



MARATHON MANIACS

AUGUST 2017 NEWSLETTER

Volume 14, Number 8

NEWSLETTER CONTENTS

Signature Race Series	2
Half Fanatics	3
Mini-Maniacs	4
Last Call Memorial Run	5
RIP Raymond Scharenbrock	6
Research Study	7
Regional Ambassador Program	8
Social Networking	10
Double Agents	11
Maniac in Training Shirts	11
Maniac Criteria	12
New Maniacs	12
Yolanda Holder's 3100 mile	13
Calendar	14
Note from the Editor	15
Discounts	16





Kathy



Glen



Rodrigo



Signature Race Series

Scheduled 2017 races

FEB 26 / Cowtown Marathon / TX

APR 30 / Tacoma City Marathon / WA

JUL 9 / Mad Marathon / VT

SEP 24 / Fox Cities Marathon / WI

DEC 9 / Tucson Marathon / AZ

****Special club medals given at races!****

(Half marathon option is available at all races. Must be a member to participate in series)



Signature Race Series

Scheduled 2018 races

MAR 18 / Tobacco Road Marathon / Cary, NC

www.tobaccoroadmarathon.com

MAY 19 / Fargo Marathon / Fargo, ND

www.fargomarathon.com

JUL 15 / Missoula Marathon / Missoula, MT

www.missoulamarathon.com

****Special club medals given at races!****

(Half marathon option is available at all races. Must be a member to participate in series)



Have you signed up for these races yet? Don't miss out on participating in the Signature Race Series. Members participating in the races will receive a special club medal! For more info visit our website:

<http://www.marathonmaniacs.com/signature-race-series/>



Sanguinity



Jen



Jim



Melinda

HALF FANATICS

Marathon Maniacs running half marathons...
YES, it's true!

Tired of running marathons and ultras (HA!!)?
Need to back down on that weekly mileage
and concentrate on getting faster? Then join
the Half Fanatics (halffanatics.com). There are
currently over 16,000+ members in the
Fanatic Asylum, and I'm sure you'll recognize
a few names in the group. So jump on the
bandwagon now, get your qualifying races in
and join this new, zany group!

www.halffanatics.com





Jamila

Check out our
YouTube Channel!



Mary



Jim

mini- MARATHON MANIACS®

Get your child moving! An 8 week running program with fun and challenging running activities. After you sign your child up you will receive the following.

1. Tri-Fold brochure map to track your child's fitness journey.
2. Access to an interactive online map to track miles.
3. Sublimated Mini Maniac kids tech tee.
4. Mini Maniac Finisher Medal.
5. Mini Maniac official club number inside The Cave.

<http://www.marathonmaniacs.com/mini-maniacs>



Stacy



LAST CALL MEMORIAL RUN

Remembering Dr Adrian Call (1952-2017)

BOTHELL, WASHINGTON



Monte



Jenny



Steven



Jane



Tracy and Jon

R.I.P. **RAYMOND SCHARENBRUCK**

July 25, 1933 – July 1, 2017

The Maniac family lost one of it's oldest members. Raymond Scharenbrock (MM#305) of Wisconsin passed away on July 1st at the age of 83. Raymond completed 633 marathons in his lifetime which includes finishing a marathon in all 50 states 10 times. And became the 13th person to complete the 50 states in October of 1993. While he has not completed a marathon in about eight years. He ranks 18th in North America for the most marathons completed.

He was a teacher and counselor for 30 years. He is survived by two sisters and numerous nieces and nephews.



CALLING ALL ENDURANCE RUNNERS!!



Do You Want to Contribute to Research Studying the Personality and Mindsets of Endurance Runners?

As endurance runners, we all know that we are a “special breed”. But why is that? What is it about our personalities that makes us want to run (and run, and run)? What is it about our mindset that pushes us to keep going when others stop? The current study aims to answer those questions, but we need your help! You can help us by clicking on the following link (insert link here) and filling out a few surveys. Once you are done, you will be provided with your personality profiles and mindset evaluation. Best of all, you will know that you have contributed to our understanding of endurance runners!



For more information, contact Dr. Kristin Mauldin at kmauldin@calbaptist.edu





Charles Sayles runs his 250th marathon!



Krissy Lizbeth runs her 50th state at ET Marathon!



Robert



Sheri



Martha



Evelyn runs her 50th state at ET Marathon!

Regional Ambassador Program

Connecting local runners together.



We now have chapters throughout the U.S. that are run by our Regional Ambassadors to help connect local runners together. Find one in you area by visiting our website.

