

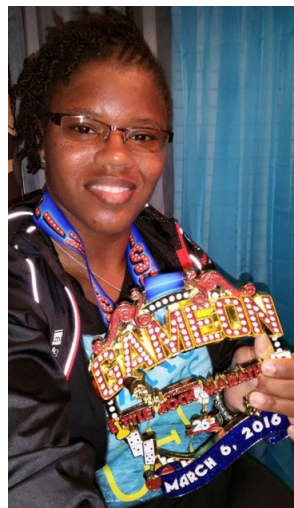
NEWSLETTER CONTENTS

Little Rock Marathon	2
Half Fanatics	3
DuPont City Marathon	4
Marathon Maniacs Book	5
Rock N Roll DC Marathon	6
Marathon Maniac Pacing Team	7
The Woodlands Marathon	8
Mini-Maniacs	9
Social Networking	10
Bataan Death March	11
Double Agents	12-13
Pacific Rim One Day Run	14-15
2016 Reunion	15
RIP Eric Kass	16
Promotions	17
Calendar	18
New Maniacs	19-21
Note from the Editor	22
Discounts	23
Rhetorical Revelations from "The Rev"	24-25





Chris



Sam

Little Rock Marathon

LITTLE ROCK, ARKANSAS





Alexis and Barco



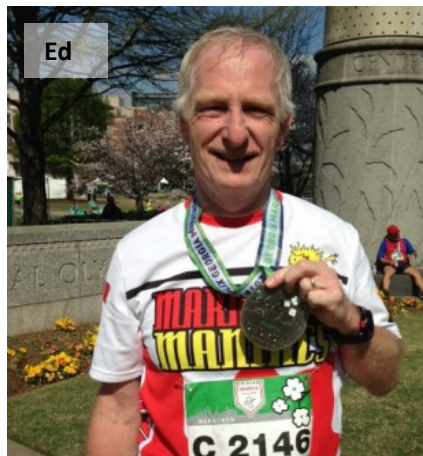
Charlotte



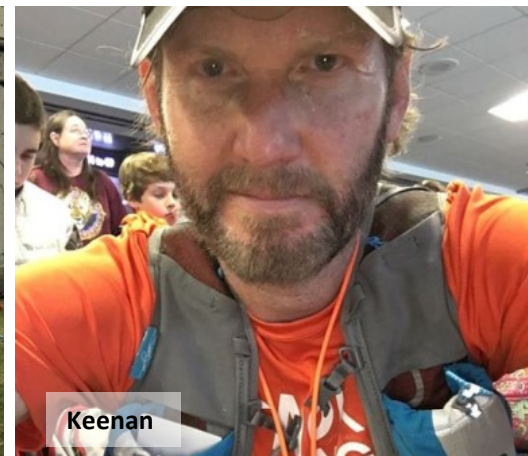
Alison



Jim



Ed



Keenan

HALF FANATICS

Marathon Maniacs running half marathons...
YES, it's true!

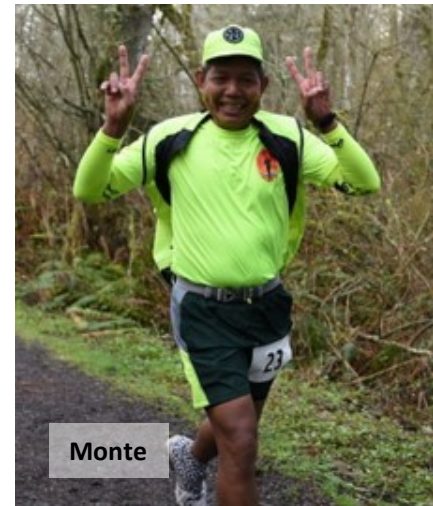
Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 14,000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com





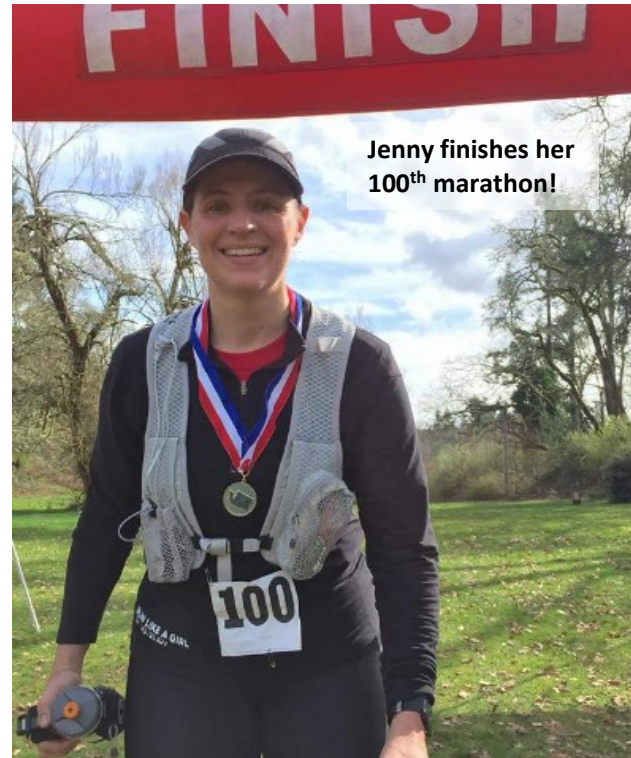
Betsy and Leslie



Monte

DuPont City Trail Marathon

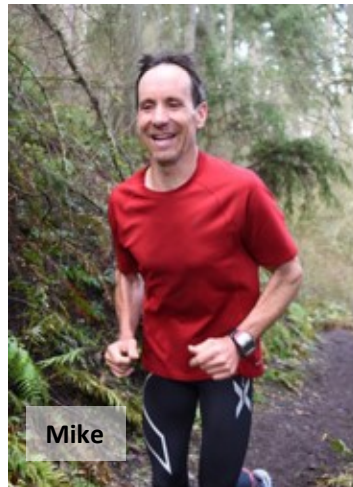
DuPONT, WASHINGTON



Jenny finishes her 100th marathon!



