



MARATHON MANIACS

JULY 2016 NEWSLETTER

Volume 13, Number 7

NEWSLETTER CONTENTS

Cook Park Marathon	2
Half Fanatics	3
Stars and Stripes Marathon	4
Marathon Maniacs Book	5
Foot Traffic Flat Marathon	6-7
Mini-Maniacs	7
Missoula Marathon	8-9
Social Networking	9
Double Agents	11-12
San Francisco Marathon	13
2016 Reunion	14
Promotions	15
Calendar	16
New Maniacs	17
Note from the Editor	18
Discounts	19
Rhetorical Revelations from "The Rev"	20-21





COOK PARK MARATHON

TIGARD, OREGON



Monte



Dean



Kimberlee and Atheana



Kristy



Susie



HALF FANATICS

Marathon Maniacs running half marathons...
YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 14,000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com



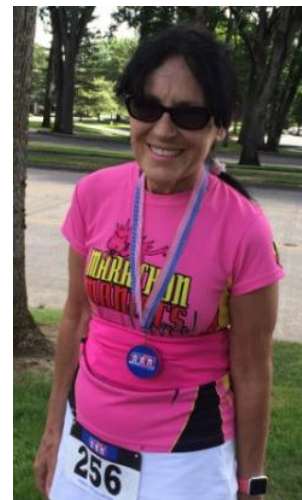


Stars & Stripes Marathon

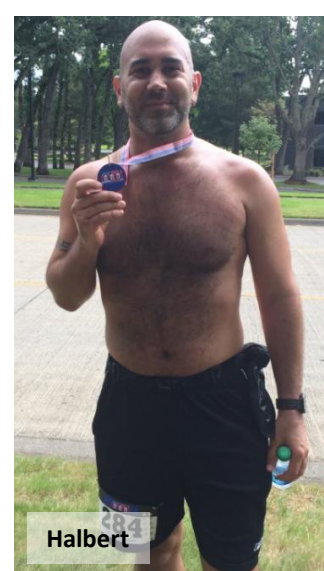
BEAVERTON, OREGON



Julia



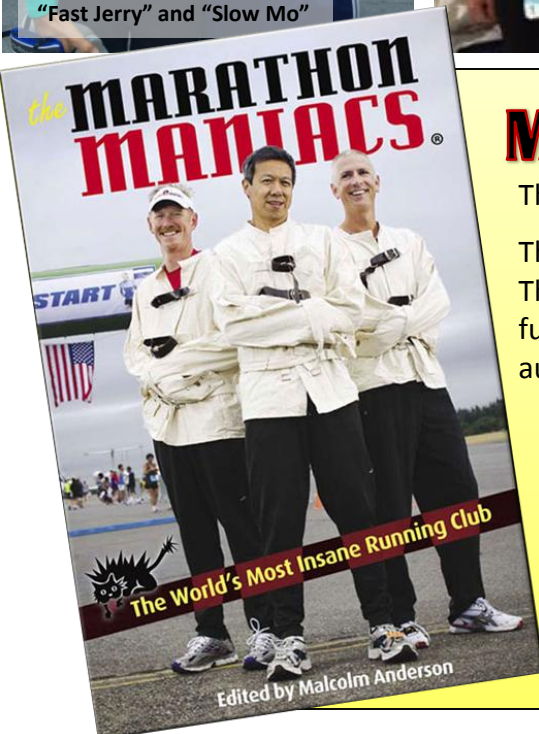
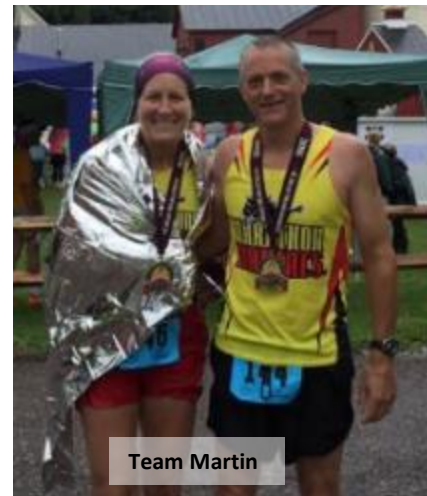
Jim



Halbert



Ed runs 135 miles at Badwater and proceeds to fall asleep in a camping chair. You deserve it, well done!



