



# MARATHON MANIACS

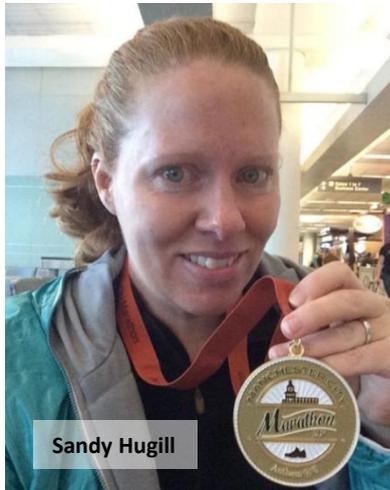
## NOVEMBER 2014 NEWSLETTER

Volume 11, Number 11

### NEWSLETTER CONTENTS

Half Fanatics	2
NYC Marathon	3
Maniac Poll	4
RIP Jacob Wells	5
First Call Vets Day Marathon	6
Marathon Maniac Pacing Team	7
Route 66 Marathon	8-10
Chasing Windmills	10
Wattle Waddle	11-12
Marathon Maniacs Book	12
Wishbone Run	13
Social Networking	13
Ghost of Seattle Marathon	14-15
2015 Maniac Reunion	15
Seattle Marathon	16
Report from Insane Asylum	17
Seattle Quadzilla	18
Promotions	19
Calendar	20
New Maniacs	21-22
Note from the Editor	23
Discounts	24
Rhetorical Revelations from "The Rev"	25





Sandy Hugill



Jen and Robert



Kristen McElroy and Heather Fisher



Dave Mari and Ashley Schnell



Diane Bolton



Houston Wolf



Lauralee Whitney



Marathon Maniacs running half marathons... YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 7000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

[www.halffanatics.com](http://www.halffanatics.com)



Half Fanatics at the Jeff Galloway Half Marathon

# NYC MARATHON

NEW YORK CITY, NY



Sharon and Erik



Lisa Robinson



Linda



36035



Valerie Kenney



PATTI

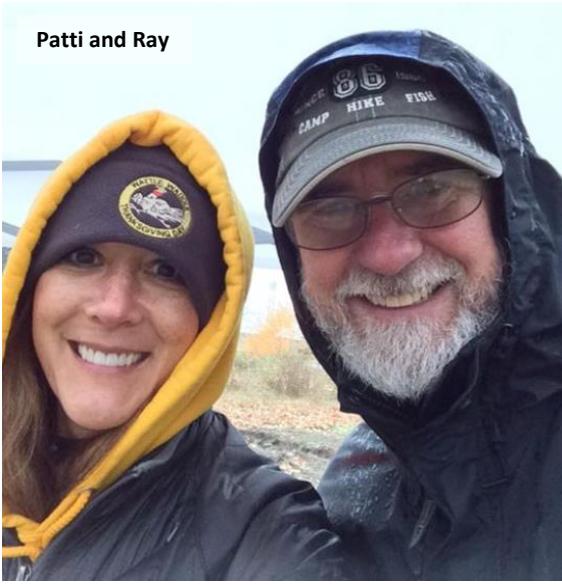
**New York City Marathon (11/2):** Kevin Abraszek, Tomasz Adamusiak, James Alexander, Steve Alexander, Jim Allen 2, Evan Allie, Paul Aloe, Dagmar Alvis, Erin Alwon, Steve Anderson, Crazy Linda 'Titanium Sun' Bachand, Maria Barron, Christyna Beaty, Juliene Bell-Smith, Carl Belso, Edie Belso, Dawn Bentley, Bethany Bernier, Jennifer Bingham, Rhonda Blackford-Noonan, Jeff "Boneman" Bollman, Danielle Borgo, Karen Brady, Cheryl Broas, Stacey Brooks, Kate English Brunson, Tim Burns, Jennifer Burrows, Michelle Burton, Sharon "Sha-Run" Butler, Maria Cacho, Sky Canaves, Suzanne Cardenas, Howard Choi, Jacqueline "Choisauce" Choi, Max Christensen, Tim "Cheetah" Christoni, Fanny Chu, John Chun, Cory "RecoveringCouchPotato" Claeys, John Coffey, Rich Colfack, Sue Colgan-Borrer, Tanya Collum, Cheryl Cook, Amanda Corbitt, Sean Cronin, Douglas ( Run the Earth ) Dahlberg, Kris 'CLYDESDALE' Damiano, Mary Deane Davis, Sheila Dawe, SpatulaPete, Bethie Decker, Caren della Cioppa, Lori Dencsak, Nancy DiPietro, Stephen DiPietro, Will Dong, Kevin Doolin, Michelle Dusseau, Kathleen Dwyer, Rachel Edney, Kevin Ely, Juergen Englerth, Richard Ervais, Isabel Escobar, Vivian, Omar Evans, Tommy Evans, Melanie Eversley, Kevin Fallon, Steve Felson, Alex "SuperMex" Feria, Cj Follett, Anders "Biking Viking" Forselius, Cheryl Fraser, Anne-Aymone Gheerbrant, Suzanne Gleitz, Stuart Goering, Rodrigo Gomez, Mynor Gonzalez, Suzy Goodwin, Laura Gorycki, Davey Green UK, Jackie Gulino, Tim Guscott, Zane Hagy, Brenda Hamby, Emily Hansen, Doug Hanson, Teresa Harmon, Terri Harmon, Jillian Harrington, Craig Haugaard, Lora Haugaard, Tammy Hellingss, Shane "Tank" Higgins, Marc Hirschfield, Rachael Hoagland, Jessica Hochman, David Hooper, The Shoe, Kelly Hudick, Susan "the Turtle" Hui, Cary Inderbitzin, Adam Irvin, Gwen Jacobson, Nick Jankowski, Allison Jeffery, Micaela Jensen, Alicia Johnson, Russ "Imminent Catastrophe" Johnson, Chris Jones, Sheri Jungers, Joe Jurczyk, Claude Kansaku, Kathy Kass, Lonnie Kaye, Michele Keane, Howard L. Keener, Jr., Valerie Kenney, Cherry Kent, Julia Khvasechko, Kris Kibbey, John "Runr"King, #kinosfault, Diana Kitching, Ethel Marie Kitching, Jeffrey Klein, Ashby Knox, Michael Knox, Matt Koenig, Seth Kramer, PK, Francis Kwok, Tran Lam, Daryle Lamoureux, Aimee Lanter, Peter 'Elite Pete' Lantin, Brett Larson, David Larson, Nate Larson, Debbie, Jack Lee, Steven "Thunder" Lee, Karl Leitz, Shannon Leonetti, Nicole LeVine, Owen Lillywhite, Keely Linn, Randy Lyle, Richard "Rickymac" MacLean, Jon "Coconutboy" Mahoney, Erin Mahr, Pat Marafiotte, Chris Margallo, Julius, Joao Marinho, Kimberly Markey, Karen Marmon, Derrick Mason, Nichole "and her little dog too" Mathis, bmatsinger@yahoo.com, John "Die Hard" McClain, Ellen McCracken, Bill McLean, Elizabeth Melillo, Elizabeth Mendiola, Rich Minns, Paul Moat, Michael Morales, Taylor Morgan, Amanda Murdaugh, Andrew Mullen, Frank Muller "Brewmaster", William Murphy, Karen Murray, Carla Noya, Colin O'Donnell, Richard Oechslin, Runnerman Dan, Michael Pacheco, Janice Parker, Eddie Big Dogg Perez, Shannon "Raggedy Angst" Perry, Kelly Pfannenstiel, Michael Pfannenstiel, Deb, Filipino\_Kid\_Flash, Richard Ramirez, Steve Reincke, Candice Ridyard, Crockpot, Michael Roberts, Lisa Robinson, Tom Robinson 2, Claus Rohde, Tony Rolof, Damaris Rosich-Schwartz, Zander Ross, John Ruchinskas, SteelTownRunner, Eddy Saldana, Jason Sanchez, Derrek Sanks, Jenn Savedge, Karen Schackner, Mark Schenk, Erin Schmidt, Lisa Schmitz, Laura Schneider, Ashley Schnell, "Superman Steve" Schwalbach, Dan-O, Kazuhiro Shimbo, Elizabeth Simon, Shasten Snellgroves, John "Snuggie Bear" Snuggs, Benjamin Sommers, John Stamler, Jane Sturzaker, Ralph Suarez, Elaine Sullivan, Paul Sullivan, Ben Tam, Maria Taveras, Roger "BMBLB RUNNER" Teel, Kenneth "Just Running", Steve Thomas, Treva Thoms, Debbie Tierney, Baldish Toor, Rahiem Tucker, B2BJimmyT, Garret Vandenbelt, Marinus Waterberg, Wesley Waters, Patrick "Drives a Cool Van" Weldon, Stephanie "rides in a cool van" Weldon, Mike Westlake, Nicolas Wical, Janet Willard, Joanne Willcox, Jaison Williams, Brian Wilson, David Wilson, Patrick Wood, Brian Wright, Binky Wu, Li-Chym Wu, Chrissy Yamada, Kuanling Amy Yeh, Donald Ying, Vincent Young