Rikki



Mike



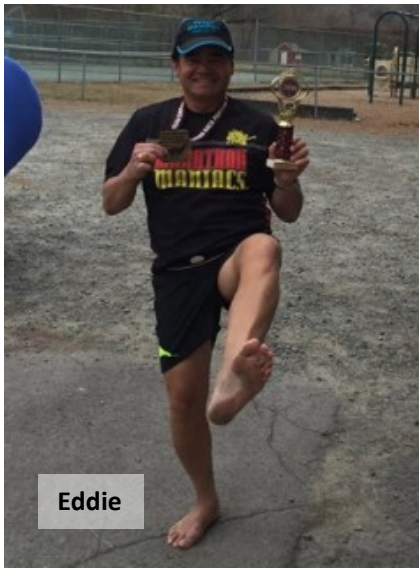
Pedro



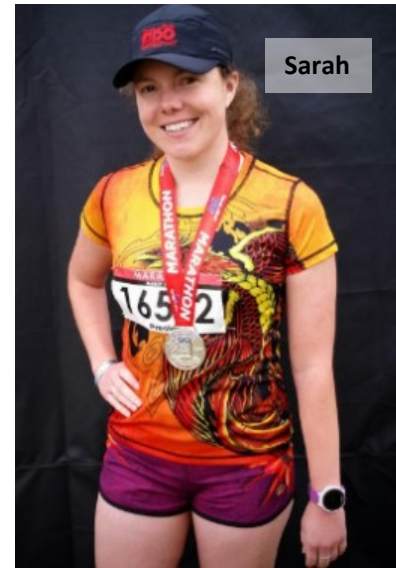
RD John



Janice and Jim



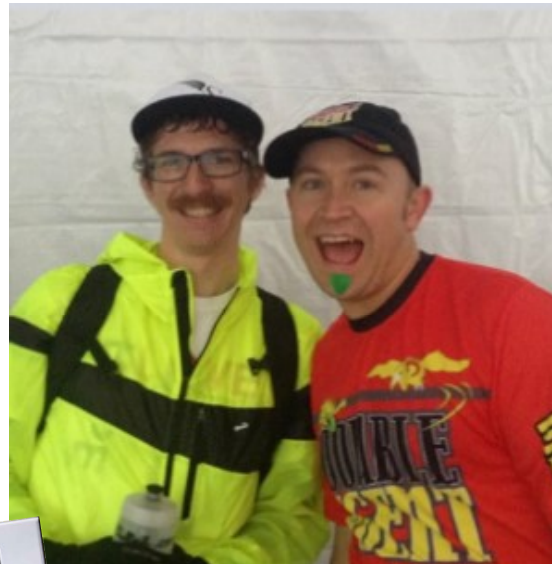
Eddie



Sarah



Lin-Duh



Harvey



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

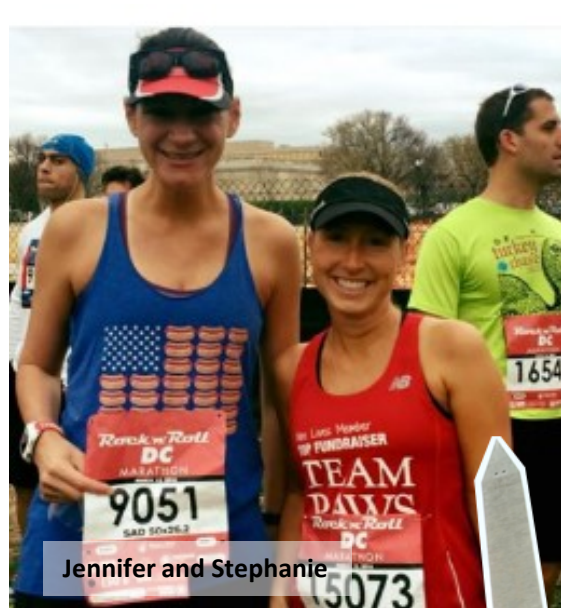
<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



Hector



Pascal



Jennifer and Stephanie

Rock N Roll DC WASHINGTON, DC

Marathon



Jody



Todd



Cade



MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit:

<http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)



the WOODLANDS MARATHON

THE WOODLANDS, TEXAS





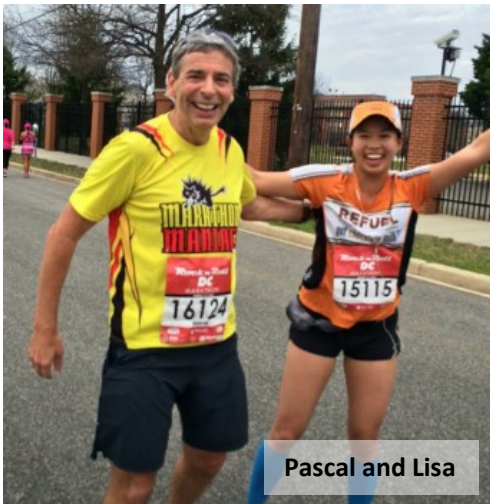
Brad



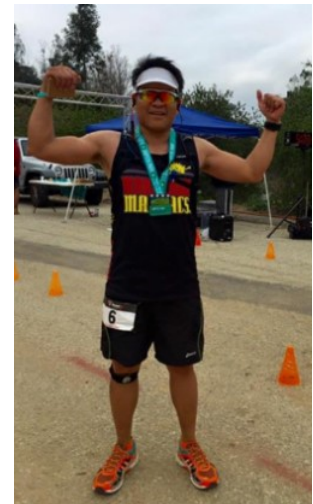
Elizabeth



Bob



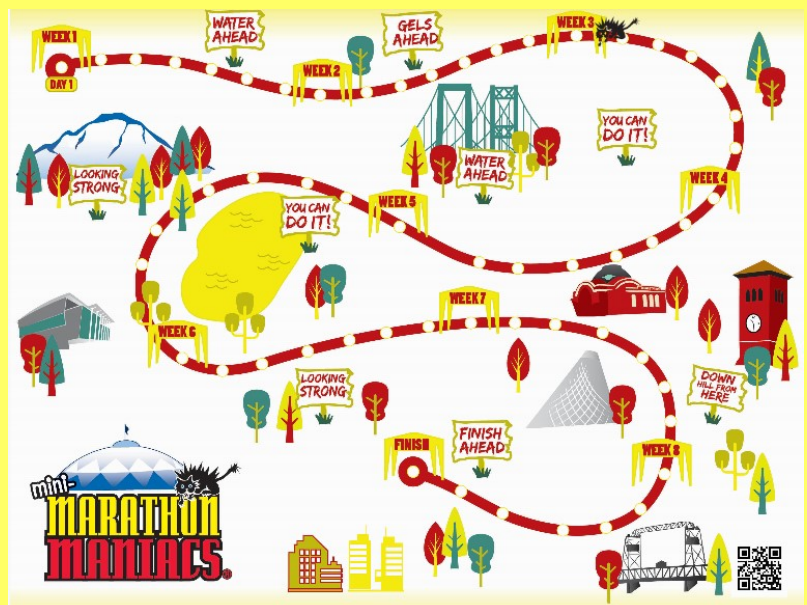
Pascal and Lisa



mini-MARATHON MANIACS®

Get your child moving! An 8 week running program with fun and challenging running activities. After you sign your child up you will receive the following.

1. Tri-Fold brochure map to track your child's fitness journey.
2. Access to an interactive online map to track miles.
3. Sublimated Mini Maniac kids tech tee.
4. Mini Maniac Finisher Medal.
5. Mini Maniac official club number inside The Cave.



