



# MARATHON MANIACS

## JULY 2017 NEWSLETTER

Volume 14, Number 7

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Michael and Kimberly



Jim



Ross



Daniel



Alexis

## Signature Race Series

### Scheduled 2017 races

FEB 26 / Cowtown Marathon / TX

APR 30 / Tacoma City Marathon / WA

JUL 9 / Mad Marathon / VT

SEP 24 / Fox Cities Marathon / WI

DEC 9 / Tucson Marathon / AZ

**\*\*Special club medals given at races!\*\***

(Half marathon option is available at all races. Must be a member to participate in series)



Julia and Heidi

Have you signed up for these races yet? Don't miss out on participating in the Signature Race Series. Members participating in the races will receive a special club medal! For more info visit our website:  
<http://www.marathonmaniacs.com/signature-race-series/>





Glen Anderson runs his 200<sup>th</sup> marathon!



Jim



# HALF FANATICS

Marathon Maniacs running half marathons...  
YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics ([halffanatics.com](http://halffanatics.com)). There are currently over 16,000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

[www.halffanatics.com](http://www.halffanatics.com)







Jennifer



Shannon



Kristy



Patrick



Matt



## mini-MARATHON MANIACS®

Get your child moving! An 8 week running program with fun and challenging running activities. After you sign your child up you will receive the following.

1. Tri-Fold brochure map to track your child's fitness journey.
2. Access to an interactive online map to track miles.
3. Sublimated Mini Maniac kids tech tee.
4. Mini Maniac Finisher Medal.
5. Mini Maniac official club number inside The Cave.

<http://www.marathonmaniacs.com/mini-maniacs>



Lisa



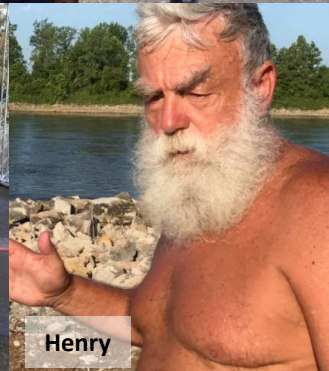
Ed



Tanya



John



Henry





Jennifer

Lisa and Kimberlee

# FIRECRACKER QUADZILLA

PORTLAND, OREGON



Cyndie



Kristy



Shane



Marie



Robert and Karen



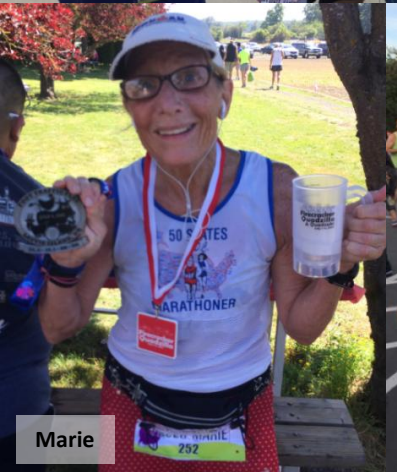
Stacy



SHANE



Denis



Marie



Daniel and Marc



Julia



Monte and Larry





John



Julia and Steve



John and Gregg



Steve and Gregg



Rob and Heidi



Heidi



Janice



Karey, Janice and Kandi



# CALLING ALL ENDURANCE RUNNERS!!



## Do You Want to Contribute to Research Studying the Personality and Mindsets of Endurance Runners?

As endurance runners, we all know that we are a “special breed”. But why is that? What is it about our personalities that makes us want to run (and run, and run)? What is it about our mindset that pushes us to keep going when others stop? The current study aims to answer those questions, but we need your help! You can help us by clicking on the following link (insert link here) and filling out a few surveys. Once you are done, you will be provided with your personality profiles and mindset evaluation. Best of all, you will know that you have contributed to our understanding of endurance runners!



For more information, contact Dr. Kristin Mauldin at [kmauldin@calbaptist.edu](mailto:kmauldin@calbaptist.edu)







Dan completes the Burning River 100



Jamila



Edward and Bonnie



Eckhard and Steven



## Regional Ambassador Program

Connecting local runners together.



