



MARATHON MANIACS

FEBRUARY 2016 NEWSLETTER

Volume 13, Number 2

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Brian



RD Mike

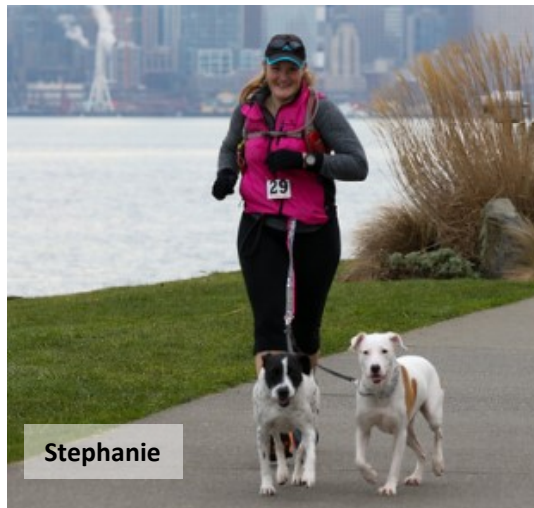


West Seattle Beach Run

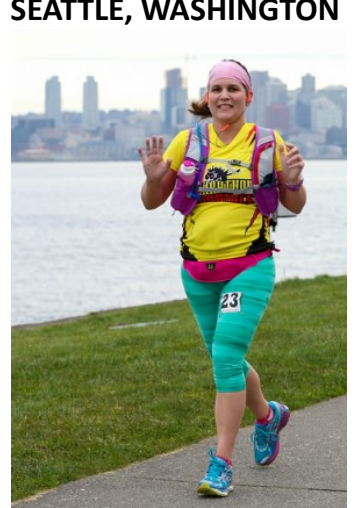
SEATTLE, WASHINGTON



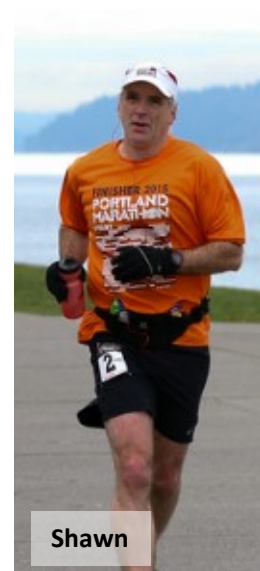
Jane



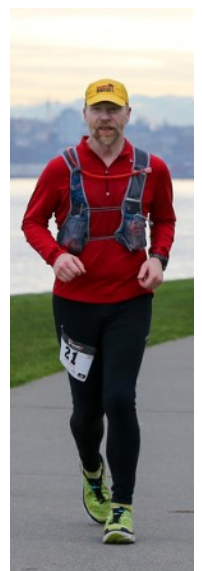
Stephanie



Mike



Shawn





Scott



Suzanne



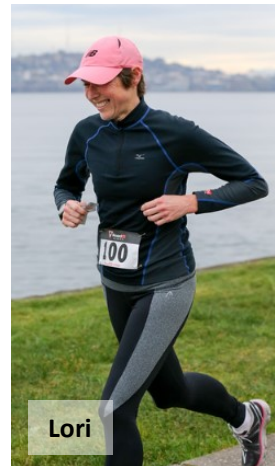
Gregg



Andy



Prez and Patti



Lori

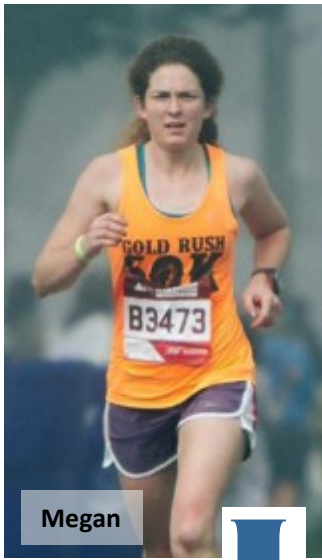
HALF FANATICS

Marathon Maniacs running half marathons...
YES, it's true!

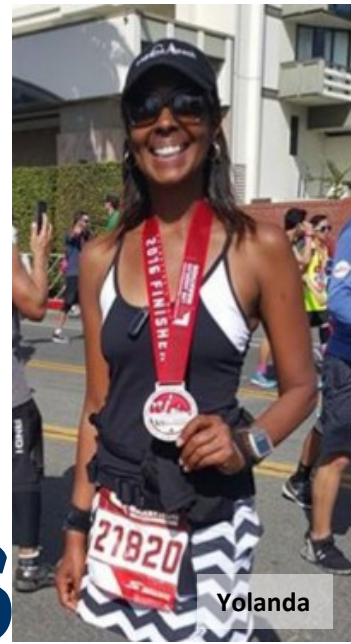
Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 14,000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com