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



FOOT TRAFFIC FLAT MARATHON

PORTLAND, OREGON



Cyndie and Larry



Carol



Spencer



Melissa



Gregg





Monte



Laura



Jim



Kevin, Steve and Gregg

mini-MARATHON MANIACS®

Get your child moving! An 8 week running program with fun and challenging running activities. After you sign your child up you will receive the following.

1. Tri-Fold brochure map to track your child's fitness journey.
2. Access to an interactive online map to track miles.
3. Sublimated Mini Maniac kids tech tee.
4. Mini Maniac Finisher Medal.
5. Mini Maniac official club number inside The Cave.

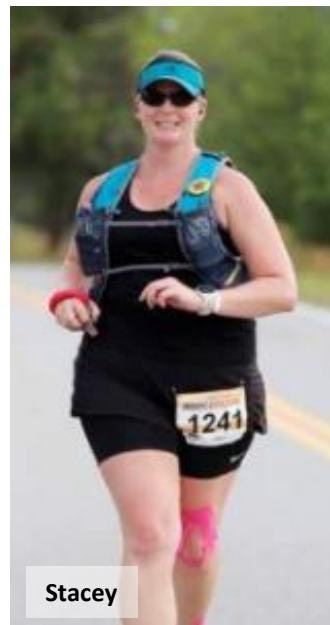
<http://www.marathonmaniacs.com/mini-maniacs>





Missoula Marathon

MISSOULA, MONTANA



Missy

Cade

Stacey

Julia



Cathy and Vickey



Heather

@sup_yogigirl

tag us on Instagram @marathonmaniacs and was chosen as this month's prize winner!



IF YOU #marathonmaniacs WITH A PHOTO OF YOU AND YOUR FAVORITE MANIAC GEAR ON INSTAGRAM THEN YOU MAY WIN A PRIZE!

JOIN THE MANIACS ON THESE SOCIAL NETWORKS



FACEBOOK:

Marathon Maniac page:

<http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group:

<http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

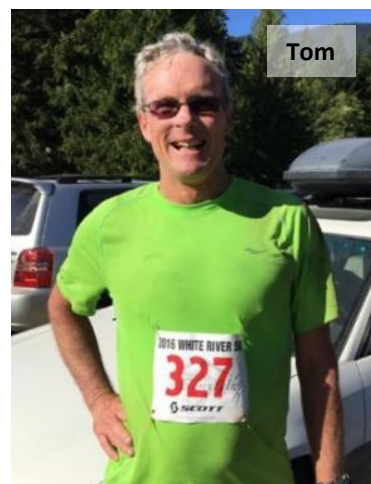
Across all social networks use the hash tag:

#marathonmaniacs



WHITE RIVER 50

CRYSTAL MOUNTAIN, WASHINGTON



DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

Well, the Main Maniacs have decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

For more information visit the Maniacs web site.



Fay



Atheana, Jessika, Gregg



Kimberlee



Two Double Agents and a Fanatic



DOUBLE AGENTS

NEW DOUBLE AGENTS IN JULY:

Dona Duque (#2535)
 Tracy Strub (#2536)
 Ernie Pampo (#2537)
 Rick Ruhland (#2538)
 Evette Almanza (#2539)
 Franz Kolb (#2540)
 Gregg LeBlanc (#2541)
 Louisa Cole (#2542)

Jeffrey Dorko (#2544)
 Diana Hughes (#2545)
 Vivian Lee (#2546)
 Shaun Dulay (#2547)
 Jonathan Supraner (#2548)
 Wendy W (#2549)
 Brigitte Nickles (#2550)



Kate and CJ



Tim



Gary, Gary and Steve





Houston



Seth



Mike



Paula and Tony

San Francisco Marathon

SAN FRANCISCO, CALIFORNIA



Jon



Fran



Amanda



Jim and Ken



Louis



Claire



Laura



Reed



Amy



MARATHON MANIACS 2016 REUNION

DES MOINES MARATHON • Des Moines, Iowa • Sunday, October 16, 2016

This reunion promises to be our best ever! We are working hard to coordinate all the fun details, so stay tuned to this page as more info becomes available.