Carey Steffen



Paul



Patti and Ray



Murray and Charlotte



Jeff Knife

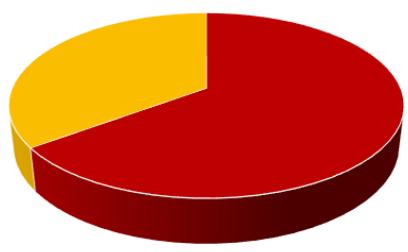


## MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

**This month's question:** What would cause you to run on a treadmill?

Please vote online between now and December 31: <http://tinyurl.com/MMpoll2014h>



■ Yes ■ No

**Last month's question:** Do you lift weights as a way of cross training?

To most Maniacs lift weights as a way of cross training (64.9%).

Thanks for voting!

## R.I.P. JACOB WELLS



Jacob Wells (MM #3330) suffered from cardiac arrest at mile 19 of the Midsouth Championship Marathon in Wynn, AR. He was medevaced to a Memphis Hospital where he was treated. He did not make it. From his longtime girlfriend: "He fought the good fight. He finished the race. He remained faithful."

Jacob's favorite Bible verse:  
"Let us run with perseverance the race marked out for us." - Hebrews 12:1

His first marathon was the first Little Rock marathon in 2003 and has run well over 100 marathons since. A good friend to many. There is a [Facebook group: Running for Jacob](#) (public so you should be able to see it) Running for Jacob. Ton more pics and memories shared. A great loss for our running community.



Stephanie



Bob Kennedy with Leah and Paul Piper



Mary Moran



Angela L. Dunn



Jessica



Jamie Rusinguolo



Heather

## FIRST CALL VETERANS DAY MARATHON/50K

BOTHELL, WASHINGTON



Sabrina



Wendy and Tim



Steven



Diana

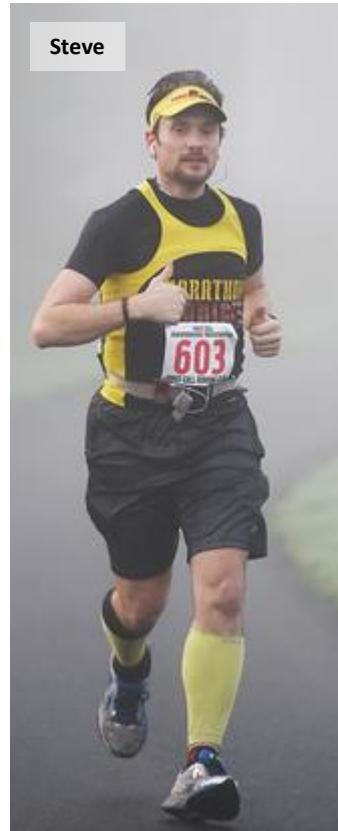
**First Call Veterans Day Marathon/50k (11/8):** Wendy (Stensen) Hawthorne, Shawn Aebi, John Anderson, Wendy Beck, Mark "Thor" Casey, Bob & Lenore Dolphin, Duane Dow, Tricia Early, Sarah "Stumbling Goat" Englund, Deb Evdemon, Steven Ferry, Cathy Fowler, Jim Fox, Eric "& Carlos PartyMonkey" Glass, Reed Glesne, Mr. Pat, Rick "Roadkill" Haase, Christy Hammond, "Insane Jane", Rob "Rattler" Hester, Narongdej "Jay" Jaroensabphayanont, Micaela Jensen, Barefoot Jon, Roberto Lopez, Jules Mann, Tracy Marshall, Rich Menzel, Cyndie Merten, Little Leslie, Gary Otheim, Monte Pascual, The Programmer, Cheri Pompeo, Jasmine Johnson Purnell, Carolyn Reeves, Crockpot, sLuG, Anthony Rose, Bob Satko, Tom "H.D." Scott, Scott "Brooklyn" Sebelksy, Angie Smith, Linda Walter, Steve "Marathon Freak" Walters, Lisa "Mama Lisa" Wood, Kimberley Worthen



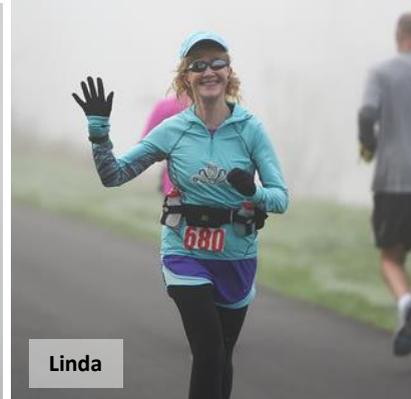
Monte



Brian



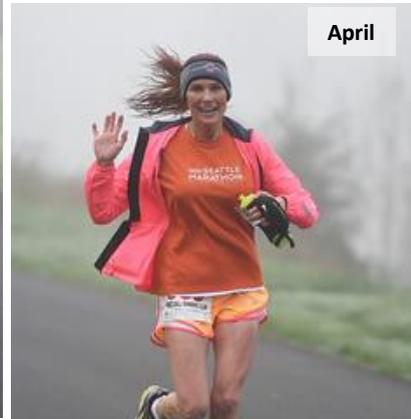
Steve



Linda



Rick



April

# MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



### Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

### Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit: <http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)