Interested in becoming an ambassador? Send an email to info@marathonmaniacs.com

<http://www.marathonmaniacs.com/Regional-Ambassador/>



Barbara Blackford
MM# 9635
Atlanta, GA





Van Phan during the Bigfoot 200 which she was the female winner of!



Glen



NEW!
MARATHON MANIACS CLUB ON STRAVA
LOOK FOR THE OFFICIAL MARATHON MANIACS
STRAVA™



Jim



71



Brent



Todd

MM
MARATHON MANIACS

SALE 30% OFF

Shirts & Singlet's

SELECTED SHIRTS & SINGLET'S ARE ON SALE NOW ONLINE FOR \$34.95. GET THEM NOW BEFORE THEY'RE GONE.



Jill and Keith



Jess



Charlotte



Cade and Glen



Roger runs his 100th marathon!

@Johnny5ramos

tag us on Instagram @marathonmaniacs and was chosen as this month's prize winner!

Follow us!

Marathon Maniacs | @marathonmaniacs | @MainManiacs



IF YOU #marathonmaniacs WITH A PHOTO OF YOU AND YOUR FAVORITE MANIAC GEAR ON INSTAGRAM THEN YOU MAY WIN A PRIZE!

Across all social networks use the hash tag:

#marathonmaniacs

DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

The Main Maniacs decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

For more information visit the Maniacs web site.



NEW DOUBLE AGENTS IN JULY:

Morley Jones (#3006)
Karen Wint (#3007)
Susan Green (#3008)
Tammy Dotson (#3009)

Kathy Valentine (#3010)
Bobby Kaljumaa (#3011)
Sonya Price (#3012)
Marc Ramos (#3013)

Brittany Culotta (#3014)
Shawna Budde (#3015)



New "Maniac in Training" shirts!

NEW! Maniac In training shirts are available now online!
These are perfect for future Maniacs or to encourage others to join! Available in both Men's & Women's.

Men's Version:

<http://www.databarevents.com/store/product/361/Mens-Maniac-In-Training-Yellow-ATAC-Tee>

Women's Version:

<http://www.databarevents.com/store/product/360/Womens-Maniac-In-Training-Yellow-ATAC-Tee>

MARATHON MANIACS CRITERIA

★★★★★ TITANIUM ★★★★★

- 52 Marathons or more within 365 days.
- 30 Marathons in 30 different US states within 365 days.
- 20 Countries within 365 days.

★★★★★ PLATINUM ★★★★★

- 45 - 51 Marathons within 365 days.
- 23 Marathons in 23 different US states within 365 days.
- 28 Marathons within 183 days.

★★★★★ PALLADIUM ★★★★★

- 38 - 44 Marathons within 365 days.
- 20 Marathons in 20 different US states within 365 days
- 13 Marathons within 79 days.

★★★★ OSMIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

★★★★ RUTHENIUM ★★★★★

- 26 - 30 Marathons within 365 days.
- 13 Marathons in 13 different US states within 365 days.
- 4 Marathons within 9 days.
- 3 Marathons in 3 days

★★★★ IRIDIUM ★★★★★

- 4 Marathons in 23 days.
- 19 - 25 Marathons within 365 days.
- 2 Marathons in 2 days (or 48 hours)
- 9 Marathons in 9 different US states within 365 days.

★★★ GOLD ★

- 4 Marathons within 37 days.
- 12 - 18 Marathons within 365 days.
- 4 Marathons in 4 different US states within 51 days

★ SILVER ★

- 3 Marathons within a 16 day time frame.
- 6 Marathons in 6 consecutive calendar months.
- 8 - 11 Marathons within 365 days.

BRONZE ★

- 2 Marathons within a 16 day time frame.
- 3 Marathons within a 90 day time frame.

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

DO YOU HAVE

WHAT IT TAKES

TO BE A MARATHON MANIAC?