Megan



Yolanda

City of **LOS ANGELES** MARATHON

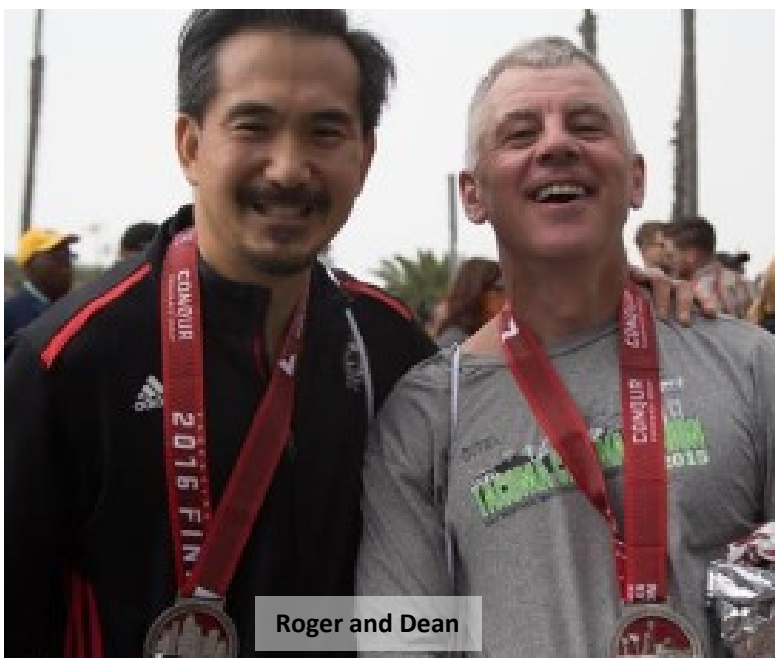
LOS ANGELES, CALIFORNIA



Chris



Barry



Roger and Dean



Jon and Marie



Martha

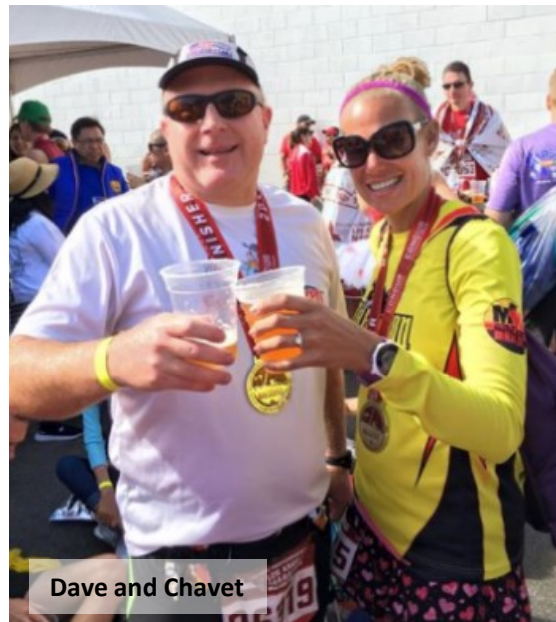




Jon, Marc and Dean



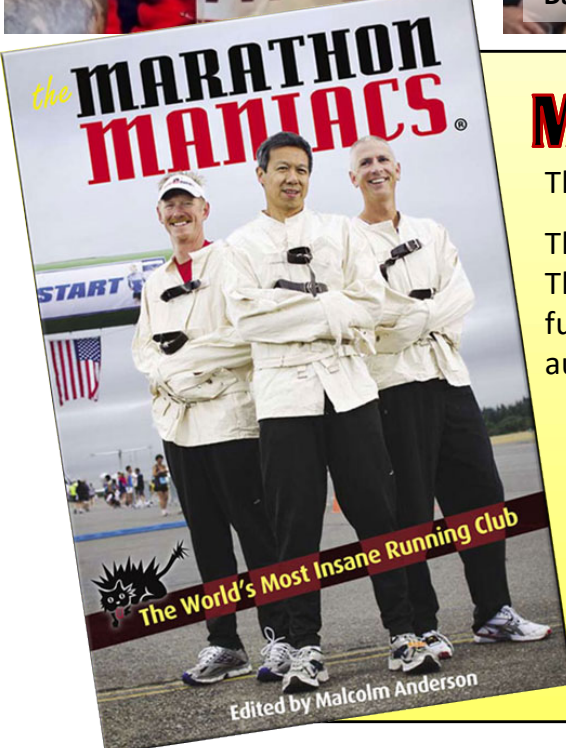
Tim



Dave and Chavet



Mike and Kurt



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



SURF CITY MARATHON

HUNTINGTON BEACH, CALIFORNIA



Michelle



Ryan



Eddie



Lisa

MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit:

<http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)



Yolanda



Cynthia



Daniel



Cade after his 150th marathon!



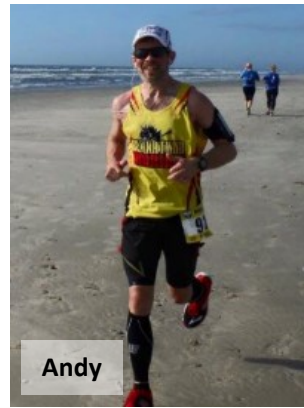
Julie Weiss finishes her 100th marathon in LA!



Jerry Mark at the 3 Capes
Marathon on the Oregon Coast



Jamilia



Andy



Brent

JOIN THE MANIACS ON THESE SOCIAL NETWORKS



FACEBOOK:

Marathon Maniac page:

<http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group:

<http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

Across all social networks use the hash tag:

#marathonmaniacs



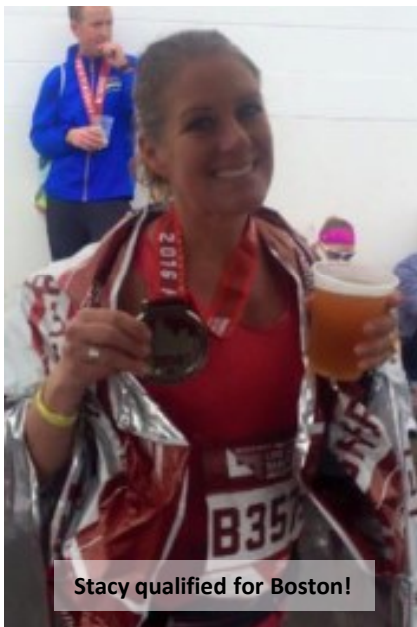
Luke and Nancy



Michael



Hollie and Loan



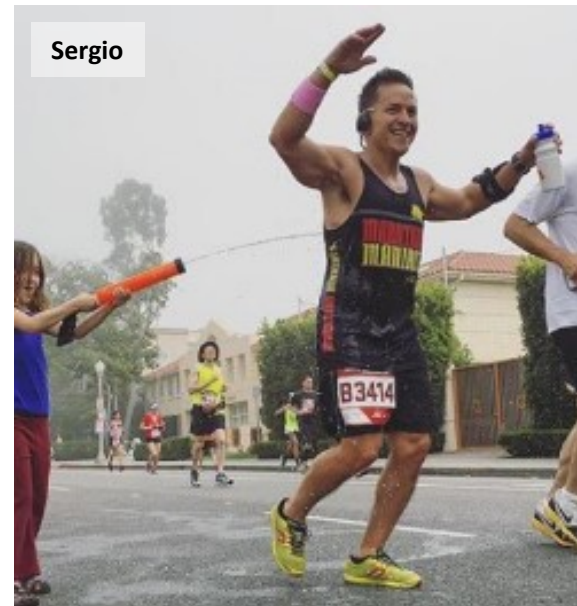
Stacy qualified for Boston!