We now have chapters throughout the U.S. that are run by our Regional Ambassadors to help connect local runners together. Find one in your area by visiting our website.

Interested in becoming an ambassador? Send an email to [info@marathonmaniacs.com](mailto:info@marathonmaniacs.com)

<http://www.marathonmaniacs.com/Regional-Ambassador/>



Jennifer Yan  
MM# 8886  
Monterey, CA







Ed



Ed and Tracy



Kathy and Ed

@johnny5ramos

# tag us on Instagram @marathonmaniacs  
and was chosen as this month's prize winner!

# Follow us!

Marathon Maniacs | @marathonmaniacs | @MainManiacs



IF YOU #marathonmaniacs WITH A  
PHOTO OF YOU AND YOUR FAVORITE  
MANIAC GEAR ON INSTAGRAM THEN  
YOU MAY WIN A PRIZE!

Across all social networks  
use the hash tag:

## #marathonmaniacs

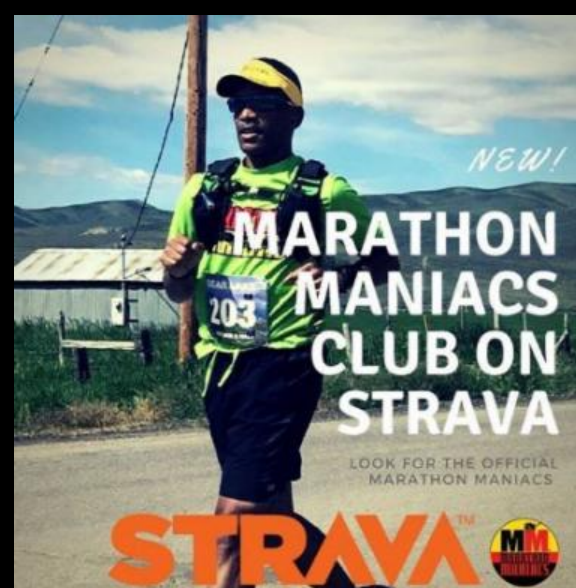




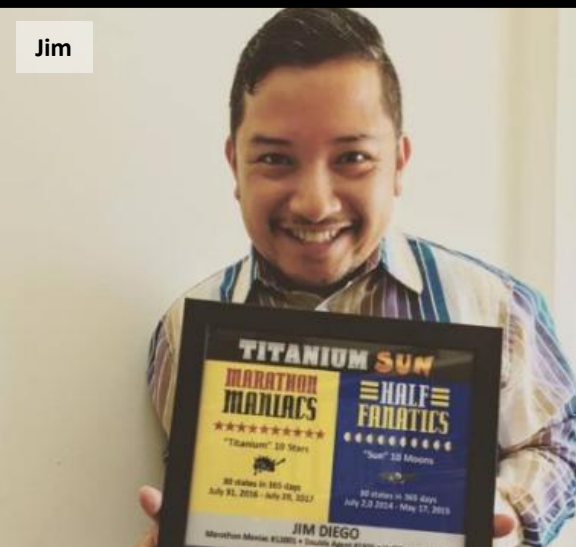
Charlotte



Sue runs her 50<sup>th</sup> state at Missoula.



Jim



**SALE 30% OFF**  
*Shirts & Singlet's*

SELECTED SHIRTS & SINGLET'S ARE ON SALE NOW ONLINE FOR \$34.95. GET THEM NOW BEFORE THEY'RE GONE.

## Dr. ADRIAN CALL

May 6, 1952 - June 20, 2017

From 2009 through 2015 Dr Adrian Call (MM#470) hosted low key free races in the Seattle suburb of Bothell. In total he hosted 35 races which featured half marathons, marathons and 50k races. Very popular among Maniacs and Fanatics they sadly came to an end in 2015 as Adrian was battling breast cancer and hosting the races became too much for him. On June 20, Adrian lost the battle to cancer at the age 65. It shock the Maniac/Fanatic community in the Pacific Northwest. Adrian was a wonderful man and will be missed by all that knew him.





# DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

The Main Maniacs decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

For more information visit the Maniacs web site.