# Route 66 Marathon

TULSA, OKLAHOMA





**Route 66 Marathon (11/23):** Tracy Abrom, Andrew Aguirre, Mary Albrecht, Barbara Alston, Jeannie Armagost, Thomas Ashcraft, Holly Aulen, Melissa Baker, Roger Barkley, Todd Bellamy, Carl Belso, Edie Belso, Paul Bequette, Barbara Blackford, Stacy 'Boston' Bolyard, Chris "The Counselor" Bouchard, Sean Broadbent, Edward Broadnax, Kari Brown, Patrick Burns, Wanda Byrom, Dan Cardell, Paul "Pacer Paul" Carringer, Amanda Castillo, Fely Castillo, Laz Castillo, John Castro, Laura Ceraolo, Donielle Charles, Sheryl Chesky Sauceman, Charles Clutter, Heath Conley, Angela Conner, Tiffaney Cooper, Carol Corbin, Elena Costa, Mark Costa, Patty Cyr, Anita Dabrowska, Brian Dedeke, Robert Del Real, Peggy Delaney, Melanie Zeigler Dickman, Kim Dominick, Kevin Doolin, Cheryl Dortch, Tori Duphorne, Amie Durden, Benji Durden, Michelle Dusseau, Rick Eilers, Jennifer Eloge, Kevin Ely, Kari England, Laurie "SuperGirl" England, Manuela Esposito, Ken "Calix's Dad" Fattmann, Joe Feaser, Ray First, Jennifer Fletcher, Donna Lynn Foley, Ph.D., Jim Foley, Rhonda Foulds, Alex Fox, John Gardener, Oyauma Garrison, Adam Gartner, Valeri Gatlin, Mark Gautier, Jonus Gerrits, Thomas Gibson, Rachael Graddy, Sarah Graham, Cara Greening, Crystal Greenwood, Keenan Haga, Mary Hallet, Alison Hammersla, Randell Hansen, Teresa Harmon, Bill "Hartless" Hartman, Chuck Harvey, Kerri Haskins, Eli Hassid, Danielle "T-Rex Runner" Hastings, Jennifer Hatcher, Sarah Hemphill, Michelle Hille, Marc Hirschfield, Lecia Holley, Jeffrey Hollington, Melissa Holloway, James Hooko, Francis Hoover, Carol Hughes, Art Jacobson, Matt James, Belinda Jared, Eric Jensen, Shawn Johnson, Lacey "Firecracker" Jolley, Svilen Kanev, Sara Kent, Pamela "Mrs. T.O." Okazaki, Brian Kettler, Julia Khvasechko, Tracy Killion, Peter "iSpicy!" King, Melissa Kinyon, James Kirkley, Kim Knapp, Beth Knox, Cindy Kosmicki, Melissa Kostecki, PK, Sue "Diddy" Lagoni, Nate Larson, Pamela Lauroff, Rebecca LeClair, Paula Lee, Terance Lee, Allison Leer, Lori Lieb-Rosas, Joanna Lochner, Ken Locke, Vincent Ma, Tim Mahler, Paul Maness, John Mangahas, Julius, Raymond Marier, Glen Marumoto, Karen Mayes, Lia Mayfield, TMaz, Bryan McCullar, Sandy McMullen, Melissa Meek, Barb Meinecke, Elizabeth Mendiola, DS Amy Meyer, Michael P. Miller, Ben Moore, Joe Morris, Valerie Morris, Frank Muller "Brewmaster", Margaret Munger, Jeffrey Nelson, Loan OBrien, Dan Oh, Nancy Oh "Nano", Thomas "T.O." Okazaki, Gail Oney, Amy Pannell, Janice Parker, Kay Pee, Debra Pasquale, Michael Perez, Brandon Perkins, Lynda Petri, maniac 3tp!, Katlyn Phillips, Nicole Pizzi, Brandon Plate, Cameron Plate, Richard, Patty Powell, Kathy Pride, Rachel Prozan, Kathy "Rad Queen" Pryor, "The Lone Runner" Rob Rayder, Kelvin Reid, Cade Remsburg, Eve Reynolds, Michael "Dr Dude" Rhodes, Liz Roberts, Lisa Robinson, Jacob Roedsens, Jamie Rogers, George Romo, Patrick Rosch, Dan Ruiz, Susan Schenberg, Mark Schenk, Clyde \*the Glide\* Shank, McGyver, Bill Sherman, Jason Short, Michele Siegrist, Mark Sikkila, Luke Simmons, Stacy Simmons, Geoffrey "with a G" Simpson, Lichu Wu Sloan, Evelyn Smith, Gilberto "Big Daddy" Sosa, George" from Georgia" Southgate, Darryl "Trail Boss" Stillson, Michael Storey, Fay Sukow, Jody Sukow, Beth Sundquist, Jessica Sykes, Veronica Tarantino, Stasy Taylor, Shatora Thomas, Steve Thomas, Rebecca Thompson, Angie Tidwell, Carole Travis, Karen "Evil Twin" Vollan, Bettie Wailes, Jason Wallis, Halbert, Steve "Marathon Freak" Walters, Randall (Randy) Ward, CJ \*\*Hollywood\*\* Warren, Jeff Wehling, Dave Whittenberg, Susan Whittenberg, Angie Whitworth Pace, Donna Wilcox, Jennifer Williams, Julie Williamson, Colleen Wilson, Rick "TuTu" Wilson, Brett Witters, Aaron Woodhead, Rich Yap, Marlin Yoder, Mark Zaremba, Jennifer Zuelch



**CHASING WINDMILLS**

**50 MARATHONS TO BENEFIT ALZHEIMER'S IN 2014 THE ASSOCIATION**

<http://act.alz.org/goto/DavidKnapp>

## CHASING WINDMILLS

**DAVID KNAPP (MM#91)**

To celebrate turning 50 years old in 2014, Denver-based entrepreneur and marathoner David D. Knapp, Ph.D. is running 50 full marathons during the 2014 calendar year as a fundraiser for the Colorado Chapter of the Alzheimer's Association.

Dr. Knapp – who lost his mother to Alzheimer's in 2001 – is hoping to raise at least \$50,000 during the year-long marathon quest to help find a cure for the disease, which currently affects over 5 million Americans. And barring a medical breakthrough to prevent, slow, or stop the disease, that number will nearly triple by the year 2050 due to this nation's aging population.



Dr. Knapp's official donations page is <http://act.alz.org/goto/DavidKnapp>



Matt Hagen



Rick Haase completes his 400<sup>th</sup> marathon!

# WATTLE WADDLE MARATHON

SEATTLE, WASHINGTON



Nick



Miranda wins the marathon!



Hope Fox and David Pearson



Tory



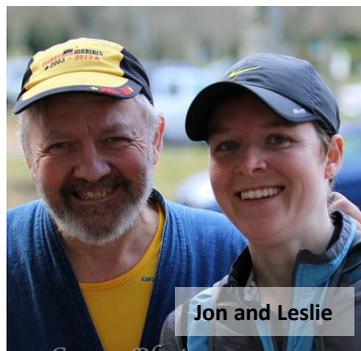
Paul David



Jill and Susie



Steve wins the marathon!



Jon and Leslie



Morton

**Wattle Waddle (11/27):** Shawn Aebi, Breeze, Chris Bellevie, Pedro Max, Paul David, Tricia Early, Sarah "Stumbling Goat" Englund, Steven Ferry, Margaret Gorog, Mr. Pat, Rick "Roadkill" Haase, Christy Hammond, Annie Hernandez, "Insane Jane", David Holmen, Jill Hudson, Keith Hudson, Roger Johnson, Barefoot Jon, Jen Knife, Gary "The Red Rabbit" Marr, Cyndie Merten, Little Leslie, Tina Miller, Brett Nguyen, Benjamin Orr, Rufus Park, Monte Pascual, Guru, David Pearson, Crockpot, sLuG, Bob Rutledge, John Schaphorst, Steve "Marathon Freak" Walters, Dan Whitaker, Kuanling Amy Yeh

Jennifer and Matt



Brad



Pat and Sarah



Jen



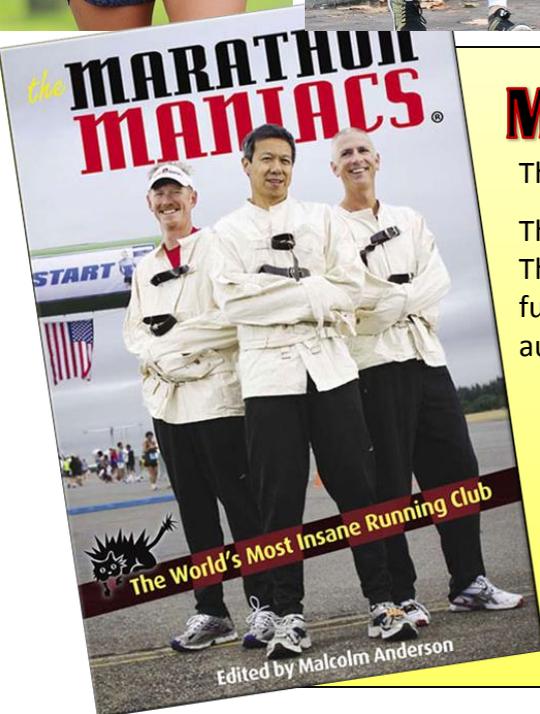
Rufus



Peter



David



## MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>



## WISHBONE RUN MARATHON/50K

TUKWILA, WASHINGTON

**Grandpa's Wishbone Run (11/28):** Mark "Thor" Casey, Tricia Early, Steven Ferry, Andy Fritz, Melissa Graham, Mr. Pat, Annie Hernandez, "Insane Jane", David Holmen, Jill Hudson, Roger Johnson, Andy Lin, Jules Mann, Gary Marr, Cyndie Merten, Little Leslie, Brett Nguyen, Rufus Park, Monte Pascual, Guru, David Pearson, The Programmer, Jasmine Johnson Purnell, Crockpot, sLuG, John Schaphorst, Scott Sebelisky, Duane "racewalkerdude" Staley, Steve Walters

## Join the Maniacs on Social Networking!



### FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>  
Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

### INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

### TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

### MY SPACE:

<http://www.myspace.com/marathonmaniacs>

### LINKED IN:

<http://www.linkedin.com/e/vgh/1843119>

### DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

Across all social networks use the hash tag:

## #marathonmaniacs14



Brad

Roger

Peter

## GHOST of SEATTLE MARATHON/50K

SEATTLE, WASHINGTON



Monte

Linda Walter

David Holman

Nick

Kim

Sabrina



Leslie Miller

Mark Casey and Bob Satko

**Ghost of Seattle Marathon/50k (11/29)** :Fran Austero-Macavinta, Margaret Barrett, Wendy Beck, Molasses, Mark "Thor" Casey, Rick Cooney, Pedro Max, Tricia Early, Steven Ferry, Cathy Fowler, Eric "& Carlos PartyMonkey" Glass, Reed Glesne, Susan Glesne, Margaret Gorog, Melissa Graham, Rick "Roadkill" Haase, Annie Hernandez, "Insane Jane", David Holmen, Jill Hudson, Keith Hudson, Steve Jensen, Laura Johnson, Roger Johnson, Clinton Kaku, Dean Kayler, Ethel Marie Kitching, \*Kimpossible\*, Ray "Luv 2 Eat N Run" Macavinta, Jon "Coconutboy" Mahoney, Gary "The Red Rabbit" Marr, Tracy Marshall, Rich Menzel, Cyndie Merten, Little Leslie, Tina Miller, Brett Nguyen, Rufus Park, Monte Pascual, Guru, David Pearson, Andrew Raleigh, Bill Ralph, Crockpot, sLuG, EatDrinkRunWoman, Bob Satko, John Schaphorst, Joe Schrum (Just Joe), Sabrina, McGyver, Brian Simpson, Tara Simpson, Becci Walking, Linda Walter, Steve "Marathon Freak" Walters, Lisa "Mama Lisa" Wood, Jennifer Yan, Kuanling Amy Yeh, Laura Zeffer



Crystal



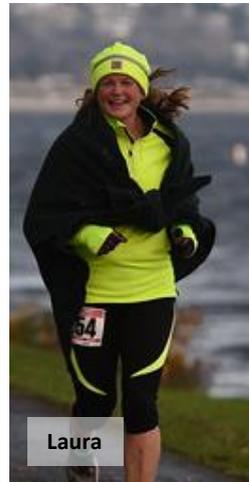
Cat Schwartz



Lisa Wood



Susie Ro



Laura



Betsy Rogers



Steven Ferry and Anne Hernandez



Gary Marr



Loree



Tony C



## MARATHON MANIACS 2015 REUNION

### Mississippi Blues Marathon

JANUARY 10, 2015 • JACKSON, MISSISSIPPI

Join fellow Marathon Maniacs in Jackson, Mississippi in January for the 9<sup>th</sup> annual reunion. The Maniacs will return to the Southeast for this reunion to be filled with southern blues and plenty of red, yellow and black. Maniacs participating will be able to enjoy many added benefits not found in other marathons. Stay tuned for more details. In the mean time be sure to register and join the fun!

### BONUS: Back 2 Back Challenge • First Light Marathon

As an added bonus, join dozens of Maniacs and run the First Light Marathon in Mobile, Alabama on January 11, 2015 and grab 4 stars!



# Seattle Marathon

SEATTLE, WASHINGTON

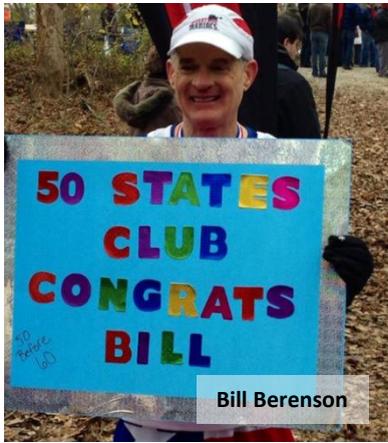


Sabrina and Pedro

**Seattle Marathon (11/30):** Off Course Roger, John Anderson, Fran Austero-Macavinta, Mic, Geb Brown, Janet Burgess, Troy Byers, Jun Chea, Sporty Diva Coates, Keith Collingwood, Trian Cuyano, Bob & Lenore Dolphin, Tricia Early, Ted Eckert, Dirty Dave, David England, Sarah "Stumbling Goat" Englund, Deb Evdemon, Alejandro Fallas, Steven Ferry, Ian Field, Will 'CAK7' Flint, Andrew Freeman, Dennis Gelvin, Maverick, Mr. Pat, Rick "Roadkill" Haase, Deanna "SMILES" Hanshew, Joanne Hastie, Jackie Helfgott, Annie Hernandez, "Insane Jane", Lonnie Hetzler, Deborah Hoffpauir, David Holmen, Teri Hubbs, Robert Jacobsen, Narongdej "Jay" Jaroensabphayanont, Amy Johnson, Jamie Johnson, Laura Johnson, James Klarich, Jen Knife, \*Kimpossible\*, Michael "Endorphin Nephew" Lam, Kurt Lauer, Roberto Lopez, Ray "Luv 2 Eat N Run" Macavinta, Roger Macmillan, Jon "Coconutboy" Mahoney, Sherry "Coconutgirl" Mahoney, Gary "The Red Rabbit" Marr, Cyndie Merten, Little Leslie, Tina Miller, Caedmon Nash, Brett Nguyen, Janice Northrup, Hideko Opperman, Rufus Park, Monte Pascual, Guru, David Pearson, The Programmer, maniac 3tp!, Brian Pilgrim, Misty Pilgrim, Leah Piper, Paul "The Brit" Piper, Jessica Placek, Cheri Pompeo, Jasmine Johnson Purnell, Bill Ralph, Carolyn Reeves, Joe Reilly, Mary "mph" Hanna Richards, Crockpot, Tom Rogers, Anthony Rose, Mark Ruter, Lorelei Sadowski, Mindy San Jule, John Schaphorst, Sabrina, Michael Shiach, Brian Simpson, Tara Simpson, Angie Smith, Benjamin Sommers, David Stout, Gregg Walchli, Steve "Marathon Freak" Walters, Michael Warner, CJ \*\*Hollywood\*\* Warren, Gregory Watson, Marsha 'BookladyWalker' White, Brett "Go Broncos" Wittner, Lisa "Mama Lisa" Wood, Kimberley Worthen, Chrissy Yamada, Jennifer Yan, Kuanling Amy Yeh, Janet Yoest, Rossana Zemek, Marie "Mimi" Zornes



Roger



Bill Berenson



Michael Anderson



Sue



Tom Halle



Nap time!



John Kent Leighton



Randall Baker

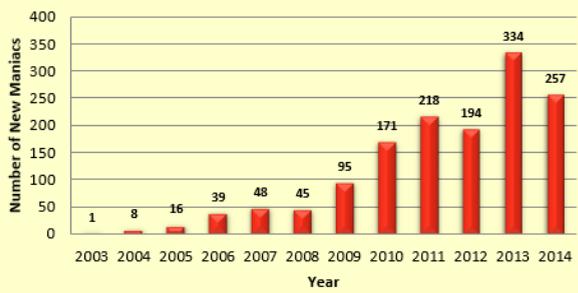
## REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

### Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	70.2	50.4	63.7	55.8	86.7	66.7	44.7	26.4	32.3	87.2	106.3	97.1	765.6
Record	212	101	170	138	212	147	101	56	73	257	334	223	1,994
2013	212	95	170	138	212	133	91	56	73	257	334	223	1,994
2014	225	177	189	137	249	175	81	52	70	257	<b>257</b>	-	1,869

### New Maniacs for November



New Maniacs in November 2014: 257  
 New Maniacs in 2014: 1,869  
 Total Maniacs: 10,291

Maniacs founded	5/25/03
1000 <sup>th</sup> Maniac	6/11/08
2500 <sup>th</sup> Maniac	5/9/10
5000 <sup>th</sup> Maniac	2/4/12
7500 <sup>th</sup> Maniac	8/13/13
10000 <sup>th</sup> Maniac	10/28/14
0-5000	3178 days (8.70 yrs)
5001-10000	998 days (2.73 yrs)

State	MM	Pct%
Washington	1,186	11.8%
California	789	7.9%
Texas	693	6.9%
Illinois	383	3.8%
Florida	362	3.6%
New York	324	3.2%
Oklahoma	301	3.0%
Virginia	278	2.8%
Georgia	242	2.4%
Ohio	227	2.2%
Oregon	221	2.2%