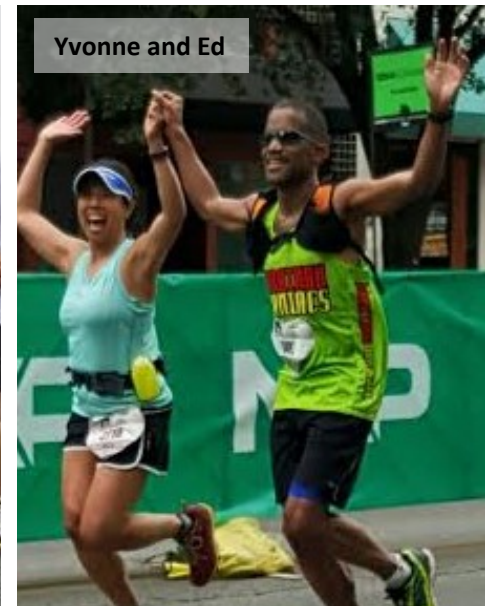
Alicja



Sam



Sergio



Yvonne and Ed

DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

Well, the Main Maniacs have decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

For more information visit the Maniacs web site.



Pamela and Thomas



Vickey



Traci



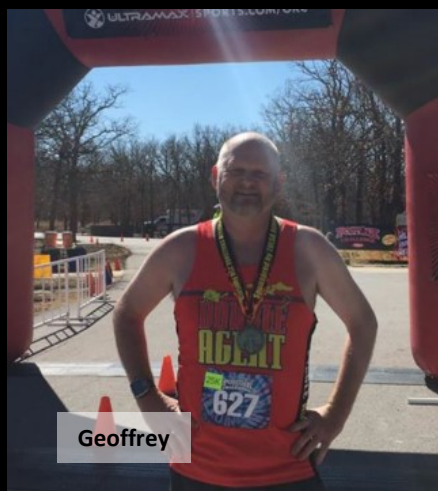
Eddie

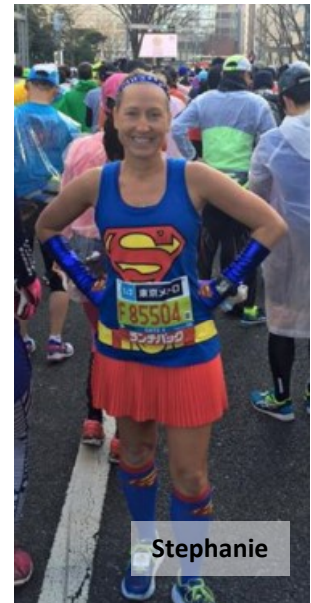
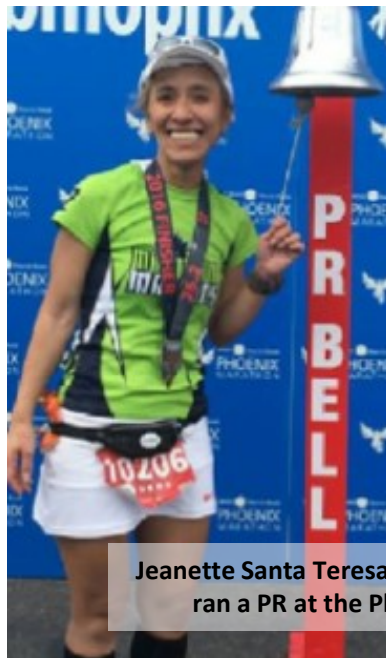
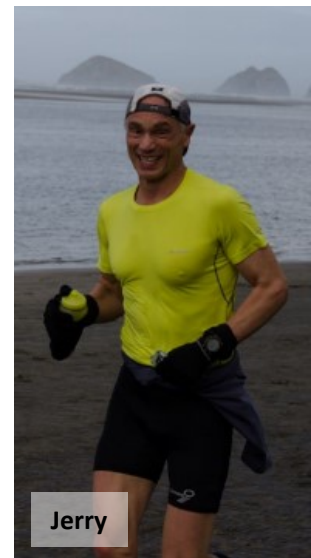
DOUBLE AGENTS

NEW DOUBLE AGENTS IN JANUARY:

Bonnie Humphrey (#2157)
 Tanisha Bailey (#2158)
 Angela Bess (#2159)
 Jeffrey Bryant (#2160)
 Sonia Bryant (#2161)
 KEVIN PINTUS (#2162)
 Peggy McKean (#2163)
 Kinsey McKenrick (#2164)
 Angel Brock (#2165)
 Christine Alford (#2166)
 Arthur Santos (#2167)
 Alfred Lin (#2168)
 Adriana Lopez (#2169)
 Thaddeus Callahan (#2170)
 David Hendrix (#2171)
 Becky Hedges (#2172)
 Debbie Tyler (#2173)
 Connor Bussiere (#2174)
 Chad "CrazyD" Dudley (#2175)
 Tom Hosner (#2176)
 Anne Webster (#2177)
 Elizabeth Tate (#2178)
 Michelle Karwejna (#2179)
 Teon Taylor (#2180)
 Carole Travis (#2181)
 Joe Morgan (#2182)
 Becky (Sox) Morgan (#2183)
 Mary Pat Flanigan (#2184)
 Christopher Rensch (#2185)

Julie Stanbrough (#2186)
 Robert Merritt (#2187)
 Maricris Beauchamp (#2188)
 Teresa Shelton (#2189)
 Amy (#2190)
 Steph Bradsher (#2191)
 James Evans (#2192)
 Brian Neumann (#2193)
 Debbie Stevens (#2194)
 Garrett Skinner (#2195)
 David Hawe (#2196)
 Max Grimsley (#2197)
 Don Reilly (#2198)
 Jonus Gerrits (#2199)
 Soren Brockdorf (#2200)
 Michael Locke (#2201)
 Melissa Clark (#2202)
 Florence Burk (#2203)
 Ivonne Reinhardt (#2204)
 Chandris Berry (#2205)
 Elaine Nelson (#2206)
 Dee Baldwin (#2207)
 Viena Green (#2208)
 Patrick Henderson (#2209)
 Angela DeAngelo Owens (#2210)
 SparkleRunR (#2211)
 Chuck Taylor (#2212)
 Lu-E "-(O_O)-" Soriano (#2213)





Jeanette Santa Teresa reached Titanium and ran a PR at the Phoenix Marathon.