New Maniacs in August 2017

- | | |
|---------------------------|---------------------------|
| Brett Sammut (#13980) | Liz Borrett (#13996) |
| Brenda Burden (#13981) | Aimee Hammon (#13997) |
| Douglas Myers (#13982) | Nakomis Maher (#13998) |
| Morley Jones (#13983) | Randy Zellmer (#13999) |
| Karen Wint (#13984) | Didier CAZALA (#14000) |
| Isabelle Kurzava (#13985) | Bob Sejbl (#14001) |
| Greg MacDonald (#13986) | Cindy Foland (#14002) |
| Susan Green (#13987) | Sarah Lunsford (#14003) |
| Patrick Sodja (#13988) | Joseph Culotta (#14004) |
| Tammy Dotson (#13989) | Brittany Culotta (#14005) |
| Kathy Valentine (#13990) | Sherry Mitchell (#14006) |
| Bobby Kaljumaa (#13991) | Erika Terl (#14007) |
| Leslie Darden (#13992) | Caio Lopes (#14008) |
| Gabriel Ulltjärn (#13993) | Roni Kauri (#14009) |
| Marc Ramos (#13994) | Mari Kauri (#14010) |
| Joseph Abousaid (#13995) | |



Mary



Pat



Jim

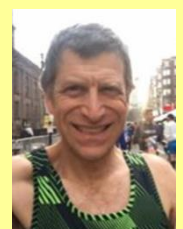
NEW TITANIUM MANIACS



Glen Marumoto



Brian Steinberg



Sam Friedman



Yolanda Holder breaking barriers at the SRI CHINMOY SELF TRANSCENDENCE 3100 MILE RACE

June 18 – August 8, 2017

QUEENS, NEW YORK

Over the course of 52 days, Yolanda Holder pushed her body to unfathomable limits. She becomes the first Marathon Maniac to complete the race, the first pure walker to complete it and the first black person to complete it.

The race is the longest certificated race in the world. Participants complete 3,100 miles by walking or running around a 0.55 mile loop. They have a maximum of 18 hours a day (6am-midnight) for 52 days to complete the distance (59.6 miles per day average).

Yolanda, known as "Walking Diva", is a pure walker. And has completed in hundreds of marathons and ultras including six day races. She went into this race with one objective to finish the 3,100 miles in the 52 days. She kept things simple, walk 60 miles a day for 52 days. But early in the race she got sick and had a few days where she was unable to get 60 miles. As a result she fell off pace by 44 miles. In order to complete 3,100 miles in the time limit she had to up her game to 62 miles (100k) a day for the remainder of the event. Despite the desire to give up she was encouraged by all the people following her progress. She kept the faith and finished late at night on August 8th. She had one hour left on the clock when she hit 3,100 miles!



UPCOMING RACES!