## NEW DOUBLE AGENTS IN JULY:

Seret Rafferty (#2996)  
Daniel Rueckert (#2997)  
Angela Pohl (#2998)  
Susan Daley (#2999)

Sophoeun Seng (#3000)  
sarah m clouser (#3001)  
Mary Abbott (#3002)  
Kyle Shaver (#3003)

Kim Kovacs (#3004)  
Deborah Lazaroff (#3005)



Terri



Kari



John



Wesley and Bonnie



Terri Tackles Titanium  
07-20-17



Jim



Jamila



### MARATHON MANIACS CRITERIA

#### ★★★★★ TITANIUM ★★★★★

- 52 Marathons or more within 365 days.
- 30 Marathons in 30 different US states within 365 days.
- 20 Countries within 365 days.

#### ★★★★★ PLATINUM ★★★★★

- 45 - 51 Marathons within 365 days.
- 23 Marathons in 23 different US states within 365 days.
- 28 Marathons within 183 days.

#### ★★★★★ PALLADIUM ★★★★★

- 38 - 44 Marathons within 365 days.
- 20 Marathons in 20 different US states within 365 days
- 13 Marathons within 79 days.

#### ★★★★ OSMIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

#### ★★★★ RUTHENIUM ★★★★★

- 26 - 30 Marathons within 365 days.
- 13 Marathons in 13 different US states within 365 days.
- 4 Marathons within 9 days.
- 3 Marathons in 3 days

#### ★★★ IRIDIUM ★★★

- 4 Marathons in 23 days.
- 19 - 25 Marathons within 365 days.
- 2 Marathons in 2 days (or 48 hours)
- 9 Marathons in 9 different US states within 365 days.

#### ★★★ GOLD ★★★

- 4 Marathons within 37 days.
- 12 - 18 Marathons within 365 days.
- 4 Marathons in 4 different US states within 51 days

#### ★ SILVER ★

- 3 Marathons within a 16 day time frame.
- 6 Marathons in 6 consecutive calendar months.
- 8 - 11 Marathons within 365 days.

#### BRONZE ★

- 2 Marathons within a 16 day time frame.
- 3 Marathons within a 90 day time frame.

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMUpgrade>

DO YOU HAVE

## WHAT IT TAKES

TO BE A MARATHON MANIAC?

### New Maniacs in July 2017

Michael Rickaby (#13950)

Josee St-Jean (#13951)

Kari Ramstrom (#13952)

Holly Barilla (#13953)

Richard Pilon (#13954)

Michelle Martin (#13955)

Vanessa Dicus (#13956)

Amie Martin (#13957)

John Hinshaw (#13958)

Antonio Barros (#13959)

Jeff Baker (#13960)

Angela Pohl (#13961)

Cindi Lamb (#13962)

Audrey Walker (#13963)

Lane Warsylewicz (#13964)

Palle Arentoft (#13965)

Maria Fletcher (#13966)

Sue Fitzgerald (#13967)

David Blas (#13968)

Brittany Zimmerman (#13969)

Lisa Markert (#13970)

Harold Tarbell (#13971)

sarah m clouser (#13972)

Michele Kong (#13973)

Mary Abbott (#13974)

David Fox (#13975)

Ron Holloway (#13976)

Steve st.john (#13977)

Cherie Eason (#13978)

Kim Kovacs (#13979)



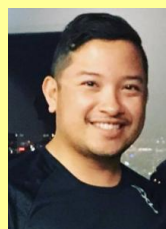
Bonnie



Amador



### NEW TITANIUM MANIACS



Jim Diego



Ole Toft



Dominic Denio



Terri Menghini





Michelle Payne



Joshua Holmes



Ed Ettinghausen



Catra Corbett



Andrea Kooiman

## Marathon Maniacs at the BADWATER ULTRA 135

BADWATER  
CALIFORNIA



Chavet Breslin



Ed Ettinghausen and his crew.



Joshua Holmes



Chavet Breslin and her crew.



Catra



Ed & Catra

Ed & Chavet



Andrea Kooiman and crew.