Amy

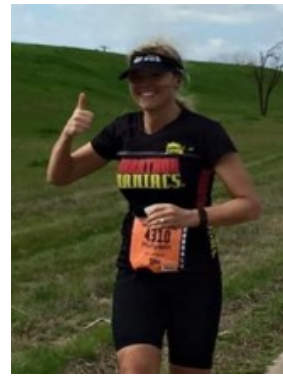
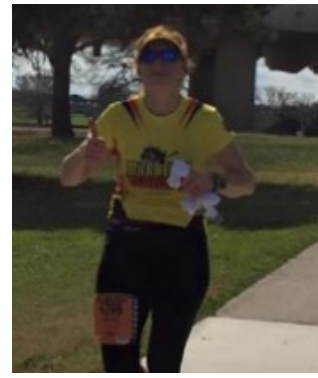
Stephanie



Clint Burleson runs his 200th marathon!

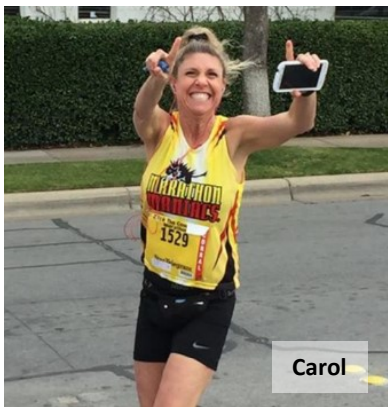


Bright Wright runs a PR at Phoenix with a 3:03.

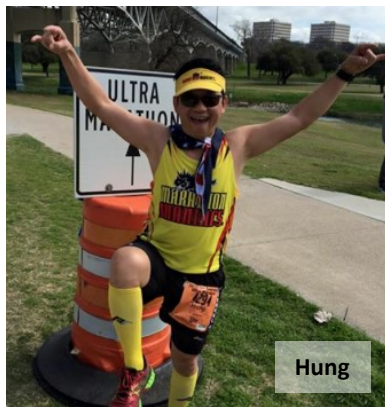


COWTOWN MARATHON

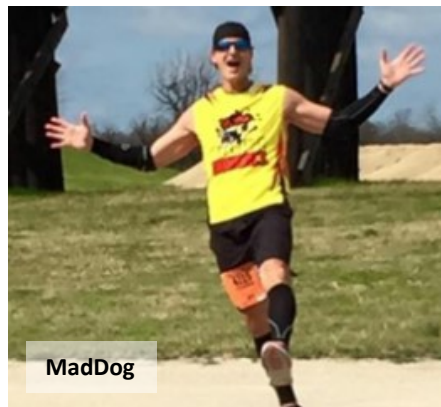
FT WORTH
TEXAS



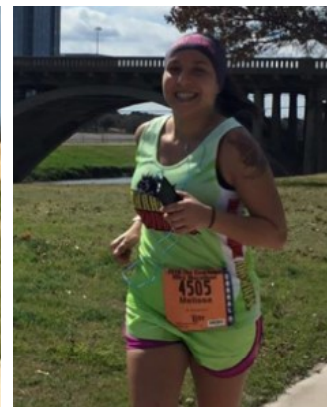
Carol



Hung



MadDog



MARATHON MANIACS 2016 REUNION

DES MOINES MARATHON • Des Moines, Iowa • Sunday, October 16, 2016

This reunion promises to be our best ever! We are working hard to coordinate all the fun details, so stay tuned to this page as more info becomes available.

This reunion will offer a double (if you're up to the challenge), by running the I-35 Challenge. This will consist of running Kansas City the day before!

More information and updates can be found here:

<http://www.marathonmaniacs.com/reunion-info>



MARATHON MANIACS CRITERIA

New Maniacs at each level

★★★★★ TITANIUM ★★★★★

- 52 Marathons or more within 365 days.
- 30 Marathons in 30 different US states within 365 days.
- 20 Countries within 365 days.

Thomas Perri, Jeanette Santa Teresa, Jim Reimann
Alex Penny, Dan Micola

★★★★★ PLATINUM ★★★★★

- 45 - 51 Marathons within 365 days.
- 23 Marathons in 23 different US states within 365 days.
- 28 Marathons within 183 days.

None

★★★★★ PALLADIUM ★★★★★

- 38 - 44 Marathons within 365 days.
- 20 Marathons in 20 different US states within 365 days
- 13 Marathons within 79 days.

Ed Childress

★★★★★ OSMIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

None

★★★★★ RUTHENIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

Jerome Ventura

★★★★★ IRIDIUM ★★★★★

- 4 Marathons in 23 days.
- 19 - 25 Marathons within 365 days.
- 2 Marathons in 2 days (or 48 hours)
- 9 Marathons in 9 different US states within 365 days.

None

★★★★★ GOLD ★★★★★

- 4 Marathons within 37 days.
- 12 - 18 Marathons within 365 days.
- 4 Marathons in 4 different US states within 51 days

None

★★★★★ SILVER ★★★★★

- 3 Marathons within a 16 day time frame.
- 6 Marathons in 6 consecutive calendar months.
- 8 - 11 Marathons within 365 days.

Christy Shelton

★★★★★ BRONZE ★★★★★

- 2 Marathons within a 16 day time frame.
- 3 Marathons within a 90 day time frame.

If you reached a higher Maniac level and
want the recognition in the Newsletter
Please fill out this form:

<http://tinyurl.com/MMupgrade>

New Titanium Maniacs!!



Thomas Perri



Jeanette Santa Teresa



Jim Reimann



Alex Penny



Dan Micola

Upcoming Races!