This reunion will offer a double (if you're up to the challenge), by running the I-35 Challenge. This will consist of running Kansas City the day before!

More information and updates can be found here:

<http://www.marathonmaniacs.com/reunion-info>



MARATHON MANIACS CRITERIA

New Maniacs at each level

★★★★★ TITANIUM ★★★★★

- 52 Marathons or more within 365 days.
- 30 Marathons in 30 different US states within 365 days.
- 20 Countries within 365 days.

None

★★★★★ PLATINUM ★★★★★

- 45 - 51 Marathons within 365 days.
- 23 Marathons in 23 different US states within 365 days.
- 28 Marathons within 183 days.

None

★★★★★ PALLADIUM ★★★★★

- 38 - 44 Marathons within 365 days.
- 20 Marathons in 20 different US states within 365 days
- 13 Marathons within 79 days.

Simon Thompson

★★★★ OSMIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

None

★★★★ RUTHENIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

Revi Fayola Sitompul, Ben Walters

★★★★ IRIDIUM ★★★★★

- 4 Marathons in 23 days.
- 19 - 25 Marathons within 365 days.
- 2 Marathons in 2 days (or 48 hours)
- 9 Marathons in 9 different US states within 365 days.

None

★★★ GOLD ★

- 4 Marathons within 37 days.
- 12 - 18 Marathons within 365 days.
- 4 Marathons in 4 different US states within 51 days

None

★ SILVER ★

- 3 Marathons within a 16 day time frame.
- 6 Marathons in 6 consecutive calendar months.
- 8 - 11 Marathons within 365 days.

None

BRONZE ★

- 2 Marathons within a 16 day time frame.
- 3 Marathons within a 90 day time frame.

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

Upcoming Races!