# SEATTLE QUADZILLA

NOVEMBER 27-30, 2014 • SEATTLE, WASHINGTON



Susie



Sabrina and Steve



David P



Nick



Brett



Annie, Steven, Rufus and Alicia



Morton



Crystal



Gary



David H



Brad



Jennifer and Matt

### Noteworthy Accomplishments and Promotions!

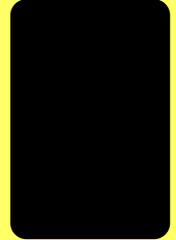
If you reached a higher Maniac level and want the recognition in the Newsletter  
Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** David Knapp, Guillermo Rios, Bill Sherman, Glen Anderson
- **Platinum (8 star) Maniac:** None
- **Palladium (7 star) Maniac:** Jerod Honrath
- **Osmium (6 star) Maniac:** patricia klein, Tanya Underwood, Michael Locke, Mariah Summers, Jennifer Yan, Matt Yan, Rufus Park
- **Ruthenium (5 star) Maniac:** convert pierre, Convert Danielle, Kate Escott, Gilberto Sosa
- **Iridium (4 star) Maniac:** Kimberly Oehrlein, Becky Ludwiczak
- **Gold (3 star) Maniac:** Tara Simpson
- **Silver (2 star) Maniac:** None
  
- **100 Marathons:** Lisa Wood
- **400 Marathons:** Rick Haase

#### New Titanium Maniacs!!



David Knapp



Guillermo Rios



Bill Sherman



Glen Anderson



## Upcoming Races!

### Marathon/Ultra Calendar between January 17-February 28

Saturday, January 3

Athens Big Fork Trail Marathon (AR)  
Croom Zoom 100k/50k (FL)  
Frozen Sasquatch Trail 50k (WV)  
Harbison 50k (SC)  
New Years Resolution 24h (HI)  
PHUNT 50k (MD)  
Pistol, The 100m/100k/50k (TN)  
Run4RKids 8h/6h/26.2 (ON)  
Seattle Locks Marathon (WA)  
Swamp Forest Trail Marathon (FL)  
Tuscobia 35m (WI)  
Watchung 50k/26.2 (NJ)  
Wildcat 100 48h/24h/100m/100k (FL)  
Yankee Springs Winter Challenge 50m/50k (MI)

Sunday, January 4

Altis Herb Parsons Trail Marathon (TN)  
Camarillo Marathon (CA)  
Lets Go Haiti Marathon (HTI)

Friday, January 9

Tiberias Marathon (ISR)

Saturday, January 10

Aravaipa San Tan Scramble (AZ)  
Bridle Trails (WA)  
Calico Running From an Angel Marathon (NV)  
Cloudland Canyon 50m (GA)  
Mississippi Blues Marathon (MANIAC REUNION) (MS)  
Pullman Winter Ultra #12 (WA)  
Savannah Rails to Trails 50k (GA)  
Tejas Trails Bandera 100k/50k (TX)

Sunday, January 11

Cebu Marathon (PHL)  
CTR Crystal Springs 50k/26.2 (CA)  
First Light Marathon (AL)  
Rocks and Roots 50k Day One (OH)  
Walt Disney World Marathon (FL)  
Yangon International Marathon (MMR)  
Zoom! Yah! Yah! (MN)

Saturday, January 17

24hrs of HOSTELity 24h/12h (GA)  
Capitol Peak Mega Fat Ass (WA)  
Charleston Marathon (SC)  
Country to Capital (GBR)  
CTR Steep Ravine 50k/26.2 (CA)  
Duel, The (TX)  
Eugene Bruckert 50k (DE)  
Hong Kong 100 Ultra Trail Race (HKG)  
HURT 100 Mile Endurance Run (HI)  
Museum of Aviation Marathon (GA)  
Weymouth Woods 100k (NC)

Saturday, January 18

Bermuda Marathon (BMU)  
Buena Suerte 50m (Big Bend 50) (TX)  
Carlsbad Marathon (CA)  
Clearwater 50k/26.2 (FL)  
Houston Marathon (TX)  
Louisiana Marathon (LA)  
Marathon Bahamas (BHS)  
Maui Oceanfront Marathon (HI)  
Mumbai Marathon (IND)  
Redding Marathon (CA)  
Rock N Roll Arizona (AZ)  
Swamp Stomper (TN)

Friday, January 24

Aravaipa Coldwater Rumble 100m/52m/50k (AZ)

Arena Attack Indoor Marathon (CT)

Beast of Burden 100m/50m (NY)  
Mountain Mist (AL)  
Team Loco Marathon (AR)

Saturday, January 25

Calico 50k (CA)  
Callaway Gardens Marathon (GA)  
Celebration Marathon (FL)  
Gran Canaria Maraton (ESP)  
Hong Kong Marathon (HKG)  
Icebreaker Indoor Marathon (WI)  
Khon Kaen International Marathon (THA)  
Miami Marathon (FL)  
Miracle Match Marathon (TX)  
Ocala Marathon (FL)  
ONU Polar Bear Indoor Marathon (OH)  
Rock N Roll New Orleans (LA)

Friday, January 31

Desert Classic Marathon (AZ)  
Enviro-sports Death Valley Marathon (CA)  
Kahtoola Bigfoot Snowshoe Festival 50k/26.2 (UT)  
North Face 100 Thailand (THA)  
Sedona Marathon (AZ)  
Tejas Trails Rocky Raccoon 100m (TX)  
Winter Night Trail Marathon (IN)

Sunday, February 1

Condura Skyway Marathon (PHL)  
Galveston Marathon (TX)  
Groundhog Marathon (MI)  
Melbourne Music Marathon (FL)  
Surf City Marathon (CA)  
USA FIT Marathon (TX)

Saturday, February 7

Delirium 24h/12h/6h (SC)  
Hilton Head Island Marathon (SC)  
ICY-8 8h (VA)  
Iron Horse 100m/100k/50m (FL)  
Jed Smith Ultra Classic 50m/50k (CA)  
John Dick Memorial 50k (WI)  
Light to Light 42.7m (NC)  
Louisville McLovin the Hills (KY)  
Mid-Maryland Ultra 50k (MD)  
Piney Woods Trailfest 50k (TX)  
Rainshadow Orcas Island 50k (WA)  
Tejas Trails Rocky Raccoon 50m (TX)  
Train Track Trek (CA)  
Two Million Inch Run 31.56 m and Inch Worm Marathon (WA)  
White Rock Classic 50k (AR)

Sunday, February 8

CTR Golden Gate 50k/26.2 (CA)  
Fort Smith Marathon (AR)  
Rocks and Roots 50k Day Two (OH)  
Taipei Marathon (TWN)  
Tallahassee Marathon (FL)  
Thunderwolves Indoor Marathon (ON)  
Yukon Arctic Ultra (YT)

Thursday, February 12

Lincoln's Birthday International Marathon (NY)

Friday, February 13

Rouge Orleans 126.2m (LA)

Saturday, February 14

Aravaipa Black Canyon 100k/50k (AZ)  
Hagg Lake Mud Run (OR)  
Ice Bowl Ultra 75m (WI)

Jackpot Ultra Running Festival (NV)

Love.Run.Marathon (TX)  
Mississippi River Marathon (MS)  
Moab's Red Hot 55k (UT)  
Myrtle Beach Marathon (SC)  
Pemberton 50k (AZ)  
Woolley 50k/26.2 (WA)

Sunday, February 15

26.2 With Donna (FL)  
Austin Marathon (TX)  
Birch Bay International Marathon (WA)  
Buzz Marathon (CA)  
Five Points of Life Marathon (FL)  
Fort Lauderdale A1A Marathon (FL)  
George Washington's Birthday Marathon (MD)  
HMRRC Winter Marathon (NY)  
IMS Arizona Marathon (AZ)  
Kyoto Marathon (JPN)  
Lost Dutchman Marathon (AZ)  
NWTR Fort Ebey Kettles Trail Run (WA)  
Paradise Coast Marathon (FL)  
Rogue/Yeti Heartbreak Marathon (GA)  
Winterman Marathon (ON)

Monday, February 16

White Continent Marathon (ATA)

Tuesday, February 17

Maple Leaf Marathon 6-Pack (6 day event) (IN)

Friday, February 20

LoVit 100m (100mi-AR)

Saturday, February 21

Aravaipa Elephant Mountain (AZ)  
Black Warrior 50k (AL)  
Blackwater Trail Challenge (FL)  
Cross Timbers 50m/26.2 (TX)  
CTR Montara Mountain 50k/26.2 (CA)  
Cummins Falls Marathon (TN)  
Frozen Feet 6h (MO)  
LoVit 100k (100K-AR)  
Punta Arenas Marathon (CHL)  
Surfside Marathon (TX)  
Ultra Adventures Antelope Canyon 100m/50m/50k (AZ)  
XTERRA Thrill in the Hills Marathon (GA)