Marathon/Ultra Calendar between April 1-23

4/1	Singletrack Maniac 50k	50K	VA	4/10	Runners Marathon of Reston	26.2	VA
4/2	Deception Pass Marathon	26.2	WA	4/10	ORRRC Marathon	26.2	OH
4/2	Runamuck 50k	50K	VT	4/10	Asics Greater Manchester Marathon	26.2	LAN
4/2	Glasgow to Edinburgh Ultramarathon	Ultra	GLG	4/10	Route 68 Challenge 2016	Ultra	
4/2	Shotgun Trail Blast	50K	OR	4/10	Peterson Ridge Rumble 40 miler	Ultra	OR
4/2	Palau Marathon	26.2	OTH	4/10	Cape Code Trail Race	26.2	MA
4/2	Croom Fools Run 50 Mile, 50K, 16 Mile	50mi	FL	4/10	NN Marathon Rotterdam	26.2	ZH
4/2	Prairie Spirit Trail	50mi	KS	4/10	Western Maryland Rail Trail Marathon	26.2	MD
4/2	Gorge Waterfalls 100K	26.2	OR	4/10	Fighting Seabees Marathon	26.2	RI
4/2	Rockin K Trail Runs	26.2	KS	4/11	Psycho Psummer Run Toto Run	50K	KS
4/2	Charlottesville	26.2	VA	4/15	Coca Cola Long Run	26.2	MLE
4/2	Umstead 100 Mile Endurance Run	100mi	NC	4/16	(un)Pleasant Hill Trail Runs	50K	KY
4/2	Circular Logic Marathon	26.2	IN	4/16	Free State Trail Run	26.2	KS
4/2	Behind the Rocks 50m/50k	Ultra	UT	4/16	Traprock 50	50K	CT
4/2	Tejas Trails Hells Hills 50m/50k	Ultra	TX	4/16	Aravaipa Whiskey Basin 88K/57K	Ultra	AZ
4/2	Yakima River Canyon Marathon	26.2	WA	4/16	Ruth Anderson Ultras	Ultra	CA
4/2	Chosen Marathon Colorado Springs	26.2	CO	4/16	Double Chubb	50K	MO
4/2	Aravaipa Crown King Scramble	50K	AZ	4/16	Wenatchee Marathon	26.2	WA
4/2	American River 50	50mi	CA	4/16	Capitol Peak	50mi	WA
4/2	Queen City Marathon	26.2	MD	4/16	Ouachita Trails 50	50mi	AR
4/2	NJ Ultrafest	26.2	NJ	4/16	Mojave Marathon	26.2	CA
4/2	Altamont Marathon	26.2	SC	4/16	Irving Marathon	26.2	TX
4/2	Grizzly Peak Marathon & 50K Trail Runs	26.2	CA	4/16	Leona Divide 50K/50M	50K	CA
4/3	Knoxville Marathon	26.2	TN	4/16	Garmin Marathon	26.2	KS
4/3	Marathon de Paris	26.2	FRA	4/16	Salt Lake City Marathon	26.2	UT
4/3	All American Marathon	26.2	NC	4/16	Carmel Marathon	26.2	IN
4/3	Punta Cana Marathon	26.2		4/16	Brazos Bend 50m/50k	Ultra	TX
4/3	Fools 50k	26.2	OH	4/16	Foot Levelers Blue Ridge	26.2	VA
4/3	Ann Arbor Marathon	26.2	MI	4/16	Jersey Shore Marathon	26.2	NJ
4/3	Altis Marathon	26.2	MS	4/16	Trail Mix	50K	MN
4/3	Maraton de Santiago	26.2	RM	4/16	Rattler Trail Races 50k	50K	CO
4/8	Ultra Adventures Zion 100m/100k	Ultra	UT	4/16	Whidbey Island Marathon	26.2	WA
4/8	Zumbro 100 + 50 Mile Endurance Run	100mi	MN	4/16	All-Out Beat the Heat	26.2	CO
4/9	North face Challenge Washington D.C.	26.2	VA	4/17	Brighton Marathon	26.2	ABE
4/9	Andrew Jackson Marathon	26.2	TN	4/17	Marathon Hamburg	26.2	BW
4/9	Garden Spot Village Marathon	26.2	PA	4/17	Kill Cliff Destin Marathon	26.2	FL
4/9	Squak Mountain Marathon/ 50K	26.2	WA	4/17	Annecy marathon	26.2	
4/9	Ultra Adventures Zion 50k	50K	UT	4/17	Marathon Moldova	26.2	CU
4/9	Eisenhower Marathon	26.2	KS	4/17	Kasumigaura Marathon	26.2	
4/9	North Face Endurance Challenge DC	Ultra	VA	4/17	Enschede Marathon	26.2	DR
4/9	Martian Marathon	26.2	MI	4/17	Mainly Marathons Riverboat Day 1	26.2	LA
4/9	Gorge Waterfall 50k	50K	OR	4/17	Maratona de Padova - XVII S.ANTONIO	26.2	PD
4/9	Emerald Isle Marathon	26.2	NC	4/17	Roads to Rhodes Marathon 2016	26.2	OTH
4/9	Henderson Trail Classic 55k	Ultra	NV	4/17	DVV Antwerp Marathon	26.2	VAN
4/9	Yamacraw 50k	50K	KY	4/18	Boston Marathon 2016	26.2	MA
4/9	Hawkeye 50k	50K	IA	4/18	Mainly Marathons Riverboat Day Two	26.2	AR
4/9	Chicago Lakefront 50K	50K	IL	4/19	Mainly Marathons Riverboat Day Three	26.2	MS
4/9	Possum Kingdom 52m/56k	Ultra	TX	4/20	Mainly Marathons Riverboat Day Four	26.2	TN
4/9	Lumberjack Endurance Runs	100mi	WA	4/21	Mainly Marathons Riverboat Day Five	26.2	KY
4/9	Kal-Haven Trail 33.5 Run	Ultra	MI	4/22	Mainly Marathons Riverboat Day Six	26.2	MO
4/9	Lake Lowell Marathon	26.2	ID	4/23	Mainly Marathons Riverboat Day Seven	26.2	IL
4/9	Bull Run Run 50 Miler	50mi	VA	4/23	Snake River Island Hop	50K	WA
4/10	Big D Texas Marathon	26.2	TX	4/23	Runs With Scissors 50k/26.2	Ultra	CO
4/10	ORRC Vernonia Marathon	26.2	OR	4/23	West Mountain Marathon	26.2	UT
4/10	Go St Louis Marathon	26.2	MO	4/23	Chippewa 50k	50K	WI
4/10	Maratona di Roma	26.2	AG	4/23	RiverRat Marathon	26.2	SD
4/10	Rock N Roll Raleigh	26.2	NC	4/23	Grand Ridge Marathon/ 50K	26.2	WA
4/10	Hogeye Marathon	26.2	AR	4/23	The John Muir Way Ultramarathon	50K	ELN
4/10	Athens Marathon	26.2	OH	4/23	Scenic City Trail Marathon	26.2	TN
4/10	Vienna City Marathon	26.2		4/23	Davy Crockett Bear Chase	26.2	TX
4/10	Limassol Marathon	26.2		4/23	Cedro Peak Ultras (45M & 45K)	Ultra	NM
4/10	Blooms to Brews Marathon	26.2	WA				