<http://www.marathonmaniacs.com/mini-maniacs>



JOIN THE MANIACS ON THESE SOCIAL NETWORKS



FACEBOOK:

Marathon Maniac page:

<http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group:

<http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

Across all social networks use the hash tag:

#marathonmaniacs

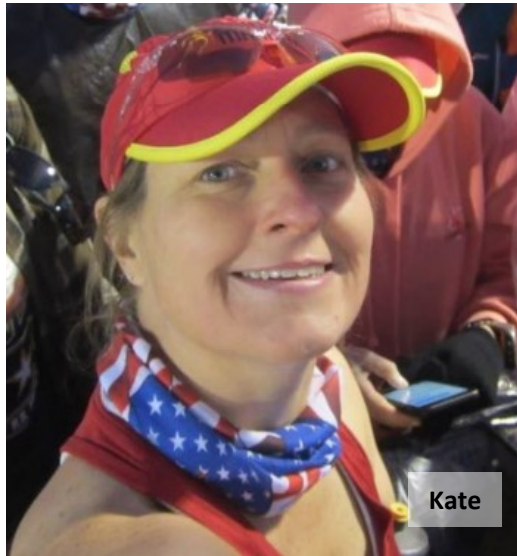


BATAAN DEATH MARCH

WHITE SANDS, NEW MEXICO



Kennan and Stacey



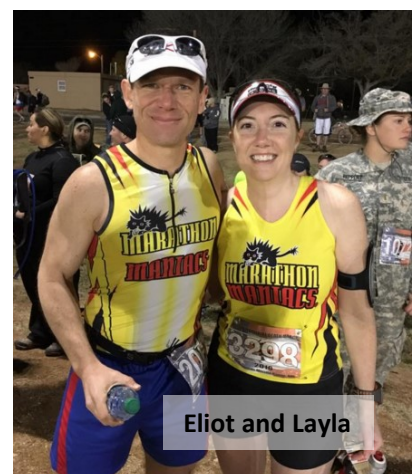
Kate



Amy



Greg and Amy



Eliot and Layla

DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

Well, the Main Maniacs have decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

For more information visit the Maniacs web site.



Candy and Steven



Adam



Tanya



DOUBLE AGENTS

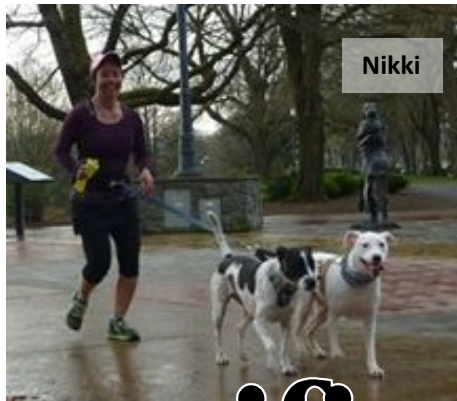
NEW DOUBLE AGENTS IN MARCH:

eugene kitagawa (#2214)
 Sonia Dhodapkar (#2215)
 Heather Latham (#2216)
 Angie "Running Girl" Hamann (#2217)
 Jason Bangos (#2218)
 Danica Pruitt (#2219)
 Dea McFarland (#2220)
 Batinna Thornhill (#2221)
 Monique Warren (#2222)
 Connie Adams (#2223)
 Jennifer Anderson (#2225)
 Niccole Carr (#2226)
 Kim (#2227)
 LAFAYE W. (#2228)
 Jeremy Interrante (#2229)
 Quanda Moss (#2230)
 Dawn A. Marshall (#2231)
 Timothy W. Smith (#2232)
 Vincent Robinson (#2233)
 Ronké Olatunji (#2234)
 kescia muhammad (#2235)
 Erika White (#2236)
 Brittany Blanks-Jefferson (#2237)
 Cathy Jarrett (#2238)
 Patty Treece (#2239)
 James Kearby (#2240)
 Tonia Easterling (#2241)
 Totlitha Tatum (#2242)
 Tracy Miller (#2243)
 Gary Collina (#2244)
 Markatta Hicklen (#2245)
 Tanya Garcia (#2246)
 Sharon Shaw (#2247)
 Angel Whitfield (#2248)
 Kai Majors (#2249)
 Katrina Williams (#2250)
 Chan Robertson (#2251)
 Jana Graham (#2252)
 sharmin moody (#2253)
 Geri O'Krepki (#2254)
 Jennifer Hassler (#2255)
 Wendy Macias Hall (#2256)
 Tracey Rouse (#2257)
 Jennifer Cohen (#2258)

Barbara Blackford (#2259)
 Debi Surrent (#2260)
 Natali Villarruel (#2261)
 Stephane Cole (#2262)
 Justin McKee (#12287) (#2263)
 Heidi McKee (#2264)
 Rob Wesley (#2265)
 Kenny Lane (#2266)
 Jenny Spangler (#2267)
 Byanka Meacham (#2268)
 Daniel Dollar (#2269)
 Melissa Welch (#2270)
 Jerome Ventura (#2271)
 Tammy Toliver (#2272)
 Trina Brown (#2273)
 Charissa Peterman (#2274)
 Lori Everts (#2275)
 Chuck Harvey (#2276)
 Lesley Jackson (#2277)
 Anjelica Kaylor (#2278)
 tara owens (#2279)
 Deirdre Jacobson (#2280)
 Stacey Whitney (#2281)
 Norma Britton (#2282)
 K. millen (#2283)
 Cynthia Robinson (#2284)
 Tiffany Thomas (#2285)
 Karon Holmes (#2286)
 Maribel Neanover (#2287)
 Elaine Mitchell (#2288)
 Tanya Roberts (#2289)
 Calesha Hayes (#2290)
 John Irwin (#2291)
 Patrick Gallagher (#2292)
 Darryl Herren (#2293)
 Kathy Thompson (#2294)
 Marilyn Hannah (#2295)
 Sandee McKinnon (#2296)
 Tommy Dobson (#2297)
 Derrick Kropf (#2298)
 Latoya Harwell (#2299)
 Kenny Kropf (#2300)
 Carol Mulderink (#2301)
 Kristin Ober (#2302)



Terri Slack (#2303)
 Valor FoyJones (#2304)
 Temeisha Bush (#2305)
 Jack Lillard (#2306)
 Saundra Boyer (#2307)
 Meg Ramsey (#2308)
 LEanne Peiser (#2309)
 Merci Moore (#2310)
 Erin Garrett (#2311)
 Cecilia Cervantes (#2312)
 Adela Drobny (#2313)
 Cohen Henry (#2314)
 Montel Melcher (#2315)
 Rodney Owen (#2316)
 Kathy Harrison (#2317)
 Josephine Daggett (#2318)
 Vince Alcouloumre (#2319)
 Mary Beth Lampe (#2320)
 Jennifer Anderson (#2321)
 Robert Delaney (#2322)
 Krista Lewis (#2323)
 Alison Nieporent (#2324)
 Sharon Brady (#2325)
 Jan Murfield (#2326)
 Betsy Readinger (#2327)
 Krissteen Beard (#2328)
 Louisa Thomas (#2329)
 Dreama Graham (#2330)
 latrenda ware (#2331)



