittedly mine does have one less digit than yours.

Evaluating last year’s performance, for 365 days in a row, I moved my legs forward. Sweet! But, official marathons? Just four. (Only in MarathonManiacs do people say “just four”. Really. Try that phrase in public somewhere: half the crowd will be amazed, the second half won’t care, and the third half will think you’re full of yourself.) So, a glance at reports elsewhere?

Hundreds qualified to become Maniacs. They could have taken up photography or tennis.

Quite a few members, not finding the asylum life-changing enough, averaged one a week for a year, so congratulations to you who Attained Titaniums. Now you may have some ice cream.

I held steady at zero ultras. You tell me I could do one, but 26.1 my legs see the banner ahead and insist that extending the run is the oddest of notions. Other Maniacs ran consecutive ultras in a weekend! Yowser. (If you did, and have since thought better of it, Rev has a book for you on prayer, you know, for healing purposes.) Moreover, they rate the difficulty of these runs by elevation change! My embarrassed thought? Rating the difficulty level of ultras is a bit like rating the darkness level of black.

Others qualified for something weird called Half Fanatics. Really, who thought that one up?

Others compiled age-group wins. Prez, I don’t like to brag, but I’ve never once failed to win my age group. I define “age group” by “birthday.” And I have never lost.

Macon finished a skajillion marathons last year, Yolanda power-walked about from here to Mars and back (a Japanese car company is renaming their engines’ horsepower to YolandaHonda power), and Gary Allen wanted to meet his Senator so badly he ran from Maine to D.C. instead of taking Amtrak. That only makes perfect sense in here. And while thousands more Cats-on-the-Head folks have rewritten their own running personal record books, Malcolm Anderson writes actual running books. Good ones too.

Outside the club but inside our world, some woman somewhere ran 85 consecutive hours -- that’s 3 days and 13 hours -- encouraged at the end to reach 500 kilometers. What I learned from that statistic is she was probably not an American. It’s all getting haunting. One night I thought I read that a boy set the new youth standard for running six of the seven continents, (skipping Antarctica due to a conflict with his bed-time), while his sister circumnavigated the world in a Sunfish.

So Prez, if I’m going to leapfrog the crowd, I figure there’s only one goal left. At 12:00:01 a.m. 1/1/14: Run through a complete year!

Commencing in Key West, Florida, I will jog-walk-jog around the clock (Giddiness Book of World Records permits one 3-hour nap every third Tuesday night) through all 72 states AND 41,096 counties in the USA, cross into Vancouver, then head back east through the 29 Canadian provinces (Roger MacMillan providing hot cocoa is a key logistical element there), then cut south via Mississippi River Steamboat (jogging around the deck) through to the Gulf of Mexico and on to the 46 South American countries, high-fiving the Pope in Argentina. He likes Baptists just fine. Then I’ve booked passage on a South Pacific cruise ship, will jog around its lovely pool, and explore Pago Pago, Bora Bora, and Itchy Goomy en route to Australia, where I have rented an obedient Endurance Kangaroo, who will carry the Larabars and chocolate milk as we circle the Outback. After walking through a tea-break in Sydney, I will jog in place in a helicopter, so to touch down on all 1,933 islands of Indonesia, eventually winding up at the southern end of the Great Wall of China. This is where the fun begins. Hungry to increase my numbers of countries, I will jump off the left side of the wall frequently, checking off a variety of Nepals along the way. At the north end, I’ll pick up the pace to get through Mongolia so to reach Siberia by mid-summer, which just seems prudent. Then, hanging a left, a more leisurely jog through Irkutsk and the Ukraine sets up a lovely early autumn through Prague to Par-ee, and with the northern European countries being smaller than Montana, I’m starting to think triple digits in countries. But I need a ruling for a completely different exemption from you: when I reach Scotland, to keep my continuous-hours streak alive while simultaneously playing golf at Troon, Royal Birkdale, and St. Andrews, if I promise not to use a cart, will ye please not disqualify me for pausing to retrieve the golf ball from the cups? I have to use one ball, because Engle recommends I should run light, and Mrs. Rev wants me to cut costs on the trip. If I got disqualified without the exemption, boy, would those first eleven months look silly.

Ugh oh. Facebook just beeped. What’s this?

An Australian couple...he 68, she 64... just completed running 26.2+ miles on each of 366 consecutive days. ...Among other things, they ate 11,000 bananas along the way.

Aw, nuts.

Anybody want to play some golf?

Luvya,
Rev
dgkienz@yahoo.com