New Maniacs in February 2016

Maria Fe Godbey (#12402)
Bonnie "Finishing is Winning" Humphrey (#12403)
Michael Luthanen (#12404)
Jessica Kozuki (#12405)
Angela Bess (#12406)
Dan Micola (#12407)
Timothy Svecz (#12408)
KATHRINA PEREZ-CATINGUB (#12409)
KEVIN PINTUS (#12410)
Brienne Riblet (#12411)
Brinda Hora (#12412)
Susan Wannemacher (#12413)
Christine Alford (#12414)
Catherine Pomeroy (#12415)
Khymmie Chau (#12416)
Mark Mogan (#12417)
Donald Palmisano (#12418)
Denise Colella (#12419)
Gerry Smedinghoff (#12420)
Claire Gladstone (#12421)
Arthur Santos (#12422)
Ernie Pambo (#12423)
Evette Almanza (#12424)
Ryan Good (#12425)
Bobby Plate (#12426)
Laura Plate (#12427)
Thaddeus Callahan (#12428)
Bryan Sears (#12429)
David Hendrix (#12430)
Joshua Dobiack (#12431)
Maurice Lowman (#12432)
Natassja Dutka (#12433)
Debbie Tyler (#12434)
Eric Hambel (#12435)
Amanda McNeil (#12436)

David Loewer (#12437)
Maricris Beauchamp (#12438)
Chad (Crazy D) Dudley (#12439)
Amy (#12440)
Justin Vivion (#12441)
Phyllis Woolley-Roy (#12442)
Anne Webster (#12443)
Elizabeth Tate (#12444)
Michelle Karwejna (#12445)
Luis Rivera (#12446)
Ronald Miller (#12447)
Teon Taylor (#12448)
Julie Stanbrough (#12449)
Vickie Kennedy (#12450)
Beth House (#12451)
Lori Roush (#12452)
Joe Morgan (#12453)
Kevin Davidson (#12454)
Becky (Sox) Morgan (#12455)
Jim Arnold (#12456)
Mary Pat Flanigan (#12457)
Louis Lucko (#12458)
Christopher Rensch (#12459)
Gena Ochal (#12460)
Ramon Cueva (#12461)
Robert Merritt (#12462)
Teresa Shelton (#12463)
Yanique Burke (#12464)
26.2 Maniac (#12465)
Larry K Simmons (#12466)
Brian Neumann (#12467)
David Quantock (#12468)
Melissa Quantock (#12469)
Debbie Stevens (#12470)
Garrett Skinner (#12471)

Matthew Bennice (#12472)
Angie "Running Girl" Hamann (#12473)
Lisa Sanchez (#12474)
Terry Anderson (#12475)
David Hawe (#12476)
Tom Zukowski (#12477)
Nish Kimani (#12478)
PAUL GRAHAM (#12479)
Tet Graham (#12480)
Tanya Garcia (#12481)
Jamey Kohn (#12482)
Don Reilly (#12483)
Hollis Rudiger (#12484)
Peter Framnes (#12485)
Sandy Lightner (#12486)
Soren Brockdorf (#12487)
Diane Romero-Lopez (#12488)
Karen Derrick (#12489)
johan schimmel (#12490)
Melissa Clark (#12491)
Florence Burk (#12492)
Derek Titus (#12493)
Miguel Oliveira (#12494)
Chandris Berry (#12495)
Alan Otani (#12496)
Debi Surret (#12497)
Elaine Nelson (#12498)
Dee Baldwin (#12499)
Viana Green (#12500)
Iris Rivero (#12501)
Sande McKinnon (#12502)
Mimi Nguyen (#12503)
Chuck Taylor (#12504)
Sharon Rose Paran (#12505)
Randal Adams (#12506)

NEW MANIACS



Joe and Becky



Annie



Gena



Nikki

NEW MANIACS



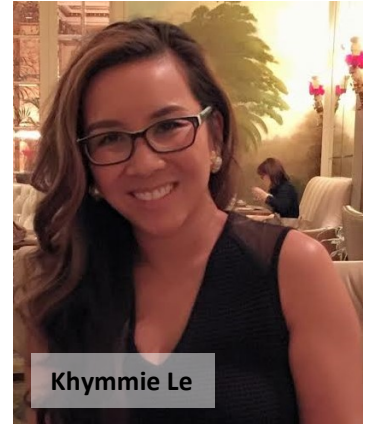
Patty Treece



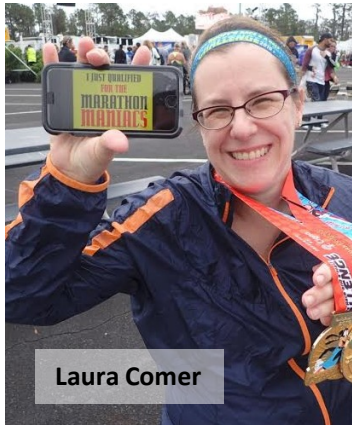
Maricris Beauchamp



Leigha Jones



Khymmie Le



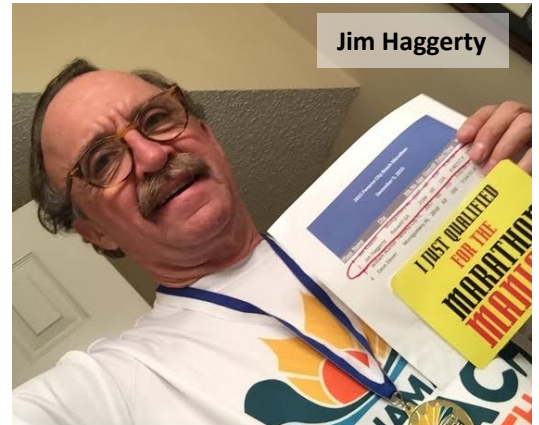
Laura Comer



Ryan Good



Chuck Taylor



Jim Haggerty



George Southgate completed his 50 states at the Leap Day Marathon in Oregon!