Nikki



Ryan and Alex



Frank



Christy

Pacific Rim One Day Run

LONGVIEW, WASHINGTON



Janice



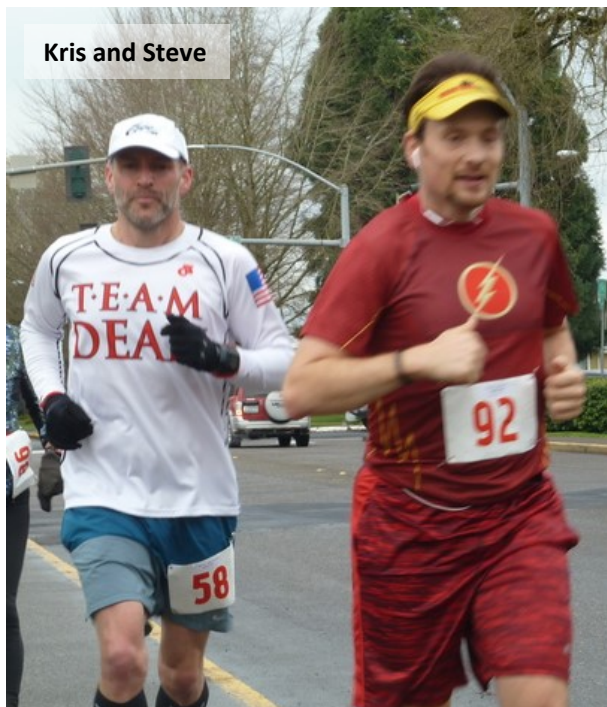
Cyndie



Mary



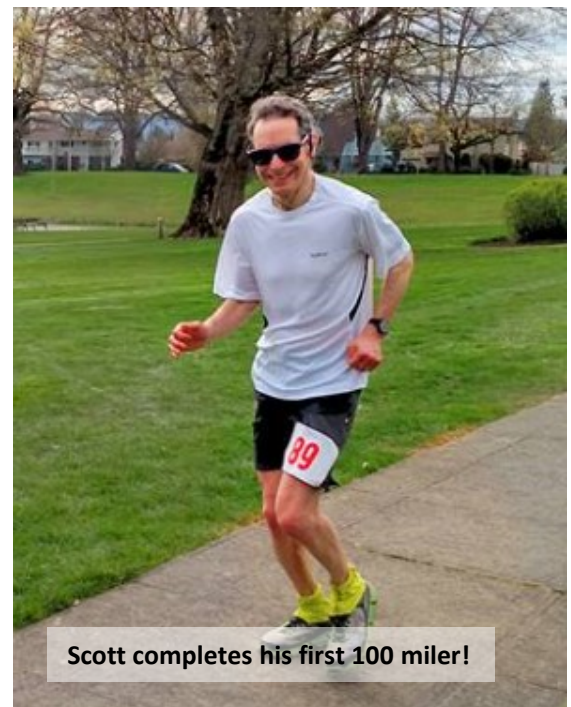
Monte



Kris and Steve



Mark



Scott completes his first 100 miler!



Sarah and Megan



Frank



Athena



Scott



Ryan



Susie and Keith



Mary



MARTAHON MANIACS 2016 REUNION

DES MOINES MARATHON • Des Moines, Iowa • Sunday, October 16, 2016

This reunion promises to be our best ever! We are working hard to coordinate all the fun details, so stay tuned to this page as more info becomes available.

This reunion will offer a double (if you're up to the challenge), by running the I-35 Challenge. This will consist of running Kansas City the day before!

More information and updates can be found here:

<http://www.marathonmaniacs.com/reunion-info>

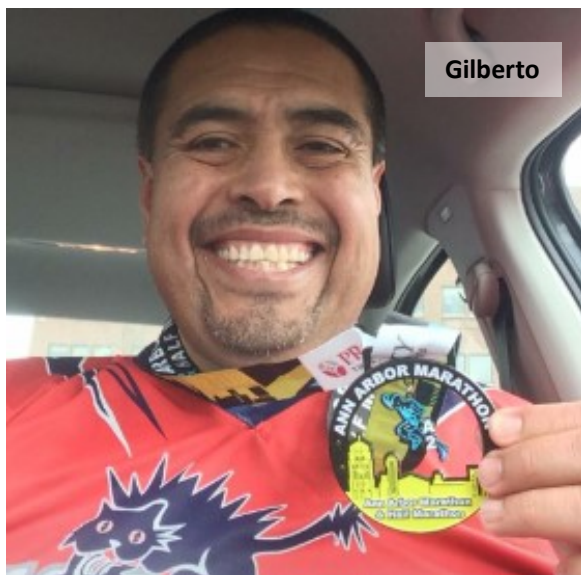


R.I.P. Eric Kass 1970-2016

On March 16 the Maniac family lost a member. Eric Kass (MM#2170) passed away after being in a car accident.

Eric was an accomplished marathoner having run 64 marathons and 4 ultras in all 50 states. He was a fun loving guy that everyone enjoyed being around.

Our prayers go out to his wife and two kids.



Gilberto



Howard



MARATHON MANIACS CRITERIA

New Maniacs at each level

★★★★★ TITANIUM ★★★★★

- 52 Marathons or more within 365 days.
- 30 Marathons in 30 different US states within 365 days.
- 20 Countries within 365 days.

Don Kern, Alex Feria

★★★★★ PLATINUM ★★★★★

- 45 - 51 Marathons within 365 days.
- 23 Marathons in 23 different US states within 365 days.
- 28 Marathons within 183 days.

None

★★★★★ PALLADIUM ★★★★★

- 38 - 44 Marathons within 365 days.
- 20 Marathons in 20 different US states within 365 days
- 13 Marathons within 79 days.

Nadia Guimont

★★★★★ OSMIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

None

★★★★★ RUTHENIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

None

★★★★★ IRIDIUM ★★★★★

- 4 Marathons in 23 days.
- 19 - 25 Marathons within 365 days.
- 2 Marathons in 2 days (or 48 hours)
- 9 Marathons in 9 different US states within 365 days.

Neisa Condemaita, Christopher Hart

★★★★★ GOLD ★★★★★

- 4 Marathons within 37 days.
- 12 - 18 Marathons within 365 days.
- 4 Marathons in 4 different US states within 51 days

None

★★★★★ SILVER ★★★★★

- 3 Marathons within a 16 day time frame.
- 6 Marathons in 6 consecutive calendar months.
- 8 - 11 Marathons within 365 days.

None

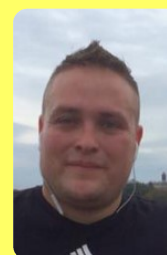
★★★★★ BRONZE ★★★★★

- 2 Marathons within a 16 day time frame.
- 3 Marathons within a 90 day time frame.

New Titanium Maniacs!!



Don Kern



Alex Feria

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form:

<http://tinyurl.com/MMupgrade>

Upcoming Races!