Andrea

### WORLD RECORD!

Upon completing the Badwater 135, Ed Ettinghausen set a new world record for the most 100 milers completed. It was his 142<sup>nd</sup> 100 mile race!



## UPCOMING RACES!

Marathon/Ultra Calendar between August 11 – September 10

9/8	Superior 100	100mi	MN	9/20	Brush Tunnel Marathon	26.2	MD
9/8	Woodstock Festival	100mi	MI	9/21	GAP Marathon	26.2	MD
9/8	Wasatch Front 100 Mile Endurance Run	100mi	UT	9/22	GAP Trestles Marathon	26.2	PA
9/9	Freakin Fast Marathon	26.2	ID	9/23	Golden Ultra	Ultra	BC
9/9	Salmon Marathon	26.2	ID	9/23	Barnum Rail Trail Marathon	26.2	WV
9/9	Wabash Trace Marathon	26.2	IA	9/23	Sundance to Spearfish Marthon	26.2	WY
9/9	Moose Mountain Marathon	26.2	MN	9/23	Rough Creek Trail Run	26.2	TX
9/9	McKenzie River Trail Run	50K	OR	9/23	Tehaleh Trail Marathon	26.2	WA
9/9	REVEL Big Cottonwood Marathon	26.2	UT	9/23	Lackawaxen Marathon	26.2	PA
9/9	Dick Beardsley Marathon	26.2	MN	9/23	Table Rock Ultras	50K	NC
9/9	Jungfrau Marathon	26.2	CHE	9/23	Middle Fork Trail 50k	26.2	WA
9/9	The Hawk Marathon	26.2	KS	9/23	Wild Hog Marathon	26.2	ND
9/9	Last chance BQ GR	26.2	MI	9/23	Oktoberfest Marathon	26.2	MI
9/9	Last Chance BQ.2 Marathon	26.2	IL	9/23	Midnight Madness Marathon	26.2	OH
9/9	Headlands Marathon, 50, 75 & 100	26.2	CA	9/23	Georgia Jewel 50 Miler/ 100 Miler/ 35 Miler	50mi	GA
9/9	Patagonian International Marathon	26.2	CHL	9/23	FirstEnergy Akron Marathon	26.2	OH
9/9	Old Forge Marathon	26.2	NY	9/23	Bobcat Trail Race	50K	CO
9/9	Monocqua No Frills Marathon	26.2	WI	9/23	Grand Lake Marathon	26.2	OH
9/9	Lost Soul Ultras 50/100/100	50K	AB	9/23	Akron Marathon	26.2	OH
9/9	Pine Creek Challenge Ultras	Ultra	PA	9/23	Ely Marathon	26.2	MN
9/9	Woodstock Festival (Day 2)	26.2	MI	9/23	Fat Glass 50k	50K	WA
9/10	Rev3 Cedar Point Full Triathlon	26.2	OH	9/23	Morgantown Marathon	26.2	WV
9/10	Skagit Flats	26.2	WA	9/23	Mill Race	26.2	IN
9/10	Queen City Marathon	26.2	SK	9/23	Saddleback Mountain Goat Marathon	26.2	CA
9/10	I Run For.... Half Marathon & Marathon	26.2	NY	9/23	Noble Canyon 50k	50K	CA
9/10	Bozeman Marathon	26.2	MT	9/23	North Face Endurance Challenge Utah	26.2	UT
9/10	Lehigh Valley Marathon	26.2	PA	9/23	The Piney Woods Ultra	50K	TX
9/10	Sioux Falls Marathon	26.2	SD	9/23	Fall Fest Marathon	26.2	CO
9/10	Ironman Wisconsin	26.2	WI	9/23	Flagstaff to Grand Canyon Stagecoach Line 100 Mile, 55K	100mi	AZ
9/10	Erie Marathon at Presque Isle	26.2	PA	9/23	Dances with Dirt Hell 50km/ 50 mile	50K	MI