Marathon/Ultra Calendar between August 25-September 18

8/25	The Sri Chinmoy Marathon	26.2	NY	9/10	Marathon du Medoc	26.2	OTH
8/26	Ultra-Trail du Mont-Blanc	100mi		9/10	Pine Creek Challenge 100m/100k	Ultra	PA
8/26	Courmayeur Champex Chamonix	Ultra	AO	9/10	Franklin Mountains Trail Run	50K	TX
8/27	Bulldog 50K	50K	CA	9/10	Revel Big Cottonwood	26.2	UT
8/27	Mesa Falls Marathon	26.2	ID	9/10	Lake Chelan Shore To Shore	26.2	WA
8/27	Nebraska State Fair Marathon	26.2	NE	9/10	Minocqua No Frills Marathon	26.2	WI
8/27	Kangaroo Island Marathon	26.2	SA	9/10	Apple Dumpling	26.2	WI
8/27	Lean Horse Ultras	Ultra	SD	9/11	SEB Tallinna Maraton	26.2	
8/27	Erfurt Marathon 3	26.2	TH	9/11	Maraton de las Flores Medellin	26.2	ANT
8/27	East Canyon Marathon	26.2	UT	9/11	Schorfheide Lauf	26.2	BB
8/28	Hokkaido Marathon	26.2		9/11	Ventura Marathon	26.2	CA
8/28	Da Nang International Marathon	26.2		9/11	Hub City Marathon	26.2	IN
8/28	Bali Marathon	26.2	BA	9/11	Patriots Run	26.2	KS
8/28	Santa Rosa Marathon	26.2	CA	9/11	Holland Haven Marathon	26.2	MI
8/28	Maraton Ciudad de Mexico	26.2	MEX	9/11	Bozeman Marathon	26.2	MT
8/28	Marathon SSQ Levis-Quebec	26.2	QC	9/11	Wroclaw Marathon	26.2	MZ
8/28	Shepparton Running Festival	26.2	VIC	9/11	I Run For ...	26.2	NY
8/28	Perth City to Surf	26.2	WA	9/11	Lehigh Valley Marathon	26.2	PA
8/29	Green Lakes Endurance Runs	Ultra	NY	9/11	Erie Marathon	26.2	PA
8/30	Burning Man 50K	50K	NV	9/11	Sioux Falls Marathon	26.2	SD
9/1	A Race for the Ages	Ultra	TN	9/11	Queen City Marathon	26.2	SK
9/3	Hideaway Trail Run	50K	CO	9/11	Stanky Creek 50K/Marathon	26.2	TN
9/3	Pocatello Marathon	26.2	ID	9/11	Danske Bank Vilnius Marathon	26.2	VL
9/3	Black Hugin Challenge	Ultra	KEN	9/11	Skagit Flats	26.2	WA
9/3	The Last Man Standing Ultramarathon	50K	ME	9/11	Ironman Wisconsin	26.2	WI
9/3	Marquette Marathon	26.2	MI	9/12	Sedona Marathon	26.2	AZ
9/3	Nebo Marathon	26.2	UT	9/12	Center of the Nation	26.2	MT
9/3	Layton Marathon	26.2	UT	9/13	Day 2 of the Center of the Nation Series	26.2	ND
9/3	Surf Coast Century	100K	VIC	9/14	Day 3 of the Center of the Nation Series	26.2	SD
9/3	Volcanic 50K	50K	WA	9/15	Day 4 of the Center of the Nation Series	26.2	WY
9/3	Centennial Trail Run	Ultra	WA	9/16	Kodiak 100m/50m/50k	100mi	CA
9/3	Badgerland Strider 24/12/6 hour	Ultra	WI	9/16	Day 5 of the Center of the Nation Series	26.2	NE
9/3	Jackson Hole Marathon	26.2	WY	9/17	Oslo Marathon	26.2	
9/4	Kota Kinabalu City Int Marathon	26.2		9/17	Equinox Marathon, Relay & Ultra	26.2	AK
9/4	Fränkische Schweiz Marathon	26.2	BY	9/17	Noble Canyon 50k	50K	CA
9/4	Loveland Marathon	26.2	CO	9/17	Day 6 of the Center of the Nation Series	26.2	CO
9/4	The Kauai Marathon	26.2	HI	9/17	Run Rabbit Run 100/50	Ultra	CO
9/4	Bromo Marathon	26.2	JI	9/17	Breckenridge Road Marathon	26.2	CO
9/4	Fenton Flatlanders	Ultra	MO	9/17	IMTUF 100	100mi	ID
9/4	Tupelo Marathon	26.2	MS	9/17	Krolls Diner Bismark	26.2	ND
9/4	Run the Rut 50k	50K	MT	9/17	Maritime Marathon	26.2	NS
9/4	Sunriver Marathon	26.2	OR	9/17	Midnight Madness Marathon	26.2	OH
9/4	Saarschleife Marathon	26.2	SL	9/17	Air Force Marathon	26.2	OH
9/4	Ross Marathon	26.2	TAS	9/17	North Coast 24 Hour End Run (NC24)	Ultra	OH
9/4	Lake Michigan Marathon	26.2	WI	9/17	That Dam Hill	26.2	ON
9/5	American Discovery Trail Marathon	26.2	CO	9/17	Boulder Field (100M/100k/50k)	50K	PA
9/5	Heart of America Marathon	26.2	MO	9/17	The Barkley Fall Classic	50K	TN
9/9	Tahoe 200	Ultra	CA	9/17	Rough Creek Trail Run (40M)	Ultra	TX
9/9	Run Woodstock	100mi	MI	9/17	Huntsville Marathon	26.2	UT
9/10	Headlands Hundred	100mi	CA	9/17	Top of Utah Marathon	26.2	UT
9/10	Abebe Bikila Day Int Peace Marathon	26.2	DC	9/17	Goat Run-Great Olympic Adv Trail	26.2	WA
9/10	Wabash Trace Trail Marathon	26.2	IA	9/17	Bremerton Marathon	26.2	WA
9/10	Salmon Marathon	26.2	ID	9/17	The Blerch Marathon	26.2	WA
9/10	Evergreen Green Lake Ultras	Ultra	IL	9/17	The North Face End Challenge – Wisc	50K	WI
9/10	Last Chance BQ 26.2 IL	26.2	IL	9/18	Wachau Marathon	26.2	
9/10	Hawk Hundred	26.2	KS	9/18	Half Moon Bay Int Marathon	26.2	CA
9/10	Last Chance BQ Marathon Grand Rapids	26.2	MI	9/18	Maui Marathon	26.2	HI
9/10	Dick Beardsley Marathon	26.2	MN	9/18	Fox Valley Marathon	26.2	IL
9/10	Superior 100/50/Marathon Races	50mi	MN	9/18	Honest Abe Trail Marathon	26.2	IN
9/10	McKenzie River Trail Run	50K	OR	9/18	Caribou Marathon	26.2	ME
9/10	Jungfrau Marathon	26.2	OTH	9/18	Capital City River Run	26.2	MI