Marathon/Ultra Calendar between April 29-May 18

4/29	Salt Flats 100	100mi	UT	5/7	New River Marathon	26.2	NC
4/30	Greenland Trail Race - 50K	50K	CO	5/7	Hachie 50-Miler, 50K and Marathon	50mi	TX
4/30	Run for the Lakes Marathon	26.2	MN	5/7	Smith Rock Ascent	50K	OR
4/30	Three Sisters Ultra Festival	Ultra	TN	5/7	Strolling Jim 40 miler	Ultra	TN
4/30	C and O Canal	100mi	MD	5/7	Lost Lake 50k & 25k	Ultra	WA
4/30	NWTR - Spring Eagle	26.2	WA	5/7	Mainly Marathons Independence Series (Day 4)	26.2	NJ
4/30	Kentucky Derby Festival Marathon	26.2	KY	5/7	OBX Ultramarathon	50K	NC
4/30	Plym Trail Marathon Day One	26.2	ABE	5/7	Wisconsin Marathon	26.2	WI
4/30	Indiana Trail 100m/50m	Ultra	IN	5/7	Shiprock Marathon	26.2	NM
4/30	Hurt the Dirt Marathon	26.2	MI	5/7	Run for Kids Challenge	Ultra	AL
4/30	Rock N Roll Nashville	26.2	TN	5/8	Mainly Marathons Independence Series (Day 5)	26.2	NY
4/30	Ghost of Tacoma	26.2	WA	5/8	Sudbury Rocks Marathon	26.2	ON
4/30	Illinois Marathon	26.2	IL	5/8	Kalamazoo Marathon	26.2	MI
4/30	North Face Endurance Challenge NY 50m/50k/26.2	Ultra	NY	5/8	Delaware Marathon	26.2	DE
4/30	Red Rock and Beyond	Ultra	NV	5/8	Harmony Geneva Marathon	26.2	GE
4/30	Virginia Run for Cancer 24h	Ultra	VA	5/8	Skopje Marathon	26.2	OTH
4/30	Frisco Railroad Run 50m/50k/26.2	Ultra	MO	5/8	Prague Marathon	26.2	JC
4/30	Texadega Nights Speedway Run	Ultra	TX	5/8	Fredericton Marathon	26.2	NB
4/30	Jailbreak Marathon	26.2	WI	5/12	NJ Trail Series Three Days at the Fair	Ultra	NJ
4/30	The Queens Marathon	26.2	NY	5/13	Born To Run Ultra Marathons	Ultra	CA
5/1	Prairie Fire Marathon (Spring Race)	26.2	KS	5/13	Cruel Jewel (50M + 100M)	50mi	GA
5/1	Palm Bluff Trail Race and Ultra Marathon	50mi	FL	5/14	F50 (50K/50m relay)	Ultra	KY
5/1	Mississauga Marathon	26.2	ON	5/14	10th Tie Dye 32 Miler	50K	OH
5/1	San Luis Obispo Marathon	26.2	CA	5/14	Darkside 8hr	Ultra	GA
5/1	Pony Express Marathon	26.2	CA	5/14	Starved Rock Country Marathon	26.2	IL
5/1	Lincoln Marathon	26.2	NE	5/14	Rhinebeck Hudson Valley	26.2	NY
5/1	Potomac River Run Marathon	26.2	MD	5/14	Ultra-Trail Australia	100K	NSW
5/1	Tillamook Burn trail run	50K	OR	5/14	Quicksilver 100k & 50k	100K	CA
5/1	Flying Pig Marathon	26.2	OH	5/14	Rock On Lake Perry	50K	KS
5/1	Pittsburgh Marathon	26.2	PA	5/14	Cinderella Marathon & 50K Trail Run	26.2	CA
5/1	New Jersey Marathon	26.2	NJ	5/14	Ice Age Trial 50M/50K	Ultra	WI
5/1	Michelob ULTRA Tacoma City Marathon	26.2	WA	5/14	Lake Wobegon Trail Marathon	26.2	MN
5/1	Vancouver Marathon	26.2	BC	5/14	Gold Rush 50k	50K	CA
5/1	Colorado Marathon	26.2	CO	5/14	PCT 50	50mi	CA
5/1	Eugene Marathon	26.2	OR	5/14	Whiskey Row Marathon	26.2	AZ
5/1	Plym Trail Marathon Day Two	26.2	ABE	5/14	Brookings Marathon	26.2	SD
5/1	Toronto Marathon	26.2	ON	5/14	Whispering Pines Trail Run	50K	TX
5/1	Badwater Salton Sea 81m	Ultra	CA	5/14	Singletrack Maniac 50k	50K	VA
5/1	Avenue of Giants	26.2	CA	5/14	Journey's Marathon	26.2	WI
5/1	OC Marathon	26.2	CA	5/14	Thunderbunny 50K	50K	OH
5/1	Long Island Marathon	26.2	NY	5/14	Massanutten Mountain Trails 100 Mile	100mi	VA
5/1	Providence Rhode Races Marathon	26.2	RI	5/14	Chasing Jefferson Davis Marathon	26.2	GA
5/1	Eau Claire Marathon	26.2	WI	5/15	Dirty German Endurance Fest	50mi	PA
5/1	Downtown River Run	26.2	NV	5/15	Beer Lovers Marathon	26.2	WLG
5/1	Backside Trail Marathon	26.2	KY	5/15	Conquer the Wall Marathon on the Great Wall	26.2	11
5/1	Holyoke Marathon	26.2	MA	5/15	Colfax Marathon	26.2	CO
5/1	Borneo International Marathon	26.2	14	5/15	Gate City Marathon	26.2	NH
5/2	Milton Keynes Marathon	26.2	BKM	5/15	Cleveland Marathon	26.2	OH
5/2	Summer SolstASS	50K	WA	5/15	Mainly Marathons New England Series (Day 1)	26.2	ME
5/4	Mainly Marathons Independence Series (Day 1)	26.2	DE	5/15	Capital City Marathon	26.2	WA
5/5	Mainly Marathons Independence Series (Day 2)	26.2	MD	5/15	Shipyards Maine Coast Marathon	26.2	ME
5/6	Mainly Marathons Independence Series (Day 3)	26.2	PA	5/15	Sugarloaf Marathon	26.2	ME
5/6	Canyons Endurance Runs	Ultra	CA	5/15	Chicagoland Spring Marathon	26.2	IL
5/6	Spruce Woods Ultra	Ultra	MB	5/15	Pocono Marathon	Ultra	PA
5/7	Farm Park Challenge - Marathon	26.2	MD	5/16	Blue Nose International Marathon	26.2	NS
5/7	CLE Trail Marathon & 50k	26.2	OH	5/16	Mainly Marathons New England Series (Day 2)	26.2	NH
5/7	Horseshoe Lake Marathon & 50K	26.2	CA	5/16	Pine Tree Marathon (New England Challenge Day One)	26.2	ME
5/7	REVEL Mt Charleston	26.2	NV	5/17	Granite State Marathon (New England Challenge Day Two)	26.2	NH
5/7	Miwok 100k	100K	CA	5/17	Mainly Marathons New England Series (Day 3)	26.2	VT
5/7	Whoo's In	50K	CA	5/18	Mainly Marathons New England Series (Day 4)	26.2	MA
5/7	Grand Valley Marathon	26.2	CO	5/18	Red Island Marathon (New England Challenge Day Three)	26.2	RI