9/10	Holland Haven Marathon	26.2	MI	9/24	Rock 'n' Roll Oasis Montreal Marathon	26.2	QC
9/11	Mainly Marathons Center of the Nation Day 1	26.2	MT	9/24	Berlin Marathon	26.2	DEU
9/12	Mainly Marathons Center of the Nation Day 2	26.2	ND	9/24	Warsaw Marathon	26.2	POL
9/13	Mainly Marathons Center of the Nation Day 3	26.2	SD	9/24	Loch Ness Marathon	26.2	SCT
9/14	Mainly Marathons Center of the Nation Day 4	26.2	WY	9/24	Ironman Chattanooga	26.2	TN
9/15	Mainly Marathons Center of the Nation Day 5	26.2	NE	9/24	Clarence Demar Marathon	26.2	NH
9/16	That Dam Hill	26.2	ON	9/24	Quad Cities Marathon	26.2	IL
9/16	Maritime Race Weekend	26.2	NS	9/24	Adirondack Marathon	26.2	NY
9/16	Mainly Marathons Center of the Nation Day 6	26.2	CO	9/24	Vermont 50	50mi	VT
9/16	Forgotten Forest Ultra	Ultra	CT	9/24	Fox Cities Marathon	26.2	WI
9/16	Beat the Blerch Seattle	26.2	WA	9/24	Bellingham Bay Marathon	26.2	WA
9/16	Los Pinos 50k	50K	CA	9/24	Heartland Marathon	26.2	NE
9/16	North Face Endurance Challenge WI	26.2	WI	9/24	Cumberland C&O Towpath Marathon	26.2	MD
9/16	Huntsville Marathon	26.2	UT	9/24	Greater Binghamton Marathon	26.2	NY
9/16	Bismarck Marathon	26.2	ND	9/24	Mystery Mountain Trail Marathon	26.2	GA
9/16	IMTUF 100	100mi	ID	9/24	Truckee Marathon	26.2	CA
9/16	Plain 100	100mi	WA	9/27	Fat Glass 50k	50K	WA
9/16	Air Force Marathon	26.2	OH	9/29	Bear 100	100mi	UT
9/16	Equinox Marathon	26.2	AK	9/29	Yeti 100 Mile Endurance Run	100mi	VA
9/16	Walker North Country Marathon	26.2	MN	9/30	Plym Trail Autumn Day 1	26.2	GBR
9/16	GOAT Run	26.2	WA	9/30	The Hungerford Games	50mi	MI
9/16	Top of Utah Marathon	26.2	UT	9/30	Belleville Main Street Marathon	26.2	IL
9/16	Twisted Pine Marathon	26.2	OR	9/30	Platte Valley Companies Monument Marathon	26.2	NE
9/17	BLACKMORES SYDNEY MARATHON	26.2	AUS	9/30	Harmon Lakes Trail Festival Marathon - Fall	26.2	ND
9/17	Huffin' Puffin Marathon	26.2	NL	9/30	Team Kid Courage Marathon	26.2	UT
9/17	Flagline 50k	50K	OR	9/30	Leavenworth Marathon	26.2	WA
9/17	Rochester Marathon	26.2	NY	9/30	Grand Traverse	Ultra	MN
9/17	HITS Omaha Marathon	26.2	NE	9/30	New Hampshire Marathon	26.2	NH
9/17	Honest Abe Trail Run	26.2	IN	9/30	Freedom's Run	26.2	WV
9/17	Montana Marathon	26.2	MT	9/30	Blazing 7's Trail Run	100mi	TX
9/17	Boring Marathon	26.2	OR	9/30	Dam Ruck 'N' Run	26.2	NV
9/17	Fox Valley Marathon	26.2	IL	9/30	The Bear Chase Endurance Festival	50K	CO
9/17	Tunnel Light Marathon	26.2	WA				
9/17	Sanlam Cape Town Marathon	26.2	EC				