Jim



Karen



Lan



Mike



Tetsuya



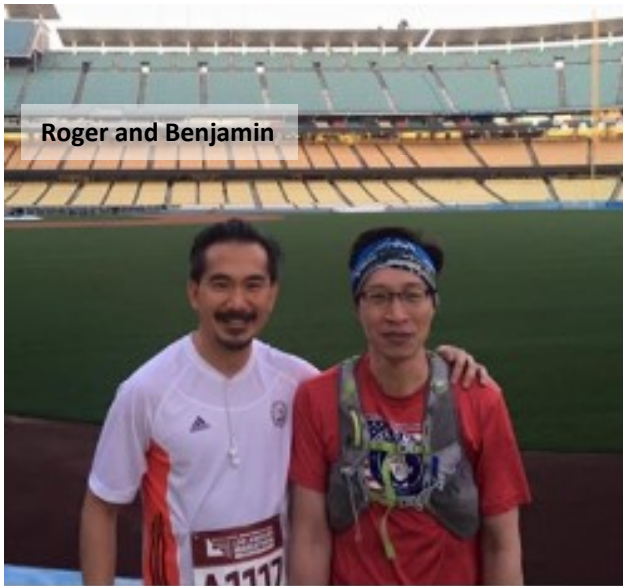
Maricris



Charlotte



Shane and Julia



Roger and Benjamin



Emily



Angie



Kris and Steve Walters

FROM THE EDITOR...

February was exciting. We saw Maniacs gather in Huntington Beach, Los Angeles, Fort Worth, Arizona and Seattle. Winter is finally winding down. The Spring marathon season should be exciting with traditional favorites like, Little Rock, DC, Boston as well as a host of marathons in May. I hope your spring marathons are a huge success.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



With the new website comes a new way to identify race discounts. All discounts are now located on the race calendar page. Look for the gold coin following the race name, that signifies a discount. Click the coin and after a brief disclaimer reminding us that discounts are for members only, the code will be revealed along with the amount saved.

The programmers are working on lots of website items and one is a non-race related discount link. Until that's complete, you'll need to email Jeff Bollman (jeff@marathonmaniacs.com) for the running warehouse discount.

- Queen City Marathon (MD) 4/2/16: www.runthequeencity.com
- Knoxville Marathon (TN) 4/3/16: www.knoxvillemarathon.com
- Blooms to Brews Marathon (WA) 4/10/16: <http://bloomstobrews.getboldevents.com/>
- Hogeey Marathon (AR) 4/10/16: www.hogeyemarathon.com
- Blue Ridge Marathon (NC) 4/16/16: <http://blueridgemarathon.com/>
- Carmel Marathon (IN) 4/16/16: www.carmelmarathon.com
- Garmin Marathon (KS) 4/16/16: <http://ozrun.org>
- Salt Lake City Marathon 4/16/16: www.saltlakecitymarathon.com
- Whidbey Island Marathon (WA) 4/16/16: www.whidbeyislandmarathon.com
- Riverboat Series 4/17-4/23/16: <http://mainlymarathons.com>
- Coastal Delaware Running Festival 4/24/16: www.codelrun.com
- HITS Kiwanis Kingston Classic Marathon (NY) 4/24/16: <http://hitsrunning.com/hits-kiwanis-kingston-classic/>
- Colorado Marathon 5/1/16: www.thecoloradomarathon.com
- Eugene Marathon 5/1/16: <http://eugenemarathon.com>
- Providence Marathon (RI) 5/1/16: www.runri.us
- New Jersey Marathon 5/1/16: www.thenewjerseymarathon.com
- Tacoma City Marathon 5/1/16: www.tacomacitymarathon.com
- New River Marathon (NC) 5/7/16: www.newrivermarathon.com
- Wisconsin Marathon 5/7/16: www.wisconsinmarathon.com
- Brookings Marathon (SD) 5/14/16: www.brookingsmarathon.com
- Shipyard Maine Coast Marathon 5/15/16: <http://mainecoast262.com>
- Fargo Marathon 5/21/16: www.fargomarathon.com
- Vermont City Marathon 5/29/16: www.vermontcitymarathon.org
- Casper Marathon (WY) 6/5/16: www.runwyoming.com
- Deadwood Mickelson Trail Marathon (SD) 6/5/15: www.deadwoodmickelsontrailmarathon.com
- Windermere Marathon (WA) 6/5/16: <http://windermeremarathon.com/>
- Bear Lake Marathons (WY, UT & ID) 6/9-6/11/16: www.bearlakeendurance.com
- Utah Valley Marathon 6/11/16: www.utahvalleymarathon.com
- **HFM Maritime Marathon (WI) 6/12/16: <http://maritimemarathon.org/>
- Madison Marathon (MT) 7/23/16: www.themadisonmarathon.com
- Big Sky Marathon (MT) 7/24/16: www.themadisonmarathon.com
- Idaho Falls MAD Marathon 7/30/16: www.idahofallsmarathon.com
- Lost Turkey Trail Marathon (PA) 7/30/16: www.lostturkeyultra.com
- Humboldt Bay Marathon (CA) 8/14/16: <http://humboldtbaymarathon.com/>
- Anchorage Run Festival 8/21/16: www.anchoragerunfest.org
- Lehigh Valley Marathon (PA) 9/11/16: www.viamarathon.org
- **That Dam Hill (ON) 9/17/16: <http://thatdamhill.ca/home/>
- Greater Binghamton Marathon (NY) 9/18/16: <http://GreaterBinghamtonMarathon.com>
- **HITS Omaha Marathon (NE) 9/18/16: <http://omahamarathon.com>
- Monument Marathon (NE) 9/24/16: www.monumentmarathon.com
- Quad Cities Marathon (IL) 9/25/16: <http://qcmarathon.org/>



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
 YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
 A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

Hiya Mr. Prez!