New Maniacs in March 2016

angela bynum (#12507)
eugene kitagawa (#12508)
Lori Smith (#12509)
Sonia Dhodapkar (#12510)
Chuck Hardy (#12511)
Heather Latham (#12512)
warren scott (#12513)
Scott Donaldson (#12514)
Maxanne Groven (#12515)
Gabriella McCord (#12516)
Terri Beaulieu-Shimek (#12517)
Marc Scrivener (#12518)
Thomas Stofleth (#12519)
Eugene Park (#12520)
Connie Adams (#12521)
KAREN LEE (#12522) (#12522)
Paul Hunt (#12523)
Thomas Foreman (#12524)
Danica Pruitt (#12525)
Dea McFarland (#12526)
Batinna Thornhill (#12527)
Kevin Seeley (#12528)
Monique Warren (#12529)
Totlitha Tatum (#12530)
Barry Sackett (#12531)
Angela Jordan (#12532)
Jennifer Anderson (#12533)
Rachel Lowell (#12534)
Niccole Carr (#12535)
Kim (#12536)
LAFAYE W. (#12537)
sharmin moody (#12538)
Erika White (#12539)
Jeremy Interrante (#12540)
Quanda Moss (#12541)
Dawn A. Marshall (#12542)
Kai Majors (#12543)
serena neumann (#12544)
Diana Gerland (#12545)
Timothy W. Smith (#12546)
Vincent Robinson (#12547)
Ronké Olatunji (#12548)
kescia muhammad (#12549)
Brittany Blanks-Jefferson (#12550)
Gary Collina (#12551)
Cathy Jarrett (#12552)
Patty Treece (#12553)
Tonia Easterling (#12554)
Penny Smith (#12555)
Tracy Miller (#12556)
Markatta Hicklen (#12557)
Sharon Shaw (#12558)
Angel Whitfield (#12559)
Katrina Williams (#12560)
Cortney Sexton (#12561)
Jennifer Hassler (#12562)
Shirley Olson (#12563)

Margaret Hanson (#12564)
Wendy Macias Hall (#12565)
Mike Kimball (#12566)
Heather Rainbolt (#12567)
James Rankins (#12568)
Brian Harris (#12569) (#12569)
Cody Robertson (#12570)
Krista Hissey (#12571)
Kelly Silva (#12572)
Jim St.Clair (#12573)
Tracey Rouse (#12574)
courtney speyer (#12575)
Olivia Watkins (#12576)
Natali Villarruel (#12577)
Stephane Cole (#12578)
Rob Wesley (#12579)
Jenny Spangler (#12580)
Byanka Meacham (#12581)
Melissa Welch (#12582)
Polly Pan (#12583)
Richard Holguin (#12584)
Nicole Fritz (#12585) (#12585)
David Applin (#12586)
Gail Nestor (#12587)
Connie Ulep (#12588)
Kerry Quakenbush (#12589)
Howard Ludlow (#12590)
Sara Pilgrim (#12591)
Shawna Wiggins (#12592)
Tammy Toliver (#12593)
Trina Brown (#12594)
Charissa Peterman (#12595)
Lesley Jackson (#12596)
Anjelica Kaylor (#12597)
tara owens (#12598)
K. millen (#12599)
Deirdre Jacobson (#12600)
Jason Hube (#12601)
Ivie Hasegawa (#12602)
Anne McKenzie (#12603)
Norma Britton (#12604)
Cynthia Robinson (#12605)
Tiffany Thomas (#12606)
Karon Holmes (#12607)
Patrick Rodgers (#12608)
Elle Shumney (#12609)
Kitti Outlaw (#12610)
Ida Sulkunen (#12611)
Elaine Mitchell (#12612)
Tanya Roberts (#12613)
Paul Nolan (#12614)
Calesha Hayes (#12615)
Travis Moran (#12616)
Jun Ulama (#12617)
Rachael Smilowitz (#12618)
Chrissy Godeaux (#12619)
John Irwin (#12620)

Nate Fowler (#12621)
Montel Melcher (#12622)
Patrick Gallagher (#12623)
Tiffany Carrizales (#12624)
Cheryl Tulkoff (#12625)
Doug Stevens (#12626)
Joe Anzenberger (#12627)
Pina Porceddu (#12628)
Tim Brangle (#12629)
Monte Weiss (#12630)
Karin Holzschuher (#12631)
Marilyn Hannah (#12632)
Tommy Dobson (#12633)
Derrick Kropf (#12634)
Latoya Harwell (#12635)
Amber Kimathi (#12636)
Kenny Kropf (#12637)
Carol Mulderink (#12638)
Joshua Hayward (#12639)
Kristin Ober (#12640)
Terri Slack (#12641)
Dulce Carney (#12642)
Amy Batton (#12643)
Benny Mosakowski (#12644)
Valor FoyJones (#12645)
Temeisha Bush (#12646)
Jack Lillard (#12647)
Saundra Boyer (#12648)
Meg Ramsey (#12649)
Selby Shlosberg (#12650)
Gene Harding (#12651)
Tammy Dirker (#12652)
Vanessa Mitchell (#12653)
Merci Moore (#12654)
Nancy Yaeger (#12655)
LEanne Peiser (#12656)
Cindy Gersch (#12657)
Casey Buckman (#12658)
Elisha Rios (#12659)
Kendra Leary (#12660)
Erin Garrett (#12661)
Todd Bessinger (#12662)
Adela Drobný (#12663)
Susana McDole (#12664)
Rodney Owen (#12665)
Gregory Bontrager (#12666)
Kathy Harrison (#12667)
Jeanphilippe Guindon (#12668)
Vince Alcouloumre (#12669)
Mary Beth Lampe (#12670)
Jennifer Anderson (#12671)
Mark Allen (#12672)
Tara (#12673)
Katie Friedlander (#12674)
kay HUANG (#12675)
Krista Lewis (#12676)
Alison Nieporent (#12677)

New Maniacs in March 2016 (cont)

Kristen Guglielmo (#12678)
Jan Murfield (#12679)
Betsy Readinger (#12680)
Tim Bender (#12681)
Chris Ambrose (#12682)
Chad Settles (#12683)

Mac McConnell (#12684)
Michelle Ward (#12685)
Andrew Napoleon (#12686)
Charles Doll (#12687)
Jackie Bremer (#12688)
Valerie Pratt (#12689)

Hal Bohn (#12690)
Louisa Thomas (#12691)
Dreama Graham (#12692)
latrenda ware (#12693)