New Maniacs in July 2016

Jonathan Supraner (#13035)
Carl St-Jacques (#13036)
David Olsen (#13037)
Jess Moore (#13038)
Gregg LeBlanc (#13039)
Sheryl Schlueter (#13040)
Alli Garrison (#13041)
Kaleb Taylor (#13042)
Sean Dodge (#13043)
Jerry Tillock (#13044)
Emily Bucago (#13045)
Timothy Vogel (#13046)
Wendy W (#13047)

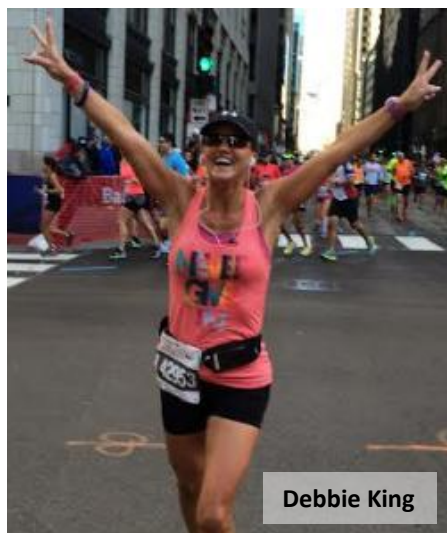
Sherri Leatherman (#13048)
Lisa Brown (#13049)
Vivian Lee (#13050)
Dona Duque (#13051)
Lisa Florey (#13052)
James Grau (#13053)
Sandy Thomas (#13054)
John Lindblom (#13055)
Amy Johnson (#13056)
April Barnum (#13057)
Max Fulton (#13058)
Shaun Dulay (#13059)
Adam Jones (#13060)

Manny Cuenco (#13061)
Debbie King (#13062)
Andrew Bowes (#13063)
Eric Lunsford (#13065)
Taya Zeig (#13066)
Lorraine Lawson (#13067)
Kaitlyn Tafaro (#13068)
Louisa Cole (#13069)
James Harris (#13070)
Gina Grimm (#13071)
John Mountain (#13072)
Megan McManus (#13073)

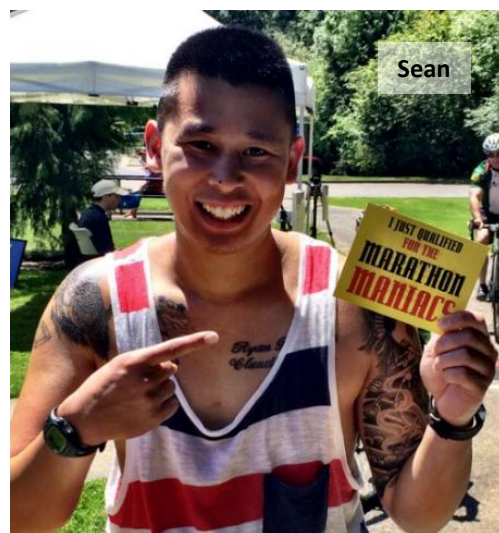
NEW MANIACS



Dona Duque



Debbie King



Sean



Sherri



Manny



Gregg





Larry



Glena and Karen



Kate



Steve Walters and Kate Stocker

FROM THE EDITOR...