Sunday, February 22

Altis Shelby Forest Loop Marathon (TN)  
El Paso Marathon (TX)  
Evergreen Lord Hill 50k (WA)  
Hyannis Marathon (MA)  
Last Chance for Boston Marathon (OH)  
Malta Marathon (MLT)  
Mercedes Marathon (AL)  
NYCRuns Central Park Marathon (NY)  
Tokyo Marathon (JPN)

Friday, February 27

Tel Aviv Marathon (ISR)

Saturday, February 28

12th Annual Campaign "Fund" Run (WA)  
Mt Cheaha 50k (AL)  
Mt Mitchell Challenge and Black Mountain Marathon (NC)  
Phoenix Marathon (AZ)  
Richland Run Fest (WA)  
Tejas Trails Nueces 50m/50k (TX)  
Woodlands Marathon (TX)



## New Maniacs in November 2014

James Bryan Paschal (#10035)  
Shirley Kyles (#10036)  
Ben Labadie (#10037)  
Jackie Joseph (#10038)  
Kristi Melton (#10039)  
Michele Grosz (#10040)  
Dawn Foley (#10041)  
Ollie Green (#10042)  
James Kirkmeyer (#10043)  
Jacquelyn Thayer (#10044)  
Brandon Adams (#10045)  
Mary Ringis (#10046)  
Shannon Daniels (#10047)  
Jena Chopson (#10048)  
Marcie Polin (#10049)  
Ed Luther (#10050)  
Jared Foster (#10051)  
Sarah Gee (#10052)  
James Morton (#10053)  
Jerrod Carter (#10054)  
Ross Nordhoff (#10055)  
Lindsay Vandersluis (#10056)  
Susan Lucas (#10057)  
Carol Obmina (#10058)  
Fred Matthews (#10059)  
Shelli Treely (#10060)  
Bill Frazier (#10061)  
Shannon Brandl (#10062)  
Brittany Churchey (#10063)  
Elizabeth Robinson (#10064)  
Phyllis Gandy (#10065)  
Matt Koenig (#10066)  
David Wingert (#10067)  
Gabe dela Cruz (#10068)  
Dawn Larkin-Wallace (#10069)  
Warren Glad (#10070)  
Dennis Arriaga (#10071)  
Terri Sullivan (#10072)  
Jermaine Davis (#10073)  
Kelie Anderson (#10074)  
Elizabeth Baker (#10075)  
Daneen Colligan (#10076)  
Steve Foelber (#10077)  
Mike Lemaire (#10078)  
Erica Berraho (#10079)  
Marko Heinila (#10080)  
Bev Delpont (#10081)  
Ami Parrish (#10082)  
Bertha Bock (#10083)  
Gregory Douthard (#10084)  
Alan Schwartz (#10085)  
Rhonda Hillis (#10086)  
Mallory Bergstresser (#10087)  
Stuart Goering (#10088)  
Andrew Peddy (#10089)  
Deborah White (#10090)  
Heather McFadden (#10091)  
Michael Fred (#10092)  
Rae Lynn Massie (#10093)  
Pierre Yeremian (#10094)

Linda Yeremian (#10095)  
Yuthana Kong (#10096)  
Lisa Mintz (#10097)  
Alexander Crouch (#10098)  
Beverly Kiefner (#10099)  
June Long (#10100)  
Luke Lori (#10101)  
Colleen Williams (#10102)  
Denise Singleton (#10103)  
Heather Carson (#10104)  
Renee Brainerd (#10105)  
Leonida San Pedro (#10106)  
Lori Dencsak (#10107)  
Jamie Sovcik (#10108)  
Shelebra Bartley (#10109)  
George Novo (#10110)  
William Stalhandske (#10111)  
Glenn Anadeo (#10112)  
Christopher Hart (#10113)  
Chris Roemmich (#10114)  
Tommy Hansen (#10115)  
Everett Phillips (#10116)  
Charles Vinci (#10117)  
Peggy Kindinger (#10118)  
Bill Conley (#10119)  
Jen Mason (#10120)  
Isabelle Krystynak (#10121)  
Sheryl Leonard-Schneck (#10122)  
Jennifer Butler (#10123)  
Karen Alasin (#10124)  
Justin Johnson (#10125)  
Jessie Schrock (#10126)  
Jana Myers (#10127)  
Andrew Winter (#10128)  
Mike Kingslien (#10129)  
Trina Schlecht (#10130)  
Caitlin Briere (#10131)  
Jonathan Scott (#10132)  
Sania Irwin (#10133)  
Susan Blackwell (#10134)  
Alicia Kerns (#10135)  
Dee Dee Urquhart (#10136)  
Rob Reilly (#10137)  
Lora Cochran (#10138)  
Keirn Gawthrop (#10139)  
Richard Stoebner (#10140)  
Julie Silverman (#10141)  
Wayne Shriver (#10142)  
Jeff Christakos (#10143)  
Aisha Youins (#10144)  
Carrie Mahoney (#10145)  
Bryce Pringle (#10146)  
Celeste Brown (#10147)  
Julie Patton (#10148)  
Amy Ryan (#10149)  
Alice Carrillo (#10150)  
Standley Douglas (#10151)  
Charles Drayton (#10152)  
Christopher Ducasse (#10153)  
Julie Weakley (#10154)  
Marc Tomlinson (#10155)  
Monica Reynolds (#10156)  
Wayne Engelbrecht (#10157)  
Teresa Eastin (#10158)  
Craig Ledford (#10159)  
Autum Haley (#10160)

Norman Scott (#10161)  
Ben Hall (#10162)  
Kristin Cunningham (#10163)  
Erica Puga (#10164)  
Sheila Bramante (#10165)  
Susan Russell Hall (#10166)  
Kelli Allen-Wallace (#10167)  
Beverly Magda (#10168)  
Jennifer Galloway (#10169)  
April Kociolek (#10170)  
Cissi Garretson (#10171)  
Maurice "Reese" Winn (#10172)  
Vainthe Julien (#10173)  
Anna White (#10174)  
Katie Hoffman (#10175)  
Erin Smith (#10176)  
Billie Stout (#10177)  
Whitney Kenemer (#10178)  
Eric Peters (#10179)  
Tom Hu (#10180)  
David Haring (#10181)  
Lynna Gilstrap (#10182)  
Tony Brown (#10183)  
Jennifer Dugan (#10184)  
Leah Keating (#10185)  
Heather Crookston (#10186)  
Lisa (#10187)  
Jessica Douma (#10188)  
Omar Myers (#10189)  
Holly Nguyen (#10190)  
Amanda Bishop (#10191)  
Jason Roskens (#10192)  
Meg Sauve (#10193)  
Danielle Turrin (#10194)  
Jorge Lopez (#10195)  
Timothy Lewis (#10196)  
Patricia Patrissy (#10197)  
Anne-Margaret Welton (#10198)  
Alexis Pantazis (#10199)  
Deborah Woodle (#10200)  
Giovanny (#10201)  
Bethanie Schwartz (#10202)  
Jason Bieber (#10203)  
Keshia Mitchell (#10204)  
Caroline Casserly (#10205)  
Rachel Sullivan (#10206)  
Daniel Malaty (#10207)  
Ines Cooper (#10208)  
Liz Byrnes (#10209)  
Bill Knapp (#10210)  
Gray Gurkin (#10211)  
Sharon Sullins (#10212)  
Bravo Foxtrot (#10213)  
Mary Flinders (#10214)  
Samuel Pagliarini (#10215)  
Christina Thompson (#10216)  
Alejandro Sanchez (#10217)  
Jacqueline Hernandez (#10218)  
Katy Hall (#10219)  
Patricia Barrett (#10220)  
Eileen O'Reilly (#10221)  
Clark Taft (#10222)  
Jimilea Fry (#10223)  
Paul Luther Obmina (#10224)  
Valarie Edwards (#10225)  
Alexander Trakhtman (#10226)