NEW MANIACS



Louis Lucko



Danica Pruitt, Batinna Thornhill, Dea McFarland



Kim Yarber



Karen Lee



Jim St.Clair



Jason Hube



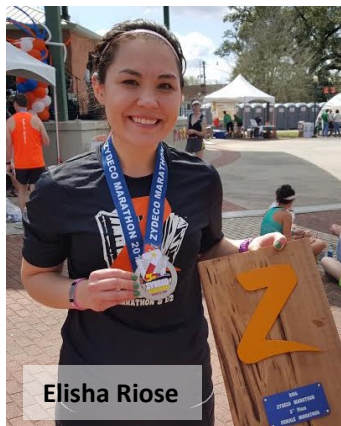
Cathy Jarrett



Kai Majors Rodriguez



Elisha Riose



Tammy Toliver



Carol Mulderink



Benny Mosakowski

NEW MANIACS



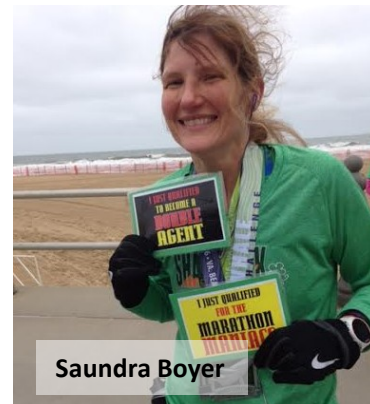
Joe and Becky



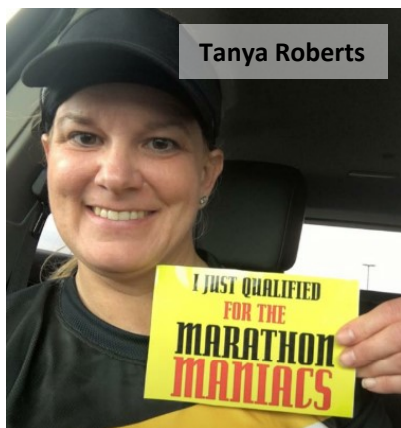
Sara Pilgram



Christy Shelton



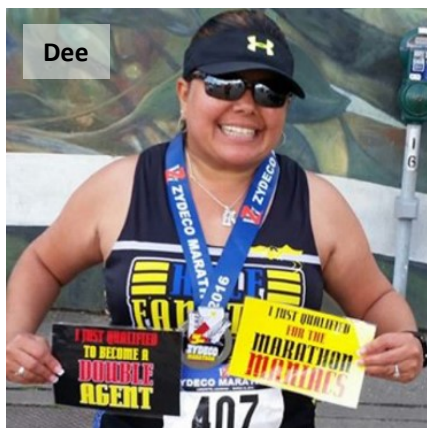
Saundra Boyer



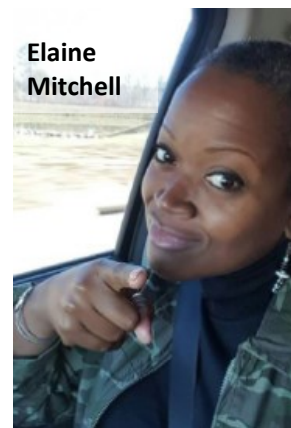
Tanya Roberts



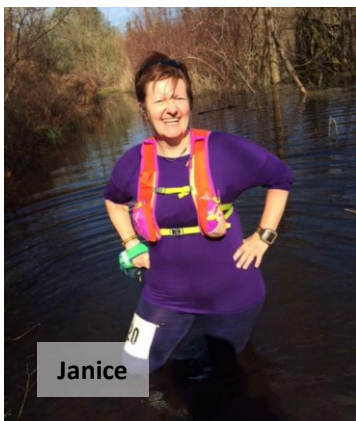
Chuck Taylor



Dee



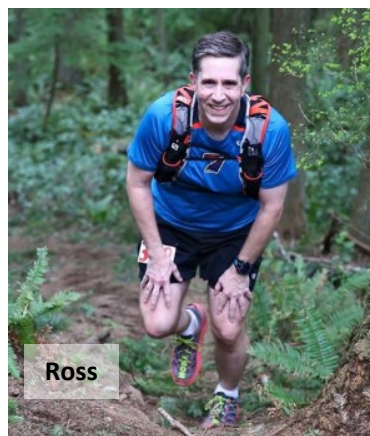
Elaine Mitchell



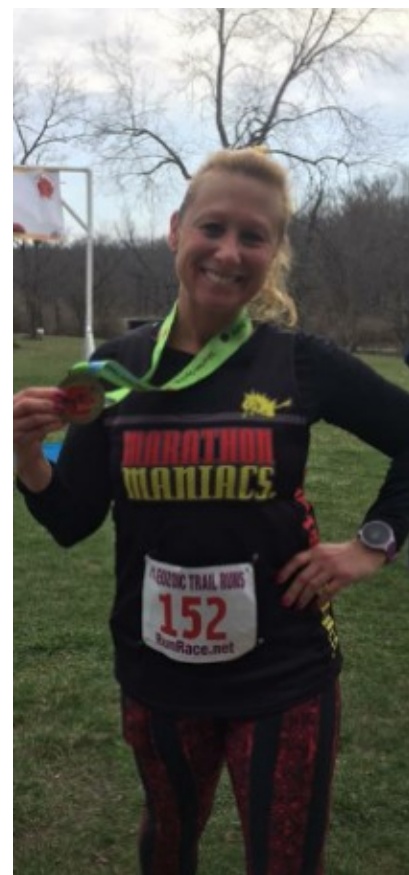
Janice



Ed

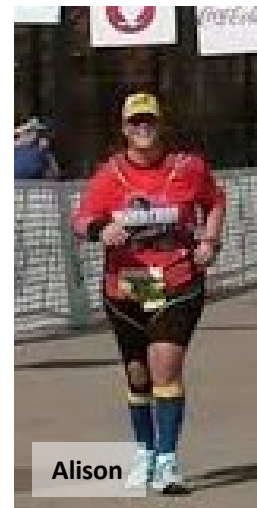


Ross





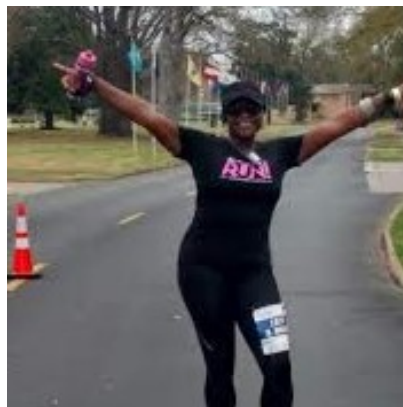
Jorge Pullin



Alison



Sherri



may chan



Monte, Heidi, Janice and Steve

FROM THE EDITOR...

Spring is here. March featured some from races. April of course includes many more including of course the Boston Marathon. I hope your training is going well and that you are ready to rock it this Spring!

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



With the new website comes a new way to identify race discounts. All discounts are now located on the race calendar page. Look for the gold coin following the race name, that signifies a discount. Click the coin and after a brief disclaimer reminding us that discounts are for members only, the code will be revealed along with the amount saved.

The programmers are working on lots of website items and one is a non-race related discount link. Until that's complete, you'll need to email Jeff Bollman (jeff@marathonmaniacs.com) for the running warehouse discount.