### FROM THE EDITOR...

July can be a tough time for marathoning. Not a lot of races with the warm weather. Each year over the 4<sup>th</sup> of July I host a marathon series here in the Portland Oregon area. This year it was a quadzilla and runners from all over the country attended. San Francisco is always a popular marathon. Kepp strong, Fall is coming...

Happy Running!

- Steve "Marathon Freak" Walters MM#338

Roger Chou, Karen Wang and Steve Walters



### MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



With the new website comes a new way to identify race discounts. All discounts are now located on the race calendar page. Look for the gold coin following the race name, that signifies a discount. Click the coin and after a brief disclaimer reminding us that discounts are for members only, the code will be revealed along with the amount saved.

The programmers are working on lots of website items and one is a non-race related discount link. Until that's complete, you'll need to email Jeff Bollman ([jeff@marathonmaniacs.com](mailto:jeff@marathonmaniacs.com)) for the running warehouse discount.

- Fox Valley Marathon (IL) 9/17/17: <http://www.fv26.com/>
- HITS Omaha Marathon (NE) 9/17/17: <http://omahamarathon.com>
- Grand Lake Marathon (OH) 9/23/17: [www.grandlakemarathon.com](http://www.grandlakemarathon.com)
- \*\*Bellingham Bay Marathon (WA) 9/24/17: [www.bellinghambaymarathon.org](http://www.bellinghambaymarathon.org)
- Greater Binghamton Marathon (NY) 9/24/17: <http://GreaterBinghamtonMarathon.com>
- Quad Cities Marathon (IL) 9/24/17: <http://qcmarathon.org/>
- Belleville Main Street Marathon (IL) 9/30/17:  
<http://bellevillemainstreetmarathon.itsyourrace.com/event.aspx?id=6976>
- Monument Marathon (NE) 9/30/17: [www.monumentmarathon.com](http://www.monumentmarathon.com)
- New Hampshire Marathon 9/30/17: [www.nhmarathon.com](http://www.nhmarathon.com)
- Maine Marathon 10/1/17: <http://mainemarathon.com/>
- MO' Cowbell Marathon (MO) 10/1/17: <http://mocowbellmarathon.com/>
- Crazy Horse Marathon (SD) 10/8/17: [www.RunCrazyHorse.com](http://www.RunCrazyHorse.com)
- Hartford Marathon (CT) 10/14/17: [www.hartfordmarathon.com](http://www.hartfordmarathon.com)
- Des Moines Marathon (IA) 10/15/17: [www.desmoinesmarathon.com](http://www.desmoinesmarathon.com)
- Maui Marathon (HI) 10/15/17: <http://mauimarathon.com/>
- Niagara Falls International Marathon (NY or ON) 10/15/17: <https://niagarafallsmarathon.com/>
- Kansas City Marathon (MO) 10/21/17: [www.sportkc.org/marathon](http://www.sportkc.org/marathon)
- End of the Road Marathon (PA) 10/29/17: <http://triviumracing.com/event/endoftheroad/>
- Ocean State Marathon (RI) 10/29/17: [www.runri.us/narragansett-race-info](http://www.runri.us/narragansett-race-info)
- Bowling Green Marathon (KY) 11/5/17: [www.bg262.com](http://www.bg262.com)
- Raleigh City of Oaks Marathon (NC) 11/5/17: [www.cityofoaksmarathon.com](http://www.cityofoaksmarathon.com)
- Charlotte Marathon (NC) 11/11/17: <http://runcharlotte.com/>
- Fort Worth Marathon (TX) 11/12/17: <http://fortworthmarathon.org/>
- Gobbler Grind Marathon (KS) 11/12/17: <http://gobblergrindmarathon.com>
- Louisville Marathon (KY) 11/12/17: <http://kentuckyruns.com/louisvillemarathon>
- Magnolia Marathon (MS) 11/18/17: [www.magnoliamarathon.com](http://www.magnoliamarathon.com)
- \*\*Philadelphia Marathon (PA) 11/19/17: <https://philadelphiamarathon.com/>
- Space Coast Marathon (FL) 11/26/17: [www.spacecoastmarathon.com](http://www.spacecoastmarathon.com)
- Cayman Islands Marathon 12/3/17: [www.caymanislandsmarathon.com](http://www.caymanislandsmarathon.com)
- Town of Celebration Marathon (FL) 1/28/18: [www.celebrationmarathon.com](http://www.celebrationmarathon.com)
- Mississippi River Marathon (MS & AR) 2/10/18: <https://msrivermarathon.racesonline.com>



**PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)**  
**YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!**  
**A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!**