Marathon/Ultra Calendar between September 20 – October 12

9/20	Brush Tunnel Marathon	26.2	MD	10/1	Belfius Brussels Marathon	26.2	BEL
9/21	GAP Marathon	26.2	MD	10/1	Plym Trail Autumn Day 2	26.2	GBR
9/22	GAP Trestles Marathon	26.2	PA	10/1	Bromo Marathon	26.2	IDN
9/23	Golden Ultra	Ultra	BC	10/1	Rock n Roll Queretaro Marathon	26.2	MEX
9/23	Barnum Rail Trail Marathon	26.2	WV	10/1	Thru the Leaves Ultra	50K	MI
9/23	Sundance to Spearfish Marthon	26.2	WY	10/1	MO Cowbell Marathon	26.2	MO
9/23	Rough Creek Trail Run	26.2	TX	10/1	Winthrop Marathon	26.2	WA
9/23	Tehaleh Trail Marathon	26.2	WA	10/1	Greenway Marathon	26.2	TN
9/23	Lackawaxen Marathon	26.2	PA	10/1	Mother Road Marathon	26.2	MO
9/23	Table Rock Ultras	50K	NC	10/1	Twin Cities Marathon	26.2	MN
9/23	Middle Fork Trail 50k	26.2	WA	10/1	Lakefront Marathon	26.2	WI
9/23	Wild Hog Marathon	26.2	ND	10/1	Maine Marathon	26.2	ME
9/23	Oktoberfest Marathon	26.2	MI	10/1	Wineglass Marathon	26.2	NY
9/23	Midnight Madness Marathon	26.2	OH	10/1	Northern Ohio Marathon	26.2	OH
9/23	Georgia Jewel 50 Miler/ 100 Miler/ 35 Miler	50mi	GA	10/1	The Blues Cruise 50k	50K	PA
9/23	FirstEnergy Akron Marathon	26.2	OH	10/7	Mainly Marathons Appalachian Day 1	26.2	WV
9/23	Bobcat Trail Race	50K	CO	10/7	Oregon Coast 50K	50K	OR
9/23	Grand Lake Marathon	26.2	OH	10/7	Yankee Springs fall trail run festival	50K	MI
9/23	Akron Marathon	26.2	OH	10/7	Lake Cuyamaca 100k	100K	CA
9/23	Ely Marathon	26.2	MN	10/7	Gandy Dancer Marathon	26.2	WI
9/23	Fat Glass 50k	50K	WA	10/7	Outdoor X 12 Endurance Run	Ultra	OH
9/23	Morgantown Marathon	26.2	WV	10/7	Hennepin 100	100mi	IL
9/23	Mill Race	26.2	IN	10/7	Ft. Steilacoom Marathon/ 50km	26.2	WA
9/23	Saddleback Mountain Goat Marathon	26.2	CA	10/7	Rockaway Marathon	26.2	NY
9/23	Noble Canyon 50k	50K	CA	10/7	Skyline to the Sea	50K	CA
9/23	North Face Endurance Challenge Utah	26.2	UT	10/7	Bemidji Blue Ox Marathon	26.2	MN
9/23	The Piney Woods Ultra	50K	TX	10/7	Echo Sage Trail Run	50K	OR
9/23	Fall Fest Marathon	26.2	CO	10/7	Southernmost Marathon	26.2	FL
9/23	Flagstaff to Grand Canyon Stagecoach Line 100 Mile, 55K	100mi	AZ	10/7	Sleeping Bear Marathon	26.2	MI
9/23	Dances with Dirt Hell 50km/ 50 mile	50K	MI	10/7	Baker Lake 50K	50K	WA
9/24	Rock 'n' Roll Oasis Montreal Marathon	26.2	QC	10/7	No Name 5030	50K	CA
9/24	Berlin Marathon	26.2	DEU	10/7	Arkansas Traveller 100m	100mi	AR
9/24	Warsaw Marathon	26.2	POL	10/7	St. George Marathon	26.2	UT
9/24	Loch Ness Marathon	26.2	SCT	10/7	CloudSplitter 100	100mi	VA
9/24	Ironman Chattanooga	26.2	TN	10/7	Rock Bridge Revenge 50k	50K	MO
9/24	Clarence Demar Marathon	26.2	NH	10/8	Valley Harvest Marathon	26.2	NS
9/24	Quad Cities Marathon	26.2	IL	10/8	Okanagan Marathon	26.2	BC
9/24	Adirondack Marathon	26.2	NY	10/8	Goodlife Fitness Victoria Marathon	26.2	BC
9/24	Vermont 50	50mi	VT	10/8	Zagreb Marathon	26.2	HRV
9/24	Fox Cities Marathon	26.2	WI	10/8	Kiev City Marathon	26.2	UKR
9/24	Bellingham Bay Marathon	26.2	WA	10/8	Whiskey Daddle "The Barrel"	26.2	IL
9/24	Heartland Marathon	26.2	NE	10/8	Cary Fire House Tour Marathon	26.2	NC
9/24	Cumberland C&O Towpath Marathon	26.2	MD	10/8	Chicago Marathon	26.2	IL
9/24	Greater Binghamton Marathon	26.2	NY	10/8	Xterra Marathon of Trail Races	26.2	CO
9/24	Mystery Mountain Trail Marathon	26.2	GA	10/8	Mohawk Hudson River Marathon	26.2	NY
9/24	Truckee Marathon	26.2	CA	10/8	Prairie Fire Marathon	26.2	KS
9/27	Fat Glass 50k	50K	WA	10/8	Rails to Trails Marathon	26.2	WI
9/29	Bear 100	100mi	UT	10/8	Portland Marathon	26.2	OR
9/29	Yeti 100 Mile Endurance Run	100mi	VA	10/8	Spokane Marathon	26.2	WA
9/30	Plym Trail Autumn Day 1	26.2	GBR	10/8	Steamtown Marathon	26.2	PA
9/30	The Hungerford Games	50mi	MI	10/8	Mainly Marathons Appalachian Day 2	26.2	VA
9/30	Belleville Main Street Marathon	26.2	IL	10/8	Long Beach Marathon	26.2	CA
9/30	Platte Valley Companies Monument Marathon	26.2	NE	10/8	City of Trees Marathon	26.2	ID
9/30	Harmon Lakes Trail Festival Marathon - Fall	26.2	ND	10/8	Run Crazy Horse	26.2	SD
9/30	Team Kid Courage Marathon	26.2	UT	10/8	Towpath Marathon	26.2	OH
9/30	Leavenworth Marathon	26.2	WA	10/8	Carolina Beach Marathon	26.2	NC
9/30	Grand Traverse	Ultra	MN	10/8	Bizz Johnson Marathon	26.2	CA
9/30	New Hampshire Marathon	26.2	NH	10/8	The Newport Marathon	26.2	RI
9/30	Freedom's Run	26.2	WV	10/9	Mainly Marathons Appalachian Day 3	26.2	TN
9/30	Blazing 7's Trail Run	100mi	TX	10/10	Mainly Marathons Appalachian Day 4	26.2	NC
9/30	Dam Ruck 'N' Run	26.2	NV	10/11	Mainly Marathons Appalachian Day 5	26.2	SC
9/30	The Bear Chase Endurance Festival	50K	CO	10/12	Mainly Marathons Appalachian Day 6	26.2	GA