- **Run for the Lakes Marathon (MN) 4/30/16: www.runforthelakes.com
- Colorado Marathon 5/1/16: www.thecoloradomarathon.com
- Eugene Marathon 5/1/16: <http://eugenemarathon.com>
- Providence Marathon (RI) 5/1/16: www.runri.us
- New Jersey Marathon 5/1/16: www.thenewjerseymarathon.com
- Tacoma City Marathon 5/1/16: www.tacomacitymarathon.com
- New River Marathon (NC) 5/7/16: www.newrivermarathon.com
- Wisconsin Marathon 5/7/16: www.wisconsinmarathon.com
- Brookings Marathon (SD) 5/14/16: www.brookingsmarathon.com
- Shipyard Maine Coast Marathon 5/15/16: <http://mainecoast262.com>
- Fargo Marathon 5/21/16: www.fargomarathon.com
- **Horse Capital Marathon (KY) 5/21/16: www.horsecapitalmarathon.com
- **Med City Marathon (MN) 5/29/16: www.medcitymarathon.com
- Vermont City Marathon 5/29/16: www.vermontcitymarathon.org
- Casper Marathon (WY) 6/5/16: www.runwyoming.com
- Deadwood Mickelson Trail Marathon (SD) 6/5/15: www.deadwoodmickelsontrailmarathon.com
- Windermere Marathon(WA) 6/5/16: <http://windermere.marathon.com/>
- Bear Lake Marathons (WY, UT & ID) 6/9-6/11/16: www.bearlakeendurance.com
- Utah Valley Marathon 6/11/16: www.utahvalleymarathon.com
- HFM Maritime Marathon (WI) 6/12/16: <http://maritimemarathon.org/>
- **Kona Marathon (HI) 6/26/16: www.konamarathon.com
- **Angel Fire Adventure Marathon (NM) 7/3/16: www.geminivirgoproductions.com/events/angel-fire-adventure-marathon
- Madison Marathon (MT) 7/23/16: www.themadisonmarathon.com
- Big Sky Marathon (MT) 7/24/16: www.themadisonmarathon.com
- **Endless Summer 6 Hour (MD) 7/30/16: <https://ultrasignup.com/register.aspx?did=37665>
- Idaho Falls MAD Marathon 7/30/16: www.idahofallsmarathon.com
- Lost Turkey Trail Marathon (PA) 7/30/16: www.lostturkeyultra.com
- Humboldt Bay Marathon (CA) 8/14/16: <http://humboldtbyamarathon.com/>
- Anchorage Run Festival 8/21/16: www.anchoragerunfest.org
- **East Canyon Marathon (UT) 8/27/16: www.eastcanyonmarathon.com
- Lehigh Valley Marathon (PA) 9/11/16: www.viamarathon.org
- That Dam Hill (ON) 9/17/16: <http://thatdamhill.ca/home/>
- Greater Binghamton Marathon (NY) 9/18/16: <http://GreaterBinghamtonMarathon.com>
- HITS Omaha Marathon (NE) 9/18/16: <http://omahamarathon.com>
- Monument Marathon (NE) 9/24/16: www.monumentmarathon.com
- Quad Cities Marathon (IL) 9/25/16: <http://qcmarathon.org/>
- New Hampshire Marathon 10/1/16: www.nhmarathon.com
- Hartford Marathon (RI) 10/8/16: www.hartfordmarathon.com
- Baltimore Marathon 10/15/16: www.thebaltimoremarathon.com
- Kansas City Marathon (MO) 10/15/16: <http://waddellandreedkansascitymarathon.org>
- Des Moines Marathon [MANIAC REUNION!!] 10/16/16: www.desmoinesmarathon.com



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV

Hiya Prez!

Mr. Prez, I love Boston. I love New York. I thoroughly enjoy Miami. But, Stevie Boy? It's time to get the word out!

1) We've been talking about this for 14 years. What's the best marathon? What's the prettiest marathon? Americans are hung up on the "-est" part of comparisons unnecessarily: many are always worth attention. That's why Halls of Fame are not Closets.

2) But a problem is developing. With more marathon runners, more marathons are created; but now the number of race slots to be filled is exceeding the number of registrations occurring, so smaller – and often, very much *better* -marathons suffer and are starting to fade out of business. This is not because they are not good. Some are superb, gorgeous, and an experience quite delightfully unlike the bigger races.

A similar plight is affecting golf. A club professional near Orlando, FL., whose beautiful club is closing in April, told me that a National Golf Foundation report believes 12,000 golf courses in America need to be closed so that available golf dollars will channel into fewer courses to keep at least those viable.

Ahhh, but April in Paradise at a small marathon! When Mother Nature gets to painting, she generates indescribable beauty. Now, at the famous St. George's Marathon in Utah, one gorgeous scene is presented, but remains the same for the majority of its 26 miles. Far more entertainingly presented at Mom Nature's *Varieties-on-a-Theme* gallery, tucked into 26 miles of Washington State hills, lives the point-to-point, winding river canyon course called Yakima.

Here, the views evolve and change. The river twists, the hillside road rolls high and low through the valley, tumbleweed tumbles, ranches lounge proudly, a long, lazy freight train rumbles through, elk might line a ridge or a bald eagle surprise, lifting off out of tall grasses just fifty feet off the road with massive wings creating an unforgettable sound of fla-floomp... fla-floomp... . Birdman spotted 44 varieties of birds during one run down the canyon.

The whole experience is enveloped by an unofficial annual reunion of Maniacs. A night-before pasta dinner on Friday is capped with captivating speakers in running like Bart Yasso, Kathrine Switzer and John "The Penguin" Bingham. And completely uncharacteristic of bigger races, an awards dinner at 4 p.m. the next afternoon brings friends all back together to relax and debrief one another on the adventure accomplished. Afterwards casual relaxing in smaller gatherings might develop, and the next morning an informal breakfast with the race directors is an option. This combination of socializing opportunities really is extraordinary.

You are treated personally here. "Nancy" cheerleads one up the 1.5 mile hill at 21.5 by jogging down to its beginning, escorting you back up the beast, distracting one with casual conversation on running, or the real importance of Packanack Lake. The oldest race director in the country watches over all details, and offers her congratulations to finishers with a hug and infectious smiles.

The weather is typically comfortable. Reasonably-priced hotels are nearby. The drive from Seattle (and drive the canyon before the race!) is 2.5 beautiful hours.



RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



It would be sad indeed to lose this course as a marathon route option. There's nary a gas station, strip mall, or industrial park to be found. Save for official vehicles, cars are absent: the road is ours alone, and the setting is iconic. 'Tis like running through the set of a western movie.

Tony (#3) just ran it for the 13th time, Prez, you've managed 14, and I've flown across the continent 8 times now for this Yakima River Canyon Marathon.

Just a few years ago, 600 runners entered the race. This year's event added a half-marathon (though if one can, run the full course: it is entirely worth it). Even so, numbers are down, about 190 in the half, 220 in the full. So the negative trends are a real threat. I'd like to reverse that:

- 1) This one is a genuine bucket list Gem.
- 2) The course will thrill future runners.
- 3) If a small marathon deserves to survive on its merits, this one surely does.
- 4) The people stories are no clichés, but vivid and welcoming.

Put the Yakima River Canyon Marathon on Your Calendar next year. It will be on April 1, 2017 (I'll pull out the Reverend card here: April 1 is the truth, not a joke).

It is a unique beauty, and well worth the logistics to drive from Seattle to get there (he of Pennsylvania insists). The tulips in the Northwest are a bonus.

Blessings Prez. Get the word out, or next year I will write about how I've waxed you two years in a row there (never mind your flimsy medical excuses). See you there again next year.



Luvya,
Rev
dgkienz@yahoo.com