Summer is in full swing that means marathons are harder to find, but Maniacs still find a way to run them. Many of you are in hibernation and to those we wish your spouses good luck as they have to deal with an antsy runner.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



With the new website comes a new way to identify race discounts. All discounts are now located on the race calendar page. Look for the gold coin following the race name, that signifies a discount. Click the coin and after a brief disclaimer reminding us that discounts are for members only, the code will be revealed along with the amount saved.

The programmers are working on lots of website items and one is a non-race related discount link. Until that's complete, you'll need to email Jeff Bollman (jeff@marathonmaniacs.com) for the running warehouse discount.

- Lehigh Valley Marathon (PA) 9/11/16: www.viamarathon.org
- Queen City Marathon (Saskatchewan) 9/11/16: www.runqcm.com
- That Dam Hill (ON) 9/17/16: <http://thatdamhill.ca/home/>
- Greater Binghamton Marathon (NY) 9/18/16: <http://GreaterBinghamtonMarathon.com>
- HITS Omaha Marathon (NE) 9/18/16: <http://omahamarathon.com>
- Tunnel Light Marathon (WA) 9/18/16: <http://www.littlemarathon.com/LittleMarathon/TunnelLite/default.asp>
- Monument Marathon (NE) 9/24/16: www.monumentmarathon.com
- Wild Hog Marathon (ND) 9/24/16: www.gfmarathon.com
- Quad Cities Marathon (IL) 9/25/16: <http://qcmarathon.org/>
- New Hampshire Marathon 10/1/16: www.nhmarathon.com
- Hartford Marathon (RI) 10/8/16: www.hartfordmarathon.com
- Crazy Horse Marathon (SD) 10/9/16: www.RunCrazyHorse.com
- Mohawk Hudson River Marathon (NY) 10/9/16: www.mohawkhudsonmarathon.com
- Baltimore Marathon 10/15/16: www.thebaltimoremarathon.com
- Kansas City Marathon (MO) 10/15/16: <http://waddellandreedkansascitymarathon.org>
- Des Moines Marathon [MANIAC REUNION!!] 10/16/16: www.desmoinesmarathon.com
- Grand Rapids Marathon 10/23/16: <http://grandrapidsmarathon.com/>
- Naperville Marathon (IL) 10/23/16: <http://RunNaperville.com>
- Ocean State Marathon (RI) 10/30/16: www.runri.us/narragansett-race-info
- Lake Michigan Marathon 9/4/16: <http://lakemichiganmarathon.com/>
- Milwaukee Running Festival (WI) 11/6/16: www.milwaukeeerunningfestival.com
- Raleigh City of Oaks Marathon (NC) 11/6/16: www.cityofoaksmarathon.com
- Gobbler Grind Marathon (KS) 11/13/16: <http://gobblergrindmarathon.com>
- **Magnolia Marathon (MS) 11/19/16: www.magnoliamarathon.com
- Space Coast Marathon (FL) 11/27/16: www.spacecoastmarathon.com
- Rehoboth Beach Marathon (DE) 12/3/16: www.rbmarathon.com
- First Day of Winter 50K/Marathon (OH) 12/18/16: <https://ultrasignup.com/register.aspx?did=37184>
- First Light Marathon (AL) 1/8/17: www.firstlightmarathon.com
- Tallahassee Marathon 2/5/17: www.tallahasseemarathon.com
- Mississippi River Marathon 2/11/17: <https://msrivermarathon.racesonline.com>
- **Rock the Comet Marathon (GA) 2/25/17: www.rockthecometmarathon.com
- Raccoon Mountain Marathon (TN) 3/18/17: <https://runchattanooga.org/rmm/>
- **Wrightsville Beach Marathon (NC) 3/25/17: www.wrightsvillebeachmarathon.com



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

Hiya Prez,

July swinging into August is a WEIRD time, Prez. I'm still enjoying summer, but my mind starts gearing up for autumn.