Amber Burga (#10227)  
Eric DiPietro (#10228)  
Jerilyn Packer (#10229)  
John Carr (#10230)  
Noel Lozares (#10231)  
Glenn Anadeo 2 (#10232)  
Cheryl Symons (#10233)  
Martin Gayle (#10234)  
Amy Hartford (#10235)  
DeSandra Washington (#10236)  
Shamz (#10237)  
Eric Yamada (#10238)  
Jamie Rusignuolo (#10239)  
Nancy Sweat (#10240)  
Amy Krupka (#10241)  
Marisa Vaughn (#10242)  
Jeannine Galloway (#10243)  
Misty DiGangi (#10244)  
Michael Wilson 2 (#10245)  
Mike La Pilla (#10246)  
Richard Maltz (#10247)  
Kevin Gose (#10248)  
Jace Dunagan (#10249)  
Sandy McMullen (#10250)  
Joanna Gafford (#10251)  
Dorothy Lupariello (#10252)  
Amelia Rosser (#10253)  
Donnisha Beverly (#10254)  
Jessica Brelje (#10255)  
Leah Kasowitz (#10256)  
Leah Zachman (#10257)  
Ferdinand Gonzaga (#10258)  
Marcia Burke (#10259)  
Heather Fisher (#10260)  
Todd Eveland (#10261)  
Sarah Ross (#10262)  
Eric Wostenberg (#10263)  
Mary-Ann Maloney (#10264)  
Jennifer Bohlken (#10265)  
Manoj Kuriakose (#10266)  
Stephanie Cowan (#10267)  
Tiffany Fairchild (#10268)  
Stephanie Lashley (#10269)  
Seth Cooke (#10270)  
Tracie Sundack (#10271)  
Shandi Brinkman (#10272)  
Brock Lyons (#10273)  
Amanda Wierenga (#10274)  
Kimberly Sikorski (#10275)  
bmatsinger@yahoo.com (#10276)  
David Handel (#10277)  
Stephen Savory (#10278)  
Stephanie Quist (#10279)  
Kristen McElroy (#10280)  
Catherine O'Doherty (#10281)  
Amanda Hart (#10282)  
Linna Fang (#10283)  
Suzanna Yau (#10284)  
Jeff Chirdon (#10285)  
Mel Dang (#10286)  
Jimmy Kwan (#10287)  
Cynthia Hill (#10288)  
Tom Garvey (#10289)  
Travis Ervin (#10290)  
Jamie LeSage (#10291)

## NEW MANIACS



Eric Yamada



Caitlin Briere



Alicia Kerns



Julie Weakley



Kim Smith, Darla Rogers, Maria Vasquez



Tamara Goodrich



Deborah K. White



Wayne Shriver



Monica Reynolds



Jennifer Butler



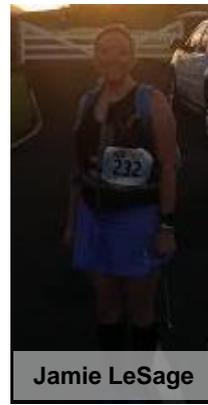
Terri Sullivan



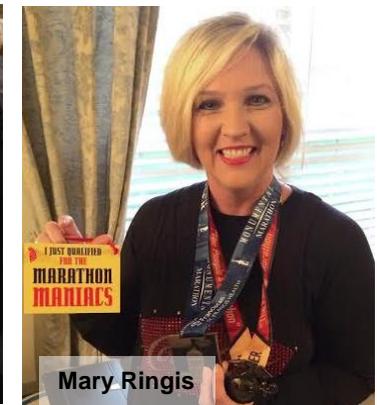
Julie Silverman



Kate Stoker



Jamie LeSage



Mary Ringis



Terance Lee



Gregory Alexander



Danielle Turrin



Aisha Youins



Othman and Stacy Bolyard  
1135



Julia



Leslie and Christy



Hope Fox



A couple of 50sub4 studs!



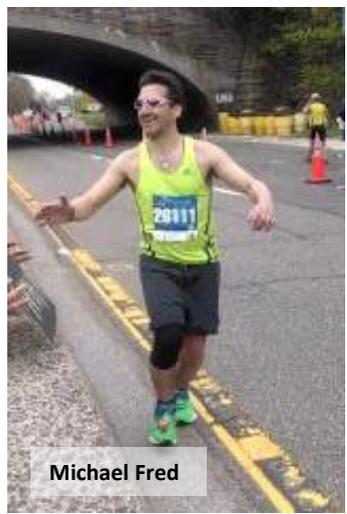
Emily Jones



Heather



Pierre and Dany Convert



Michael Fred



Jon Mahoney



Steve Walters and George Southgate

## FROM THE EDITOR...

We are now into the winter season. If you are in an area of the country where marathons continue year around, I wish you the best of luck. If you are taking the winter off from marathons, rest well.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

## MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts have a \*\* in front of the race name and don't forget about the Maniac discounts at Running Skirts [www.runningskirts.com](http://www.runningskirts.com) and The Running Warehouse [www.runningwarehouse.com](http://www.runningwarehouse.com) for all your non-Maniac branded apparel and shoe needs.

- Mississippi Blues Marathon 1/10/15: [www.msbluesmarathon.com](http://www.msbluesmarathon.com)
- First Light Marathon (AL) 1/11/15: [www.firstlightmarathon.com](http://www.firstlightmarathon.com)
- Louisiana Marathon 1/18/15: [www.thelouisianamarathon.com](http://www.thelouisianamarathon.com)
- Maui Oceanfront Marathon 1/18/15: [www.mauiocceanfrontmarathon.com](http://www.mauiocceanfrontmarathon.com)
- Town of Celebration Marathon (FL) 1/25/15: [www.celebrationmarathon.com](http://www.celebrationmarathon.com)
- Melbourne Music Marathon (FL) 2/1/15: [www.themelbournemarathon.com](http://www.themelbournemarathon.com)
- Mississippi River Marathon (MS) 2/14/15: [www.msrivermarathon.com](http://www.msrivermarathon.com)
- Buzz Marathon (CA) 2/15/15: [www.buzzmarathon.org](http://www.buzzmarathon.org)
- Lost Dutchman Marathon (AZ) 2/15/15: [www.lostdutchmanmarathon.org](http://www.lostdutchmanmarathon.org)
- Mercedes Marathon (AL) 2/22/15: [www.mercedesmarathon.com](http://www.mercedesmarathon.com)
- Little Rock Marathon (AR) 3/1/15: [www.littlerockmarathon.com](http://www.littlerockmarathon.com)
- \*\*Stanky Creek Marathon (TN) 3/8/15: <https://altisendurance.com/events/stanky-creek-marathon-and-half-marathon>
- Tobacco Road Marathon (NC) 3/15/15: <http://tobaccoroadmarathon.com>
- Raccoon Mountain Marathon (TN) 3/21/15: <http://runchattanooga.org/rmm/>
- Hogeve Marathon (AR) 3/29/15: [www.hogeyemarathon.com](http://www.hogeyemarathon.com)
- Knoxville Marathon (TN) 3/29/15: [www.knoxvillemarathon.com](http://www.knoxvillemarathon.com)
- Tomoka Marathon (FL) 3/29/15: [www.tomokamarathon.com](http://www.tomokamarathon.com)
- Blooms to Brews Marathon (WA) 4/12/15: <http://bloomstobrews.getboldevents.com>
- Carmel Marathon (IN) 4/18/15: [www.carmelmarathon.com](http://www.carmelmarathon.com)
- Garmin Marathon (KS) 4/18/15: <http://ozrun.org>
- \*\*Whidbey Island Marathon (WA) 4/19/15: [www.whidbeyislandmarathon.com](http://www.whidbeyislandmarathon.com)
- \*\*Illinois Marathon 4/25/15: <http://illinoismarathon.com>
- Snake River Island Hop 50K/100K (WA) 4/25/15: [www.platautrailadventures.com](http://www.platautrailadventures.com)
- \*\*Crossroads of Northwest Indiana Marathon 4/26/15: [www.nwicrossroads.com](http://www.nwicrossroads.com)
- \*\*Brookings Marathon (SD) 5/2/15: [www.brookingsmarathon.com](http://www.brookingsmarathon.com)
- \*\*Wisconsin Marathon 5/2/15: [www.wisconsinmarathon.com](http://www.wisconsinmarathon.com)
- Coastal Delaware Running Festival 5/3/15: [www.codelrun.com](http://www.codelrun.com)
- Delaware Marathon 5/10/15: [www.delawaremarathon.org](http://www.delawaremarathon.org)
- \*\*Starved Rock Country Marathon (IL) 5/16/15: <http://starvedrockcountrymarathon.org>
- Shires of Vermont Marathon 5/17/15: <http://shiresofvermontmarathon.com>
- \*\*Vineyards Marathon Grapes of Half (OR) 5/17/15: <http://pinkbuffaloracing.com/GrapesofHalf.html>
- Vermont City Marathon 5/24/15: [www.vermontcitymarathon.org](http://www.vermontcitymarathon.org)
- \*\*Cox Providence Marathon (RI) 5/3/15: [www.rhoderaces.com/marathon/index.html](http://www.rhoderaces.com/marathon/index.html)
- \*\*Windermere Marathon (WA) 6/7/15: <http://windermeremarathon.com/>
- Kona Marathon 6/28/15: [www.konamarathon.com](http://www.konamarathon.com)
- \*\*Aspen Valley Marathon (CO) 7/18/15: [www.aspenvalleymarathon.com](http://www.aspenvalleymarathon.com)
- Moose's Tooth Marathon (AK) 8/16/15: [www.bigwildliferuns.org](http://www.bigwildliferuns.org)
- Boring Marathon (OR) 9/13/15: <http://boringmarathon.com>
- \*\*New Hampshire Marathon 10/3/15: [www.nhmarathon.com](http://www.nhmarathon.com)
- Mainly Marathons Marathon Series races, discounts for all races and all series <http://mainlymarathons.com/>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: [jeff@marathonmaniacs.com](mailto:jeff@marathonmaniacs.com)



**PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)  
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!**

**A REMINDER IS SENT WITH THE MONTHLY E-FLASH  
AND SOME OF YOU ARE OVERDUE!!**

## RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



*Rookies: Marathon Maniacs was founded by three members: # 1, the incomparably positive Steve Yee, whom #2 and 3 re-appoint as "The Prez" for life every few days; his effervescent sidekick #2, Christopher "Hollywood" Warren; and #3, the warm, thoughtful, and speedy triathlete, Tony Phillippi. Together they are a magical combination, alternating as the heart, brains, and lungs of this amazing club phenomena.*

*My theory is they let me in because I obviously needed more than one Life Coach.*

*Rev, # 48.*

# 1 The Prez, # 2 Chris Warren, # 3 Tony Phillippi, # 48 The Rev And Some Really Big Guy



Dear Prez Prez Prez Prez PREZ!

So I'm trying this new energy combination idea I figured out by reading a facebook discussion then combining everybody's ideas and boy oh boy oh boy oh boy you learn a lot that way and here it is 4 a. m. and sleep? ha! that's a laugh I may never need to sleep again this is fantastic so now I can't wait to go for my run and its Tuesday and I'll just keep on running right through to Saturday's race and thanks so much for you guys starting the club and now I've got more to tell you but that'll have to wait a couple of da.....ZZZZZZ.....ZZZZZZZZZZ.....ZZZZZZZZZZ.....

Hey, Mr. Yee,

That didn't work out quite like I thought. Maybe from now on I'll adjust how I read from the Book of Faces.

As I sit under peaceful Christmas lights, my distant but sentimentally-close friend, a few year-end reflections to return to you, really. For directly or indirectly, you three inspired them all.

No one but yourselves can fully comprehend what the twelve years of work has required, to think up, prepare, launch and administrate all that is the Marathon Maniacs. It would take a book. And you have that, too. Fun to read, it illustrates how your work has multiplied the stories of inspired miles after inevitable miles of new ambitions, accomplishments, friendships, and joys, for 10,000+ of us now.

But we hardly grasp the background sacrifices you've invested to make this happen. Our comments can be naïve, ignorant, even presumptuous. But kudos to you three for your patient kindness with this. THANK YOU for everything.

To the elves that you've added, who diversify the club's services and make accessible a real feeling of belonging and fun in the club, thanks to you also. You bring the kind word, volunteer time, give reassurances and cheer. Some do a vocation's share of work. Not nearly all who deserve mention can be thanked here, but know that your service helps make our lives more enjoyable and healthy to live.

As we collectively taper at year's end, just a sample of appreciation to a few.

Thank you to the quiet, unassuming, fascinating, creative, and brilliant programmer/ marathoner/bird watcher/dad, Brian Pendleton. (I met him how? Well, he was injured, and he was also pausing to write down birds he spotted, so I managed to keep up with him for a little while.) Without Brian, the Maniac Asylum page alone would not have the many flexible features it has. We assume such wonders just exist, eh? Well, no. A big thanks to this wonderful fellow.

Behind every scene near him, Jeff Hagen quietly does things for people, exemplifying what we were taught by Jesus himself about doing good things: do them quietly, no parade, just do them. Any corporate effort anywhere ought to beg Jeff to be on staff, and then just let him follow his own spirit.

To every Maniac over 70, a Hearty Holiday Thank You to each of you! But -- and I know you know this -- you are nuts. What in the World are you thinking, running any miles at all, let alone to double digits, then through the energy-depletion miles preceding 26.2? Yet, upon further review, thanks for not acting your age, for you are re-defining what acting your age can mean.

For lessons in grace, thank you Jim Simpson. You are one of the Great Encouragers. This, while steadily posting career numbers only the likes of energizer bunnies like Larry Macon can understand. We have a mind-boggling 200 ten-star Titaniums now. But you guys suggest a new Comet level. But never mind that. Here I appreciate the encouraging attitudes we might aspire to. (Because if I aim at 10% of your running stuff, I have a sunbather's chance in Seattle.)

Prez, a fit example of Jim's encouragement is Ms. Bettie Wailes. Bettie, lovely, a senior master's woman, has the running legs of a 27-year-old, the charity of any child's favorite Aunt, and the quiet energy of a Rembrandt painting. She manages her own busy tutoring center. She writes test preparation books. On the side, I guess, she is compiling an astounding Maniacal running year of 100 marathons. Adjusting for the "tendons-tend-to-tighten-over-39" factor, this is beyond amazing. Then (more?), Bettie also published a thoughtful book, Running at the Back of the Pack, on the difficult lessons of living, loving, and nursing a loved one through their last days, then re-gathering strength, purpose, life and love again. For the times when we face deep troubles, hers is a wonderful, honest, life-affirming story.

Then there is this fun and funny fellow who new Maniacs are getting to know at race Expos. Once you meet him, you'll never forget him, the gregarious Gear Guy, Ray Shaw. Need a shirt? See Ray. Need a hoodie? See Ray. Need to crack up laughing? See Ray. Need a hug? See Jane. Smiling Jane always makes you feel important when you talk to her. Sweet! Just like Gear Guy. Well, sort of.

One fellow upon whom we rely for the substantive answer in any discussion of all things running: Stevie Ray Lopez. SR is a news show's producer's dream: hold him until the end, then let him sum up the matter. Among other gifts, he is the runner's Bob Schieffer. You rest easier after hearing from them.

Ahh, those "rest easier, peaceful moments." Inner tranquility. Contentment. You three Wise Men have another sort of star to light that way this year, Prez: Bob Dolphin.

First, he's married to Lenore Dolphin, the liveliest lady in all of Sports, not just marathoning. Lindsey Vonn doesn't ski as fast nor Danica Patrick drive as fast as Lenore lives, getting multiple things done while explaining the details, coordinating her comrades, and entertaining with Will Rogers like yarns.

Midst that carnival of activity she calls her life, the peaceful Bob, maintaining his duties as her number one assistant, takes his walks, watches the birds, and surpasses 501 career marathons. Tell your young friends who haven't run one yet: Bob started in middle age, ran a 3-hours-and-change PR in his mid-fifties, and best of all, knows what matters after a race. He would tell you: Image isn't necessary, and glory is for Another.

**Bob Dolphin's Peaceful Moment of the Year**  
celebrating the completion of another Marathon run at Yakima, 2014



And so I wish for us all the delightfully comforting, internal tranquility of our friend Bob. The angels said it best, filling the skies with their song soon after Jesus' birth, "Glory be to God on high, and peace and goodwill to you all on earth."

Luvya,  
Rev  
dgkienz@yahoo.com

Footnotes  
1. Thank you to Steve Barrick, the Some Really Big Guy above (see picture above the letter), who better have gotten a chuckle out of this or I'll have to PR at Yakima.  
2. Thank you to the Dolphins (below, with me and Pam) for their sweet sense of humor in allowing the use of the above picture of Bob's inner peace and tranquility.