Tom



Wendy and Julia



Denis



Alexis



Hank



Melinda



Larry



Edward



Marc Gill and Steve Walters

FROM THE EDITOR...

Summer is winding down and things will start picking up on the marathon front. Hopefully you all are ready for another Fall marathon season.

We sadly lost two Maniacs this Summer, Adrian Call and Raymond Scharenbrock. Life is short, enjoy every moment.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



With the new website comes a new way to identify race discounts. All discounts are now located on the race calendar page. Look for the gold coin following the race name, that signifies a discount. Click the coin and after a brief disclaimer reminding us that discounts are for members only, the code will be revealed along with the amount saved.

The programmers are working on lots of website items and one is a non-race related discount link. Until that's complete, you'll need to email Jeff Bollman (jeff@marathonmaniacs.com) for the running warehouse discount.

- Grand Lake Marathon (OH) 9/23/17: www.grandlakemarathon.com
- Bellingham Bay Marathon (WA) 9/24/17: www.bellinghambaymarathon.org
- Greater Binghamton Marathon (NY) 9/24/17: <http://GreaterBinghamtonMarathon.com>
- Quad Cities Marathon (IL) 9/24/17: <http://qcmarathon.org/>
- Belleville Main Street Marathon (IL) 9/30/17
<http://bellevillemainstreetmarathon.itsyourrace.com/event.aspx?id=6976>
- Monument Marathon (NE) 9/30/17: www.monumentmarathon.com
- New Hampshire Marathon 9/30/17: www.nhmarathon.com
- Maine Marathon 10/1/17: <http://mainemarathon.com/>
- MO' Cowbell Marathon (MO) 10/1/17: <http://mocowbellmarathon.com/>
- Crazy Horse Marathon (SD) 10/8/17: www.RunCrazyHorse.com
- Hartford Marathon (CT) 10/14/17: www.hartfordmarathon.com
- Des Moines Marathon (IA) 10/15/17: www.desmoinesmarathon.com
- Maui Marathon (HI) 10/15/17: <http://mauimarathon.com/>
- Niagara Falls International Marathon (NY or ON) 10/15/17: <https://niagarafallsmarathon.com/>
- Kansas City Marathon (MO) 10/21/17: www.sportkc.org/marathon
- End of the Road Marathon (PA) 10/29/17: <http://triviumracing.com/event/endoftheroad/>
- Ocean State Marathon (RI) 10/29/17: www.runri.us/narragansett-race-info
- Bowling Green Marathon (KY) 11/5/17: www.bg262.com
- Raleigh City of Oaks Marathon (NC) 11/5/17: www.cityofoaksmarathon.com
- Charlotte Marathon (NC) 11/11/17: <http://runcharlotte.com/>
- Fort Worth Marathon (TX) 11/12/17: <http://fortworthmarathon.org/>
- Gobbler Grind Marathon (KS) 11/12/17: <http://gobblergrindmarathon.com>
- Louisville Marathon (KY) 11/12/17: <http://kentuckyruns.com/louisvillemarathon>
- Magnolia Marathon (MS) 11/18/17: www.magnoliamarathon.com
- Philadelphia Marathon (PA) 11/19/17: <https://philadelphiamarathon.com/>
- Space Coast Marathon (FL) 11/26/17: www.spacecoastmarathon.com
- Cayman Islands Marathon 12/3/17: www.caymanislandsmarathon.com
- Town of Celebration Marathon (FL) 1/28/18: www.celebrationmarathon.com
- Mississippi River Marathon (MS & AR) 2/10/18: <https://msrivermarathon.racesonline.com>
- Mercedes Marathon (AL) 2/11/18: www.mercedesmarathon.com
- **Pueblo Marathon (CO) 2/25/18: <https://www.madmooseevents.com/pueblo-marathon>



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!