"Aaaack! Let me enjoy the summer! No, it's too hot! But here comes the fall, and a slew of races! But, wow, it's hot out for training runs, and work will be getting busier again, and... HEY! Let me enjoy the summer! ..." and on and on the mind of the Maniac spins.



Sheesh I wish it would slow down a little bit. Relaxing isn't always as easy as it sounds. Ohhh, going out for a run, or even a walk, (or a bit of golf, Prez!) helps. And then, restored, some cool plans, some more cool plans, then more, and then more challenges, and WHAMMO isn't there a 2,620-mile race Van Phan is organizing soon I gotta prepare for??!??

(Hats off to you 200-miler people. I think. Or perhaps you'd just prefer a cup of tea and an aspirin. I don't know, and, sigh, never will. Brother, Sister, Papa, Mama, 200 miles is a long way.)

And so the maniacal mental merry-go-round revs up! Which can be a good thing, mostly. Except I KNOW you people, because I are one, and our *minds* race too. Sometimes A Lot. Ever listened to yourself talk at times? Hoo boy. Do you ever find yourself -- aw, just maybe -- getting a bit too intense? It is a *Maniacs* club, you are allowed. Maybe a few of us share more than just a sport-hobby.

Oh my mymy, now don't go misunderstanding me, Mr. Prez of the Marathon **Maniacs**. It's just a fun name, I know! We go for a run, and then another, and then another and another and another-nother, and they get longer and longer and longer-longer until our bodies say "Wow Gee Willikers, 20 miles is quite enough!", but we tack on another 6 miles anyway, pain or not, and then another .2 because of some dumb decision by some old English queen.

"God save the queen" my foot!

(This line is entirely uncalled for, Kienz.)

Yes, we do 26.2. And it is immensely rewarding and satisfying, and I do love it.

Then we count how many times in our lives we did that, and then how many times this year, then this month, then this weekend, and next thing you know? Shoeboxes overflowing with medals! And, yes!, THAT is fun too.

But flip through the rest of the maniacal mind's busy crowdedness. Do we find our deepest peace in there, or does it get a little noisy sometimes? If we link only medals and monuments to our definition of self, peacefulness might not last for long. Proof? Newly crowned professional and Olympic champions get immediately asked by the press: "Will you try to win again next year, or in Tokyo in 2020?"

"Wow, thanks for sharing the joy of the moment, huh? Shall I go start practicing again right now, or may I wait until after the interview is over?"

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

Our athletic lives aside, think one step further: where are the lasting sources of our peace and satisfaction born, and how do they live? Such peaceful places, ahh, how they can quiet the mind! These thoughtfully peaceful places - even from favorite runs - we can link to our deepest goals in life, inside our busy minds' world.

Where the miles are quieter miles ... a creek here ... a lake there ... some woods perhaps ... peaceful breezes on the paths ... a deep blue sky ... a cool mist ... a couple of squirrels ... such quiet places are good. Calming, too, when the head goes quiet, by linking the bird chirping, or the whisper of leaves in the trees, to slow down all that busy-ness. Call on what is so pretty, so pleasant, so comforting, and good.



*"He makes me lie down in green pastures,
He leads me besides the still waters,
He restores my soul. " Psalm 23.*

There is a short, sweet list of nine words, written long ago in Greek, that describe what being around the spirit of God is like. It starts with three: love, joy, and peace. (There's six more words too, like patience and kindness, but three for now is good.)

Sure, busy maniacs love!: families, friends, activities, and fun. Substantial joy comes through.

But sometimes when life is speeding up, calming down is refreshing, for the heart, the mind, and even our rotating legs. Pitter patter, left right, whisper of the trees.

Marathon running in peacefulness. So much there, behind the medals and monuments, eh?

Luvya,
Rev

dgkienz@yahoo.com