After running so many marathons, one starts mentally marking life's moments with mile markers. Similarly, experiences in marathons represent the mile in which they occurred, lending color and flavor to those points in the race.

Mile 0.0. Most fun start, Verrazano Narrows Bridge, New York City. Letting most of the 39,950 go, I tried to be the last to start the race. An NYPD patrol car with lights a-spinning pulled up, prepared to be the first sweeper vehicle. I couldn't help myself: I walked over to the car and waved good-bye to him, thus taunting, then running away from a cop officially "in pursuit". In my life ?THAT was *funny*.

Mile 0.0001, Least Fun Moment at a Start. On a 3-mile loop around a pond in a beautiful, tranquil park at the Self-Transcendence Marathon in The Palisades of New York, on my fourth step I pulled a calf muscle sharply. Their medics mystically suggested I walk it off for a loop! After one loop failed to help, they recommended a second loop. I limped a second loop, but given the beauty and tranquility, I guess it had a touch of transcendence to it.

Mile 2, Miami. Off to the right of the causeway before sun-up, the cruise ships in port are lit up like floating Christmas villages in the night. Magical, optimistic.

Mile 3, Detroit. Crossing the Ambassador Bridge into Canada at sunrise raises hopes of new awakenings, possibilities, friends to make, places to see.

Miles 4 - 9, NYC, is a run through scores of cultures within just five miles. You hear "you're almost there" in twenty languages.

Mile 7, NYC. The most sincere, heartiest laughter of robust, bonneted African-American ladies outside their A.M.E. church occurs when you jog over to them and ask the sisters to pray for us.

Mile 10 - 11, Big Sur's advertised long, nasty hill, waits in contrast on a pretty day to the ocean below and the purple ice plants and green evergreens coloring the craggy cliffs. So what's the difference that there is a hill to climb in the way? Nada!

Mile 12, Boston: Kissed 73 Wellesley girls...because they invited me to, that's why. Also, their posters say it is because they are Irish, or from Texas, or they are sophomores, or they like runners, or 70 other perfectly valid reasons. This quite exceeds caffeinated gel blocks for restoring energy.

Mile 12.5, Miami. The slightly hung over and homeless crowd laying about the sidewalks of inner city Miami are friendlier and cheerier than you'd guess.

Mile 12.8, Miami. On a tough day, exhausted, faced with the option: left lane for half-marathoners, right lane for the full, one reflects: we have paid for the full, and we are Maniacs. Daring to set the record for Worst-Second-Half, one leans right, and enjoys a good, long, self-deprecating chuckle.

Mile 14, Lehigh Valley. Coming out of the streets of Bethlehem, the shady, forested towpath between the canal and the river begins. This is a jogger's paradise.

Mile 15, Disney: Kissed Mary Poppins. I know what you're thinking, but she was the real one, I am sure of it.

Mile 15, NYC. One big old climb up the iconic iron 59th Street Bridge.

Mile 16, NYC. An accelerating descent down the other side of the bridge to an ocean roar of cheers from the waves of spectators below.



April, 2005: Big Sur, ~ mi 10

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

Miles 17-20, Baltimore: four miles of uphill. After three events, I decide that's enough of that. But running by Fort McHenry was pretty special.

Miles 19-23, Yakima: four miles of uphill. After seven events, I'm going back for more. The Canyon is beautiful, and the Dolphins' enthusiasm is not to be missed.

Mile 21 and The Joys of having a real friend, NYC. So Diana Robinson asked for a deal: she wished to run New York City, so if I would accompany her through the city's formidable logistics, she would run alongside Reverend Pokey feet through the five boroughs. And so it was, except Pokey feet lowed to Walking feet about five miles shy of a happy meal. Thus, as we moved into the Bronx's mile 21, an urban-jungle neighborhood quite ying to most of northwestern Washington's yang, with rhythms of boom-boxes filling the air, Diana turned Tinkerbell, spinning her way into a Happy Dance on the mean streets there. Aye, ladies, Martin Luther King, Jr. and Adam Clayton Powell Avenues have never seen the like.

Mile 22, Disney, on a hot day. Early in my marathon career, I didn't run Disney with either money nor energy foods stuffed in waistbands not yet owned. Mid MGM studios, I entered a cafeteria to beg for a Coke. The young clerk deflected the request to a manager, who was trained in Disney happy talk. Staring at my racing number, he asked the inevitable, "Are you running in the marathon? Wow, I could never do that! Sure, you can have a coke!" and poured me thee largest bucket of ice-cold Coca-Cola in all the kingdom. Delicious? Flat-out necessary.

Mile 24, NYC. As I'm limping in the last 2 miles on a buckling knee, a 6-foot-tall, impeccably dressed, silver-haired East Side gentleman leaned over the Central Park curb, stared me in the eyes, and firmly stated: "Good work." That one so obviously familiar with success, would judge me at that moment a success,

Mile 26.1, Marine Corps Marathon: one last Hill to run; The Monument to admire; Arlington National to remember; and a medal from the Marines. Wow.

Prez, after we run enough marathons, the parallels with life work out in both directions. At the start, we have unlimited dreams, possibilities and potential. The early miles set the pattern and parameters. Half way through, we adjust our pace. Two-thirds through, some dreams might be dashed, yet others may yet be achieved if we keep head aloft, and press on. The race isn't over, and we strive on, hoping to be as gracious to others as they have been to us.

With well-lived miles behind us, we will finish among friends, friends we cheer for, friends who cheer for us. We are grateful together, for we are able as well as we can, to eat and thirst, to run and live, to reach and finish, satisfied.

The marathon and life: they are quite alike, quite alike indeed.

Luvya,

Rev

dgkienz@yahoo.com



Rick Korecki, Diana Robinson, SR Lopez